VFW Bert Fuller Post 9578

Newsletter

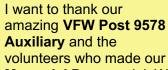
June 2023 Alpine, CA



Commander's Message

Comrades,

Thank you for electing me once again to serve you and this great **Post** of ours.



Memorial Day special. We truly appreciate our awesome president **Nancy** and the auxiliary members supporting our veterans with smiles and love.

I want to thank our **Post** maintenance man **Mark** for all of his hard work setting up for the **Memorial Day** ceremony. Thank you, **Rich Simmons** and **Theo** as well as **Jan** and **Nancy** for making this one of our best remembrance ceremonies yet.

Please continue to keep our **Past Post Commander** and comrade **Jack** in our
thoughts and prayers and in doing so
please keep his loved ones in your
thoughts and prayers as well.

In closing as always, I am honored to be your commander and deeply appreciate all



Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



Quartermaster Report

I was inducted into the **U.S. Army** in September 1958 at the American Legion in Morristown, New Jersey. I was sent to



boot camp and advanced tank training at Fort Hood, Texas. Subsequently, I was deployed to Korea in August 1959, serving as a tank crewman in a tank battalion of the 7th Infantry Division up near the DMZ. On my return to the States in September 1960, I was released from active duty in Oakland, California, having earned the Korea Defense Service Medal. I returned to my hometown in New Jersey for seven months before I had an opportunity to move to San Diego in April 1961 with a former high school classmate serving in the U.S. Navy there.

After working as a facilities control clerk for General Dynamics Astronautics in Kearny Mesa, I got a job as an accounting clerk at San Diego Gas & Electric Company in 1962. During that time, I completed my Army Reserve obligation at Fort Irwin, California and received my Honorable Discharge from the Army in August 1964. I had worked my way up to Staff Accountant at SDG&E before leaving in 1970 to complete my business degree at San Diego State University under the GI Bill.

I graduated from **SDSU** in January 1972

of you as members and patrons of this great **Post!**

If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine**!

God Bless you and God bless the United States of America!

John

Post Commander John Sullivan



VFW Post 9578

Notice of June Monthly Regular Meeting - Date Change

11 a.m., Saturday, June 17th

VFW Post 9578 Meeting Room

844 Tavern Road, Alpine, CA (619) 445-6040

Chaplain's Message

From my **Soldier's Bible** (Holman
Standard Version), **Galatians** 5:22-23,
25-26 -- "But the fruit
of the Spirit is love,
joy, peace, patience,
kindness, goodness,



faith, gentleness, self-control. Against such things there is no law. If we live by the Spirit, we must also follow the Spirit. We must not become conceited, provoking one another, envying one another."

Compare this with the **Twelve Lakota Virtues** (essential to "Balance and Happiness"): Humility, Perseverance, Respect, Honor, Love, Sacrifice, Truth, Compassion, Bravery, Fortitude, Generosity, Wisdom. According to Native American author **Joseph M. Marshal III**, "following these 12 virtues creates a practical way of life that adds to the well-being of society."

It's more than interesting or coincidental that many of our Earth's religions promote the same ideas of just being a good person who knows right from wrong and how to and began a series of accounting jobs for several small companies in **San Diego**. In 1977, I signed on with **Mission West Properties**, a publiclytraded real estate investment and development company in **San Diego**, which eventually moved its offices to **Del Mar**. During my tenure there, I continued my business education in evening classes, earning a Master's degree at **National University** in June 1982. By then, I had worked my way up to **Chief Financial Officer**.

By June 1989, I felt a need for a change from corporate life, and resigned to start my own photography studio in Solana Beach, appropriately called "Theo Photography". I closed this business after only two years and went to work as Credit Manager for Crydom Corp, a solid-state relay manufacturer ("maquiladora") in Tijuana, Baja Mexico. It was from there I finally retired in February 2009. By then, I had been living in Alpine for over 15 years, so I began volunteering here with Feeding America, the Alpine Community Center, and the ALFA Bookstore.

