

VFW Bert Fuller Post 9578

Newsletter

May 2023 Alpine, CA



Commander's Message

Comrades,

May has arrived!! Thank you to everyone who turned out to support our dear comrades **Theo** and **Lorenzo** on the **Honor Flight** return!! The looks on the faces of these comrades said it all and thank you for reminding them of the **VFW** moto in "**Nobody does more for our Veterans**"!



Great news to share from the **San Diego Country Sheriffs** department: the three men who broke in to the **Post** have been caught and the sheriffs are in the process of trying to locate the getaway driver which has been difficult since she is bouncing from house to house.

Please join us on **Saturday, May 6th**, the **VFW national day of service** and help rid the **Post** of the weeds and debris. We will start at **8:30 a.m.** and go until Noon. For those of you that do not want to deal with the weeds, we will have trash bags to walk the road leading to the **Post** and rid of trash, in support of our local businesses and neighbors.

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



House Committee Report



Comrades,

The **Post's** security features have been upgraded over the past month and we have added a second register/POS for the weekend food service. This will help staff during busy times at the **Post**.

Please attend the member's **General meeting** held at **11 a.m. Saturday, May 13th** at the **Post**. Your input on **Post** operations is welcome.

The House Committee will meet at **10 a.m. a.m. Saturday, May 13th** at the **Post**.

Thanks and God Bless.

John

Post 9578 House Committee member
John Rizzo

VFW Post 9578 Auxiliary

Notice of Regular Monthly Meeting

Please note earlier start time this month!

→ **9 a.m., Saturday, May 6th**

VFW Post 9578 Meeting Room

844 Tavern Road, Alpine, CA (619) 445-6040

UNWAVERING SUPPORT



FOR UNCOMMON HEROES™

On **Monday, May 29th**, we invite you to be at the **Post** at **11 a.m.** for our **Memorial Day** tribute in front of the **Post** at the wall. Details on the meal are to come; as always, it will be free to veterans and with small fee for non-veterans.

Elections were recently held and your **2023 - 2024 Post Officers** are as follows:

Commander: **John Paul Sullivan**
Senior Vice: **Richard G. Simmons**
Junior Vice: **Neal T. Zeitler**
Quartermaster: **Theo Bazdorf**
Chaplain (appointed): **Fred Rivera**
House Chair: **Mark Traplay**
Adjutant: **John Rizzo**

In closing as always, I am honored to be your **Commander** and deeply appreciate all of you as members and patrons of this great **Post!**

If you need to reach out to me, please call me at **(858) 729-3911**. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of **Alpine!**

God Bless you and God bless the United States of America!

John
Post Commander
John Sullivan



Chaplain's Message

I was surprised and very appreciative to learn that I was chosen to be on last month's **Honor Flight** to **Washington, D.C.** along with fellow **U.S. Army veteran Post 9578 member**



Auxiliary President's Message



Not too much to report this month. Our next meeting will be held on **Saturday, May 6,** at **9 a.m.** instead of the usual 10 a.m. start.

Elections were held for next year's board. Congratulations to the following nominees:

President: **Nancy Hauer**
Sr. Vice President: **Jeanne Pate**
Jr. Vice Pres: **Jayne Pritchett Solorzano**
Treasurer: **Pat Alston-Aldrich**
Chaplin: **Jan Bazdorf**
Conductress: **Vikki Hemmen**
Guard: **Sven Ricketts**
Trustee Year 3: **Sherry Wheeler**

Erika Simmons has agreed to stay on as Secretary.

Our deepest condolences go out to former **Auxiliary President Sheila Jo Snyder** in the loss of her husband **Greth Dave Snyder**.

Please keep our **Auxiliary** member **Brenda Rizzo** in your thoughts and prayers as she is currently in the hospital.

The **VFW Post 9578 Auxiliary** is planning on hosting a **Memorial Day** lunch of sandwiches and chips on **Monday, May 29th** that will be free to veterans.

Kindest regards,

Nancy
Post 9578 Auxiliary President
Nancy Hauer

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link: [VFW Post 9578 Auxiliary](#)

Auxiliary Chaplain's Message

I want to congratulate my husband **Theo** for

Lorenzo Lizarraga and about 85 other older veterans. We were treated royally in acknowledgement of our military service. It was a "whirlwind tour" to be sure, but also an incredible experience! Many thanks to all the organizers and volunteers who made it possible for us to enjoy this very special trip.

