VFW Bert Fuller Post 9578

Newsletter

March 2022 Alpine, CA



Commander's Message

Comrades,

I would like to say welcome to all of our new members and everyone receiving this newsletter for the first time. Through your generous support and membership in our **Post**, we continue to be a staple in this community.



If you or someone you know has served overseas during a conflict, please consider or have them consider becoming a member of **Alpine's VFW Post 9578**. Applications are available by the **Post** front door entrance.

I would like to take this opportunity to recognize our **women Veterans**, past and present. With the month of March being **Women's History Month**, it is important for us to remember those who have served in the past; but we must not forget to recognize the roughly **200,000 active duty women** currently serving our great country. Going all the way back to 1918 when American nurses cared for injured soldiers in France, **WWI** is also notable because it was the first time women *who didn't even have the right to vote yet* were allowed to

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:

Ð

Quartermaster's Report

Our Post is now safely reopened for normal operations, and we continue to follow additional sanitation procedures. Each table will continue to have a bottle of sanitizer and the furniture has been



spread out to allow more space between guests.

Members, please ensure that your dues are paid up! Your timely financial support enables the Post to continue its operations.

We want to increase our active membership and need your help in finding new members to grow our **Post** and protect our future. If you know anyone who is eligible for the **VFW** or our **Auxiliary**, please just give us their name and telephone number.

The pressure from increased food and supply costs remains a problem; we are looking at various ways to save on costs while still delivering deliver quality meals.

We really need you to support your "Home on the Hill" and hope you will bring friends and relatives to enjoy one of the best VFWs in the entire state of California - Alpine VFW Post 9578!

Carl

Quartermaster Carl Silva

House

openly serve in the **U.S Military**. So when you see any of our women vet's around our **Post** this month, please thank them for their service and also thank them for paving the way for the next generation of young female service members who will follow in their footsteps for generations to come!

Please come out to the **Post** for our **General Meeting** at **11 a.m. Saturday**, **March 12th**. Attend the meeting to have your say in the current and future operations of **VFW Bert Fuller Post 9578**.

If you need me reach out, please call me at (858) 729-3911. I am here for you - the **Veterans**, the **Auxiliary**, our families and the community of Alpine!

As always, I am honored to be your Commander and I deeply appreciate all of you members and the patrons of this great Post!

Until next time comrades,

John

Post Commander John Sullivan



ARMY \star marines \star navy \star air force \star coast guari



Chaplain's Message

It should not be too

Committee Report

Comrades:

We have planned a **Members Only Day** from 2 p.m. until closing on **Saturday**, **April 9th**. Spouses/



significant others and their children are welcome. The **Post** will be closed that day to the **Auxiliary** and public at 2 p.m. Cards will be checked at the door. A complimentary steak dinner will be provided to all Members, spouses/significant others and children who attend. Schedule:

- 5 p.m. Dinner service begins
- 6 p.m. Live band performs

Members, please RSVP at the **Canteen** as soon as possible so we can have a good head count for the food service.

We are looking into bringing in draft beer into the **Canteen**. We installed vent hoods over the BBQ area. Also, we have been getting rid of all of the clutter in and around the **Post** facilities.

Best Regards,

John House Committee Chair John Rizzo

Auxiliary President's Message

Happy March! The cold is starting to fade, or hopefully, and Spring is on its way. Soon the new blossoms will



sprout, and new life will be all around. As we head into this usually hopeful season, there is still much stress around. Let's please remember to be there for our brothers and sisters. As we head into this season of new life and energy, we are also close to elections for the next team of **Auxiliary** officers. Please see me or one of the other officers if you want to get more involved.

As many of you know, I am a high school

much to ask that our fellow Veterans and guests show respect and civility towards each other; after all, we **VFW members** are advertised and promoted as an "Elite" group. True, our backgrounds, education, political and



religious views, and military careers vary greatly within our ranks, but this diversity should not be a reason for animosity. Let's all please keep this in mind.

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. ...And now these three remain: Faith, Hope, and Love. But the greatest of these is Love." *1 Corinthians 13, verses 4-8, and 13 (New International Version)*

Here are ten ways to demonstrate integrity and caring for others:

- (1) Listen without interrupting.
- (2) Speak without accusing.
- (3) Give without sparing.
- (4) Pray without ceasing.
- (5) Answer without arguing.
- (6) Share without pretending.
- (7) Enjoy without complaining.
- (8) Trust without wavering.
- (9) Forgive without punishing.
- (10) Promise without forgetting.

Practicing some of the above may be difficult in our daily personal interactions with others, but how much more peaceful and rewarding our lives would be if we could!

"Better is the poor who walks in his integrity, than one who is perverse in his lips, and is a fool." *Proverbs 19:1 (New King James Version)*

Theo

Post 9578 Chaplain Theodore Bazdorf teacher and this stems from a lecture I gave last month but let us please remember to show respect in all that we do. In this still wild time, let's remember that many have had a difficult time and let's show them the benefit of doubt. Also, let's remember to address **Post** and **Auxiliary** officers in a formal and respectful way. Thank you for all that you do in representing our **Auxiliary** and our **Post**.

The **Auxiliary** thanks everyone that has come down to join us for lunch and the "**Burgers with a View**" that we hold every Saturday from 11 a.m. to 1:30 p.m. We are thinking of changing it up with other meals on the third and fourth Saturdays of the month. Many of us have secret "crowdpleaser" recipes that we are proud of and want to share with the **Post**. Please let me know if this is you and you would like to volunteer to make a meal, support the **Auxiliary** and help feed our fellow Post patrons.