In December 2010, our late

Quartermaster Carl Silva signed me up
as a life member of Alpine VFW Post
9578. I was elected Post Chaplain the
following year, and began helping Carl
with Quartermaster administrative and
bookkeeping duties.

With Carl's passing, I was elected Quartermaster last month to take his place. I very much realize Carl's legacy here at the Post, and I intend to do the best I can in this position for as long as I can. Thank you for your confidence and support.

Theo

Post 9578 Quartermaster Theodore Bazdorf

House Committee Report

Comrades,

Please attend the member's **General meeting** held at **11 a.m. Saturday, June**

respect oneself and others. We should all review, reflect and apply these in our daily lives and while at our **Post**.

Our **Past Commander Jack Gauthier** is seriously ill in Grossmont Hospital. Let us pray for him:

Almighty God, we ask and pray for your healing grace in behalf of Jack Gauthier, presently hospitalized. May he know the blessing of improved health in this hour and throughout his life. Bless, Oh Lord, all who minister to Jack in body, mind, and spirit. Grant him strength and endurance, relief from pain and suffering, the blessing of a swift recovery, and finally, that he may dwell with you in life everlasting. AMEN.

Theo

Post 9578 Chaplain Theodore Bazdorf

Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

Monday Nights @ The Post

6 p.m. GAME Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

17th at the **Post**. Please note the date change from our regular schedule. Your input on **Post** operations is welcome.

The House Committee will meet at 10 a.m. a.m. Saturday, June 17th at the Post.

Thanks.

Mark

Post 9578 House Committee Chair Mark Traplay

VFW Post 9578 Auxiliary Notice of Regular Monthly Meeting 10 a.m., Saturday, June 3rd VFW Post 9578 Meeting Room 844 Tavern Road, Alpine, CA (619) 445-6040 UNWAVERING SUPPORT

Auxiliary President's Message

The Post 9578
Auxiliary voted at our last meeting to send money to
Rainbow Oaks



restaurant in northern San Diego County to support meals for veterans. Did you know that owner **Jeanene Paulino** plays "The Star-Spangled Banner" national anthem at noon every day to show support for veterans and our country? An "influencer" came in while it was playing one day, and later posted online that she had "never felt more scared or threatened in her life." Veterans have been coming out in droves to support the business and they are trying to support the veterans by comping as many of their meals as they can.

The Auxiliary participated in the Memorial Day service at the Post. The names of the comrades on the wall were read by John Sullivan, and Nancy Hauer read the names of the Auxiliary members.

Auxiliary chaplain Jan Bazdorf read the closing prayer.

After the ceremony we provided a complimentary meal to veterans and their spouses. Others enjoyed lunch by giving a

Friday Nights @ The Post



Fish & Chips Dinner - \$16 Fish & Shrimp Dinner - \$16 1/2 Fish or Shrimp Dinner - \$11 Shrimp Salad - \$12 Shrimp Cocktail - \$11 Dinner Salad & Shrimp - \$14 Fish Sandwich & Fries - \$13 Dinner Salad - \$6

Dessert - \$3

Shrimp & Chips Dinner - \$16 Chicken Sandwich & Fries - \$12

French Fries - \$4 Chicken Caesar Salad - \$12





5 - 9 p.m. Friday Night Karaoke with Fred Johnson

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook: @AlpineVFW9578

www.vfw9578.com

June 2023

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040





Alpine VFW Post 9578

Midnight Fire Band

Get your dancing shoes on! 5 - 9 p.m. June 17th

Two Lane Highway

5 - 9 p.m. June 24th

Brown Sugar Oldies

Open to the public for meals and entertainment!