May is the month of two significant days relating to those of us who have served or now are serving in any military branch of the **United States of America**. **Saturday, May 20th** is **Armed Forces Day** – a time to recognize every man and woman on active duty in the **United States Army, Navy, Marine Corps, Air Force, Coast Guard and Space Force**. Let us pray for them.

Lord God, creator of humankind and author of peace, on this Armed Forces Day, we are ever mindful of the cost paid for the liberty we possess. We ask you to bless the members of our Nation's armed forces. Give them courage, hope and strength. May they ever experience your firm support, gentle love and compassionate healing. Be their power and protector, leading them from darkness to light. AMEN.

Then, **Memorial Day** follows, celebrated this year on **Monday, May 29th**. This special day is set aside each year to commemorate those who have lost their lives serving in U.S. forces during wartime. Again, let us pray.

Heavenly Father, on this Memorial Day, we pray for those who courageously have laid down their lives for the cause of freedom. May the example of their sacrifice inspire in us selfless love of our fellow humans. Bless the families of our fallen troops, and fill their homes and their lives with your strength and peace. In union with people of goodwill of every nation, embolden us to answer the call to work for peace and justice, and thus, seek an end to violence and conflict around the world. AMEN.

This month, at our **Post**, we will honor those members on our Memorial Wall in front of the building at 11 a.m. with food to follow.

Theo

Post 9578 Chaplain
Theodore Bazdorf

becoming **VFW Post 9578 Quartermaster**. **Theo** worked for over ten years with **Carl**, and **Theo** is grateful for the help he was given to be able to step into this job.



Please try to attend the next **Alpine Veterans Wall of Honor** dedication on **May 27th** at **9:30 a.m.** at the **Alpine Community Center, 1830 Alpine Blvd** (see flyer below). We will be placing over 30 tiles on the wall and honoring these Heroes at this dedication! If you want info, please email Jan.AlpineWallofHonor@gmail.com
Please come and help us honor our Heroes!

A very **Happy Mother's Day** on **Sunday, May 14th**. Be extra kind to Moms this **Mother's Day**. Let's all "Mother" our Mothers!

*"She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue. She watches over the affairs of her household and does not eat the bread of idleness. Her children arise and call her blessed; her husband also, and he praises her" **Proverbs** 31:24-28*

In peace, love, and humbleness,

Jan

Post 9578 Auxiliary Chaplain
Jan Bazdorf

Alpine Veterans Wall of Honor Dedication To Be Held May 27



Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2023 will occur on **Monday, May 29**.

Originally known as **Decoration Day**, it originated in the years following the **Civil War** and became an official federal holiday in 1971.

Many Americans observe **Memorial Day** by visiting cemeteries or memorials, holding family gatherings and participating in parades. Unofficially, it marks the beginning of the summer season.



Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.



Please join us as we Honor more Heroes on our **Alpine Veterans Wall of Honor** **Saturday, May 27th at 9:30am** at the Alpine Community Center. Everyone is welcome!



Information: Jan.AlpineWallOfHonor@gmail.com

Canteen Manager's Message



Be sure to purchase raffle tickets every time you visit the **Post**. We are always looking for donations, especially for raffle prizes.

The **Raffle Basket** and **Raffle Wagon** tickets are each sold for \$1 donation each and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

Come out to the **Post**, bring your friends and enjoy a wonderful meal. Join in the fun!

Kimberly

Canteen / Entertainment Manager
Kimberly Rivera

Monday Nights @ The Post

6 p.m. **GAME** Night!

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.vfw9578.com

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Friday Nights @ The Post

FRIDAY DINNER 5 – 7:30 P.M.



Fish & Chips Dinner - \$16

Fish & Shrimp Dinner - \$16

½ Fish or Shrimp Dinner - \$11

Shrimp Cocktail - \$11

Dinner Salad & Shrimp - \$8

Dinner Salad - \$6

Dessert - \$3

Shrimp & Chips Dinner - \$16

Chicken Sandwich & Fries - \$12

Shrimp Salad - \$12

French Fries - \$4

Fish Sandwich & Fries - \$13

Chicken Caesar Salad - \$12



5 – 9 p.m. Friday Night **Karaoke**
with Fred Johnson

Open to the public for meals and entertainment!