Alpine VFW Post 9578 844 Tavern Road (619) 445-6040

Please tip your bartenders and wait staff for the great service they provide! 5 - 7:30 p.m. Dinner Service \$24 Ribeye Steak Dinner

Ribeye Steak **Baked Potato** Vegetable Dinner Roll



Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Skewer \$10



Shrimp Cocktail \$11

Shrimp Salad \$12

Dinner Salad \$6 Extra Vegetable \$4 Extra Potato \$4 Dessert \$3

donation. Lunch included a sandwich, pasta salad, chips and either a cookie, cupcake, or rice krispy treat for dessert. A huge shout out goes to Country Wine and **Spirits** deli for their delicious sandwiches which were ready to go on time and organized beautifully. They also donated 4 of the 34 sandwiches.

Thank you to all of the **Auxiliary** members who helped out either by donating financially, or by donating food and helping to set up, serve and clean up on Monday. It takes a village and everyone's participation was appreciated.

Our next meeting is scheduled for 10 a.m. Saturday, June 3rd at the Post.

Kindest regards,

Nancy

Post 9578 Auxiliary President Nancy Hauer

A great way for members of the Alpine community to support their Bert Fuller **VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:

VFW Post 9578 Auxiliary

Auxiliary Chaplain's Message

Wow... as you are reading this my only daughter, Anna, will be getting married on Thursday, June 1st in Temecula. We have waited a long time for



this joyous occasion. Family and friends from all over the country AND South America (my second son and his wife) will be gathering for this happiest of days. We are so proud to welcome William into our family! Theo will be performing the ceremony for them - so happy about that as well!

This event makes me think... why don't we get together more often? Why do we oftentimes wait until a major event takes place to gather with friends and family? Making the time to be together, to share, to celebrate, to listen, to console – this is so important for all of us. As much as we love to have "a few minutes to ourselves" in our busy lives, it is always a boost to be around our loved ones. It is also great for our



Alpine VFW Post 9578

Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast \$24
- Bacon, Eggs, Potatoes & Toast \$14
- Sausage, Eggs, Potatoes & Toast \$14
- Porkchop Breakfast \$18
- Porkchop (only) \$12
- Chicken Fried Steak Breakfast \$17
- Chicken Fried Steak Sandwich \$17
- Breakfast Sandwich w/ Potatoes \$12
- Biscuits and Gravy (full order) \$8
- Biscuits and Gravy (half order) \$4
- BLT Sandwich w/ Potatoes \$10
- Pancakes \$8
- Extra Bacon or Sausage \$6
- Extra Egg or Toast \$2
- Extra Gravy \$3

Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040 June 2023

VFW Post Officers & Trustees

John Sullivan - Commander Richard Simmons - Sr Vice Commander Neal Zeitler - Jr Vice Commander Theo Bazdorf - Quartermaster Fred Rivera - Chaplain John Rizzo - Adjutant Jim Bilka - Judge Advocate Rick Walsh - Service Officer

Fred Rivera - 1st Year Trustee Rich Martindell - 2nd Year Trustee James Abercrombie - 3rd Year Trustee sense of community too. Don't wait until it is too late...

An event you may want to attend - the Patriot Guard (an organization whose members attend the funerals of members of the U.S. military and first responders at the invitation of a decedent's family) will be having their annual fundraiser for Final Honor Carriage rides on Sunday, June 25th from 1 - 4 p.m. at the El Cajon VFW Sable Post 2275, 136 Chambers Street in El Cajon . Please come and support our fellow VFW Post in this very worthwhile fundraiser!

Final Honor is the only privately-owned horse-drawn funeral carriage in the United States at Miramar Cemetery, providing an unforgettable service for any Veteran regardless of rank or time served at no cost to the family. Any of you that have had your Veteran make their last journey with Final Honor know how incredibly special this gift is. Final Honor is a 501(c)3 nonprofit organization that relies solely on donations to provide their services free to our Veterans. Please join us!

Final Honor website

Wishing all Fathers a happy Father's Day on Sunday, June 18th.

With peace and love,

Post 9578 Auxiliary Chaplain Jan Bazdorf

Canteen Manager's Message

Be sure to purchase raffle tickets every time you visit the Post. We are always looking for donations, especially for raffle prizes.