Stay connected with our up-to-date Facebook:

@AlpineVFW9578

or:

www.vfw9578.com

May 2023

Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

Saturday Nights @ The Post

5 – 9 p.m. May 6th

Brown Sugar Oldies

*6 – 10 p.m. May 13th

HORSESHOE LUCKY BAND

6 – 10 p.m. May 20th

**The Whole
Sha-Bang**

*6 – 10 p.m. May 27th

"The New Catillacs"

**BAND START TIMES MAY BE SUBJECT TO
CHANGE WITHOUT PRIOR NOTICE*

*Open to the public
for meals and entertainment!*

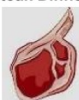
Alpine VFW Post 9578
844 Tavern Road
(619) 445-6040

Please tip your bartenders and wait staff for
the great service they provide!

5 – 7:30 p.m. Dinner Service

\$24 Ribeye Steak Dinner

Ribeye Steak
Baked Potato
Vegetable
Dinner Roll



Ribeye Steak
& Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Skewer \$10



Shrimp Cocktail \$11

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable \$4

Extra Potato \$4

Dessert \$3

May 2023

ALPINE VFW POST 9578

Come Celebrate **Tres de Mayo** w/ VFW!!!

Meal made by Gloria & Lisa

Street Tacos
Choice of Beef, Chicken or Pork

Rice and Beans
Fresh Salsa & Chips
Dessert (Hawaiian Pineapple Cupcakes)
\$13

SERVED FROM 5pm TIL GONE!!!!
Wednesday, May 3rd

MARGARITA SPECIALS \$3.00



THANK YOU FOR YOUR SUPPORT!!



Drive Thru Food Distribution

What: FREE Food Distribution
Who: Open to ALL MILITARY - Active Duty, Veterans,
Guard, Reservists and their families.
When: 2nd and 4th Sat. of every month 10am
Where: 9465 Farnham St. San Diego CA 92123

✓ First come, first serve. No RSVP required.
✓ Must present military/veteran ID at check-in.

Hosted by Courage to Call in partnership with Feeding San Diego.
If you have any questions, please email couragetocall@turnbhs.org

Courage to Call

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Feeding America San Diego

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our **Post's** property, it will put our **ABC** liquor license in jeopardy, as well as our **Post** charter with the **National VFW**.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Alpine VFW Post 9578

Saturday Dinner Menu

5 - 7:30 p.m.



\$24 Ribeye Steak Dinner

Baked Potato Vegetable Dinner Roll

Ribeye Steak & Shrimp Dinner \$31

Shrimp Dinner \$20

Shrimp Cocktail \$11

Shrimp Skewer \$10

Shrimp Salad \$12

Dinner Salad \$6

Extra Vegetable or Potato \$4

Dessert \$3



Stay connected and up-to-date:

Facebook page: @AlpineVFW9578

VFW Website: www.vfw9578.com

Open to the Public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

May 2023

Post Members Meetings - 2nd Saturday

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary (Note: 9 a.m. May 6th)

Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

eMail: VFW9578cmd@gmail.com

Newsletter Submissions

Items for consideration may be emailed to

John.P.Sullivan1@gmail.com

Contact: (858) 729-3911

or mailed to the post at:

VFW Bert Fuller Post 9578

Attention: **John Sullivan**

844 Tavern Road

Alpine, CA 91901

Please note: newsletter submission deadline is the 25th of the prior month.

Alpine VFW Post 9578

Sunday Breakfast Menu

Served 9 a.m. - 12:30 p.m.

- Ribeye Steak, Eggs, Potatoes & Toast - \$24
- Bacon, Eggs, Potatoes & Toast - \$14
- Sausage, Eggs, Potatoes & Toast - \$14
- Porkchop Breakfast - \$18
- Porkchop (only) - \$12
- Chicken Fried Steak Breakfast - \$17
- Chicken Fried Steak Sandwich - \$17
- Breakfast Sandwich w/ Potatoes - \$12
- Biscuits and Gravy (full order) - \$8
- Biscuits and Gravy (half order) - \$4
- BLT Sandwich w/ Potatoes - \$10
- Pancakes - \$8
- Extra Bacon or Sausage - \$6
- Extra Egg or Toast - \$2
- Extra Gravy - \$3



Stay connected and up to date:

Facebook: @AlpineVFW9578 or website: www.vfw9578.com

Open to the public for meals and entertainment!