The Raffle Basket and Raffle Wagon tickets are each sold for \$1 donation each and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

Come out to the **Post**, bring your friends

Auxiliary Officers

Nancy Hauer - President
Jeanne Pate - Senior Vice
Jayme Pritchett Solorzano JrVice
Jan Bazdorf - Chaplain
Pat Alston Aldrich - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard

Darren Pyle - Trustee #1
Bob Bealo - Trustee #2
Olivia Wilkenson - Trustee #3

House Committee

Mark Traplay - Chairperson
Dan Focht - Member
Joel Murillo - Member
Richard Simmons - Member
John Rizzo - Member

Canteen / Entertainment

Kimberly Rivera - Canteen Manager Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

April Ball
Darla Beery
Dani Caton
Gigi LaFaver
Jessica McKittrick
Katie Sharp
Sandy Curry



VFW Bert Fuller Post 9578

Mission Statement:

To foster camaraderie among United
 States veterans of overseas conflicts

To serve our veterans, the military and

and enjoy a wonderful meal. Join in the fun!

Kimberly

Canteen / Entertainment Manager Kimberly Rivera

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Post Members Meetings - 2nd Saturday

June note: Meetings held on 3rd Sat

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: **(619) 445-6040** Fax: **(619) 445-8740**

eMail: VFW9578cmd@gmail.com

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Contact: **(858) 729-3911** or mailed to the post at:

VFW Bert Fuller Post 9578 Attention: **John Sullivan** 844 Tavern Road Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

VFW Post 9578 Hours of Operation

our communities

To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- · Veterans are respected for their service
- · Always receive their earned entitlements
- · Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- · Always put the interests of our members first
- Treat donors as partners in our cause
- · Promote patriotism
- · Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- · Promote a positive image of the VFW
- · Respect the diversity of veteran opinions



Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The Post will observe the following business hours:

Sundays: 9 a.m. - close Mondays: 11 a.m. - close Tuesdays: 11 a.m. - close Wednesdays: 11 a.m. - close Thursdays: 11 a.m. - close Fridays: 11 a.m. - close Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

If you have questions on the guidelines please call the **Post** at **(619) 445-6040**.

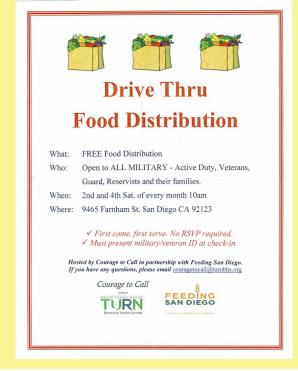
FYI for Post Members!

House Committee meetings are held every second Saturday of the month at 10 a.m.

Post Member meetings are held every second Saturday of the month at 11 a.m.

Auxiliary Member meetings are held on the **first Saturday of the month at 10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!



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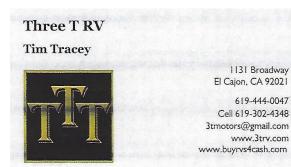
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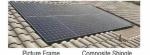
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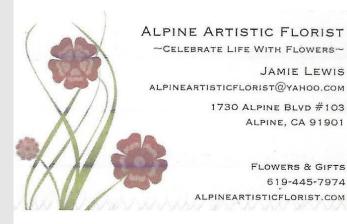




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"TECH SUPPORT" SCAMS ARE ON THE RISE - DON'T BE THE NEXT VICTIM!

- Pop-up warnings
- Email message warnings
- Unsolicited calls from "Tech Support"
- Website error messages







You have received a phone call, po or laptop screen pop-up or email informing you that there is a problem with your computer or laptop Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to

What To Do Next – Action Steps:

If a caller: Hang up the phone and...
If a pop-up: Immediately shut down the pc/laptop and..

If an email: Close your email program, shut down your pc/laptop and...

Call ALPINE COMPUTER to come check your pc/laptop for any malware or unauthorized access.