844 Tavern Road, Alpine (619) 445-6040

May 2023

VFW Post 9578 Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

The Post will observe the following business hours:

Sundays: 9 a.m. - close

Mondays: 11 a.m. - close

Tuesdays: 11 a.m. - close

Wednesdays: 11 a.m. - close

Thursdays: 11 a.m. - close

Fridays: 11 a.m. - close

Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

Please please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.**

VFW Post Officers & Trustees

John Sullivan - Commander

Richard Simmons - Sr Vice Commander

Neal Zeitler - Jr Vice Commander

Theo Bazdorf - Quartermaster

Fred Rivera - Chaplain

John Rizzo - Adjutant

Jim Bilka - Judge Advocate

Rick Walsh - Service Officer

Fred Rivera - 1st Year Trustee

Rich Martindell - 2nd Year Trustee

James Abercrombie - 3rd Year Trustee

Auxiliary Officers

Nancy Hauer - President
Jeanne Pate - Senior Vice
Jayne Pritchett Solorzano -
JrVice
Jan Bazdorf - Chaplain
Pat Alston Aldrich - Treasurer
Erika Simmons - Secretary
Vikki Hemmen - Conductress
Sven Ricketts - Guard

Darren Pyle - Trustee #1
Bob Bealo - Trustee #2
Olivia Wilkenson - Trustee #3

House Committee

Mark Traplay - Chairperson
Dan Focht - Member
Joel Murillo - Member
Richard Simmons - Member
John Rizzo - Member

Canteen / Entertainment

Kimberly Rivera - Canteen Manager
Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

April Ball
Darla Beery
Dani Caton
Gigi LaFaver
Jessica McKittrick
Katie Sharp
Sandy Curry



If you have questions on the guidelines please call the **Post** at **(619) 445-6040**.

FYI for Post Members!

House Committee meetings are held every **second Saturday of the month** at **10 a.m.**

Post Member meetings are held every **second Saturday of the month** at **11 a.m.**

Auxiliary Member meetings are held on the **first Saturday of the month** at **10 a.m.**

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578** and invite them to enjoy the meals and events!

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country



VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause

- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions



Our Newsletter Supporters

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www.alpineartisticflorist.net

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[California Signs & Marketing](#)

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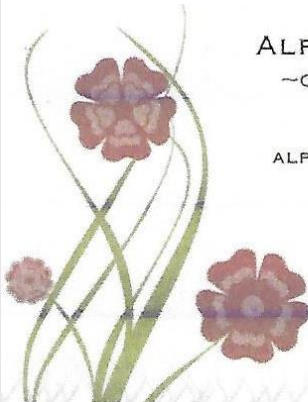
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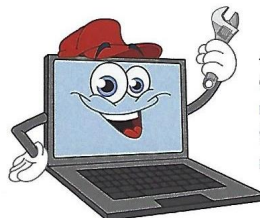
Richard Edwards - Account Executive

(619) 390-6304
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Supporting every corner of our community.

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Kellye Murphy
Vice President | Business Center
Manager
Alpine Office
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"TECH SUPPORT" SCAMS ARE ON THE RISE – DON'T BE THE NEXT VICTIM!

- Pop-up warnings
- Unsolicited calls from "Tech Support"
- Email message warnings
- Website error messages



You have received a phone call, pc or laptop screen pop-up or email informing you that there is a problem with your computer or laptop:
Pretending to be from a popular tech company, scammers will try to convince you that your computer or laptop is infected and they want to immediately remote in to it, and then will gain access to your personal and financial information...

What To Do Next – Action Steps:

- If a caller: Hang up the phone and...
- If a pop-up: Immediately shut down the pc/laptop and...
- If an email: Close your email program, shut down your pc/laptop and...