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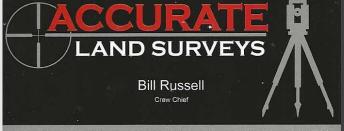
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June 2023 Bert Fuller VFW Post 9578 Activities (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please note: The General and House Committee Meetings are scheduled to be held on June 17 the third Saturday of the month (for this month only).			5 p.m. FUNDRAISER GAMES	1 5 p.m. FUNDRAISER GANYES	5 – 9 p.m. Karaoke by Fred Johnson	3 10 a.m. Auxiliary Mtg 6 – 10 p.m. Live Band: The Whole She Beng
	5 5:30 p.m.	6 5 p.m.	7 5 p.m.	8 5 p.m.	9 5 – 9 p.m.	10 5 – 9 p.m. Live Band:
NASCAR, PGA & Other sports On 7 TVs!	GAM2E Night!	Fundraiser Games	Fundraiser Games	Fundraiser Games	Karaoke by Fred Johnson	MIDNIGHT FIRE
11 From 9 a.m.: NASCAR, PGA & Other sports On 7 TVs!	12 5:30 p.m. GAM2E Night!	13 5 p.m. FUNDRAISER GAMES	14 FLAG DAY 5 p.m. FUNDRAISER GAMES	15 5 p.m. FUNDRAISER GAMES	16 5 – 9 p.m. Karacke by Fred Johnson	17 10 a.m. House Com Mtg 11 a.m. General Mtg 5 - 9 p.m. Live Band: Two Lane
18 FATHER'S DAY From 9 a.m.:	19 JUNETEENTH	20 5 p.m.	21 SUMMER BEGINS 5 p.m.	22 5 p.m.	23 5 – 9 p.m.	Highway 24 5 – 9 p.m. Live Band:
NASCAR, PGA & Other sports On 7 TVs!	5:30 p.m. GAM2E Night!	Fundraiser Games	Fundraiser Games	Fundraiser Games	Karaoke by Fred Johnson	Brown Sugar Oldies
25 From 9 a.m.: NASCAR, PGA & Other sports On 7 TVs!	26 5:30 p.m. GAY2E Night!	27 5 p.m. FUNDRAISER GAMES	28 5 p.m. FUNDRAISER GAMES	29 5 p.m. FUNDRAISER GAMES	5-9 p.m. Karaoke by Fred Johnson	July 1

		Tue	Wed	Thu	Fri	Sat
			31 11 a.m. \$8 Lunch TBA	1	2 11 a.m. \$8 Lunch by	3 11 a.m. \$8 Lunch TBA
					5 – 7:30 p.m. \$16 Fish & Shrimp Dinner	A
			pan. Dimer rox	5 p.m. Dinner TBA	BMMHD	5 – 7:30 p.m. \$24 Ribeye Steak Dine
	5	6	7	8	9 11 a.m. \$8 Lunch	10
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1 a.m. – 12:30 p.m.	12	13	14 FLAG DAY	15	16 11 a.m. \$8 Lunch	17
reakfast Service	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	5 – 7:30 p.m. \$16	11 a.m. \$8 Lunch TB/
p.m. unch/Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	Fish & Shrimp Dinner	5 – 7:30 p.m. \$24 Ribeye Steak Din
8 FATHER'S DAY a.m 12:30 p.m.	19 JUNETEENTH	20	21 SUMMER BEGINS	22	23 11 a.m. \$8 Lunch	24 11 a.m. \$8 Lunch TB/
	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	5 – 7:30 p.m. \$16	Traini. 40 Editor To
p.m. unch/Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	Fish & Shrimp Dinner	5 – 7:30 p.m. \$24 Ribeye Steak Din
	26	27	28	29	30	July 1
a.m. – 12:30 p.m. reakfast Service	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TBA	11 a.m. \$8 Lunch TB
p.m. unch/Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA	5 p.m. Dinner TBA		5 – 7:30 p.m. \$16 Fish & Shrimp Dinner	









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