Call **ALPINE COMPUTER** to come check your pc/laptop for any malware or unauthorized access.
(619) 277-7858

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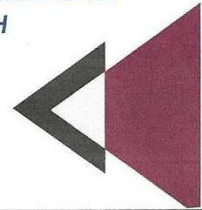
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Nathan Morton

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NathanMorton619@gmail.com

Computer or Laptop Troubles?

...probably infected by malware!



Do NOT overpay for tech support - big box electronics & national office supply stores charge hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.

Computer/Laptop Checkup Special

\$25 per computer or laptop

East County area - some restrictions apply - call for details

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(619) 277-7858 • AlpineComputer@hotmail.com

May 2023 Bert Fuller VFW Post 9578 Activities (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
April 30 From 9 a.m.: Sports on 7 TVs!	1 5:30 p.m. GAME Night!	2 5 p.m. FUNDRAISER GAMES	3 5 p.m. FUNDRAISER GAMES	4 5 p.m. FUNDRAISER GAMES	5 5 - 9 p.m. Karaoke by Fred Johnson	6 9 a.m. Auxiliary Mtg 5 - 9 p.m. Live Band: Brown Sugar Oldies
7 From 10 a.m.: NASCAR, PGA & Other sports On 7 TVs!	8 5:30 p.m. GAME Night!	9 5 p.m. FUNDRAISER GAMES	10 5 p.m. FUNDRAISER GAMES	11 5 p.m. FUNDRAISER GAMES	12 5 - 9 p.m. Karaoke by Fred Johnson	13 10 a.m. House Com Mtg 11 a.m. General Mtg 6 - 9 p.m. Live Band: HORSESHOE LUCKY BAND
14 MOTHER'S DAY From 10 a.m.: NASCAR, PGA & Other sports On 7 TVs!	15 5:30 p.m. GAME Night!	16 5 p.m. FUNDRAISER GAMES	17 5 p.m. FUNDRAISER GAMES	18 5 p.m. FUNDRAISER GAMES	19 5 - 9 p.m. Karaoke by Fred Johnson	20 ARMED FORCES DAY 6 - 10 p.m. Live Band: The Whole She-Bang
21 From 10 a.m.: NASCAR, PGA & Other sports On 7 TVs!	22 5:30 p.m. GAME Night!	23 5 p.m. FUNDRAISER GAMES	24 5 p.m. FUNDRAISER GAMES	25 5 p.m. FUNDRAISER GAMES	26 5 - 9 p.m. Karaoke by Fred Johnson	27 6 - 10 p.m. Live Band: The New Catillacs
28 From 10 a.m.: NASCAR, PGA & Other sports On 7 TVs!	29 MEMORIAL DAY 11 a.m. Service at Post Memorial Wall 5:30 p.m. GAME Night!	30 5 p.m. FUNDRAISER GAMES	31 5 p.m. FUNDRAISER GAMES	June 1 5 p.m. FUNDRAISER GAMES	June 2 5 - 9 p.m. Karaoke by Fred Johnson	June 3 5 - 9 p.m. Live Band: Brown Sugar Oldies

May 2023 Bert Fuller VFW Post 9578 Menu (subject to change w/o advance notice!)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	1 11 a.m. \$8 Lunch TBA 5 p.m. \$13 Dinner Beer-braised Pork Shank Pot Roast & Gravy	2 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	3 11 a.m. \$8 Lunch TBA 5 p.m. \$13 Dinner Gloria G & Lisa STREET TACOS	4 11 a.m. \$10 Lunch by 5 p.m. Dinner TBA	5 CINCO DE MAYO 11 a.m. \$10 Lunch by Gigi Pollos Asado \$3 Margaritas 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	6 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
7 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	8 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	9 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	10 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	11 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	12 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	13 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
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21 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	22 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	23 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	24 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	25 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	26 11 a.m. \$8 Lunch 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	27 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 
28 9 a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner TBA	29 MEMORIAL DAY 11 a.m. Service FREE sandwiches for Veterans! 5 p.m. Dinner TBA	30 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	31 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	June 1 11 a.m. \$8 Lunch TBA 5 p.m. Dinner TBA	June 2 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$16 Fish & Shrimp Dinner 	June 3 11 a.m. \$8 Lunch TBA 5 – 7:30 p.m. \$24 Ribeye Steak Dinner 

www.vfw9578.com



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