We as an **Auxiliary** look forward to a great year as we continue 2022. Please keep posted for some great things coming shortly. Happy March, everyone!

As always if you have any questions or is there is something that the auxiliary can help with please email me at buxtonm@gmail.com.

Yours in Service,

Michael

Post 9578 Auxiliary President Michael Charles Buxton

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link: VFW Post 9578 Auxiliary

Auxiliary Chaplain's Message

"If you can't say something nice, Shh! Say nothing. Take a bit of good advice, Shh! Say nothing. Think of friendly things to say, that's the path to follow. When you think an



unkind thought, button your lips and swallow (gulp). Once you think it over twice, if you can't say something nice, You won't say



Live Well Mobile Office IS COMING

The County of San Diego Office of Military and Veterans Affairs in partnership with Self-Sufficiency Services will bring the Live Well Mobile Office to the Alpine Union School Adult Education Complex 2001 Tavern Rd, Alpine, CA 91901 on March 7, 2022, from 10AM to 3PM. County personnel will be on-site to provide the following services:

Veteran and Self-Sufficiency Services Resource Table

Veteran Benefits Counseling

VA Disability Claims Development

Veteran Driver's License Application Support

CalVet College Fee Waiver Applications Support

CalFresh, Medi-Cal, and CalWORKs enrollment assistance and Housing

Please call 858 694 3222 to schedule an appointment



Special Notice regarding Post Events, Meals

The prices displayed on various Post flyers and menus and also in this newsletter are subject to change without advance notice. Thank you for your understanding.

Saturday Night Entertainment at the Post in March

anything at all." – Thumper

(Written by Richard M. Sherman and Robert B. Sherman and copyrighted in 1963 per "Thumper's Great Race").

Yes, I am quoting a verse from a cartoon bunny!

I try to make my Chaplain's message's either light, funny, thought provoking, or uplifting. But I must make this one a little sternly and Motherly.

When you walk up to someone and say "Hi" and immediately they start complaining away to you... with not even a "Hi" back. That's just not right. There is a lot of complaining going on right now and a lot of it are things we just cannot fix or do one thing about.

Don't you think everyone gets tired of just listening to others complain? We ALL have our difficulties and our trials. Don't weigh others down with yours, they do not want to hear you go on and on. What does complaining do? Makes others angry and feel useless and helpless. That is certainly not good.

Everyone has plenty on their minds as it is, the Lord knows we all have sorrow and burdens in our life. But if all you do is complain... and never say anything comforting or funny or loving to those around you – then why even interact with them?

Try to put your own sufferings aside for a moment and just simply enjoy the friend in front of you. Ask them about their day. They may not be here tomorrow.

Two days ago, we lost a truly great, talented, and gentle, man – **Will Downey**. I never, in all the years I've known **Will**, heard him say an unkind word to or about anyone; complain; or be aloof. He always had a ready and contagious smile, or a lovely ballad to sing. He didn't want to bring people down – he definitely wanted to lift them up. We all need to be more like **Will**. In his memory and because it is just the right thing to do.

"If you can't say something nice..." Amen

Jan Post 9578 Auxiliary Chaplain Jan Bazdorf

Saturday Nights @ The Post



Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040



Friday Night Entertainment at the Post in March

Canteen Manager's Message

Congratulations to **Clint** and **Denise** for winning our **Valentines Day** raffle basket! Our next raffle basket will be on **St. Patrick's Day**, Thursday, March 17th.



Be sure to purchase raffle tickets every time you visit the **Post**. We are always looking for donations, especially for raffle prizes.

The **Raffle Basket** and **Raffle Wagon** tickets are each sold for \$1 donation each and six (6) tickets for \$5 donation.

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

Come out and enjoy indoor and/or outdoor dining on our beautiful Patio with its great scenic views.

Kimberley

Canteen / Entertainment Manager Kimberley Rivera

Valentine's Day Raffle Basket Winners: Clint and Denise



VFW Riders President's

Friday Nights @ The Post

FRIDAY DINNER 5 – 7:30 P.M.



- 2 Pc Fish, Fries & Coleslaw \$15
- 10 Pc Shrimp, Fries & Coleslaw \$15
- 1 Pc Fish, 5 Pc Shrimp, Fries & Coleslaw \$15
- Shrimp Cocktail \$10
- Chicken Sandwich, Fries & Coleslaw \$10
- Salad \$5
- Salad add Shrimp \$8



6 – 10 p.m. Friday Night Karaoke with Fred Johnson



Open to the public for meals and entertainment Stay connected with our up to date Facebook: @AlpineVFW9578 or: www.vfw9578.com Alpine VFW Post 9578 844 Tavern Road, Alpine (619) 445-6040

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United
 States veterans of overseas conflicts
 To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

Veterans are respected for their serviceAlways receive their earned

entitlements

• Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

• Always put the interests of our members first

- Treat donors as partners in our cause
- · Promote patriotism
- · Honor military service

• Ensure the care of veterans and their families

- Serve our communities
- Promote a positive image of the VFW

• Respect the diversity of veteran opinions

Message

T h e Alpine VFW Riders invite everyone to our monthly Bike Nights. There is no requirement to have a motorcycle to have fun. Our next Bike



Night is Wednesday, March 9th, and is Mardi Gras-themed with Karaoke, Motorcycle Cornhole games, and Cajun Jambalaya for dinner.

We are happy to announce the completion of the **VFW Post** outside signage.

Our next **Bike Ride** is Saturday, March 19th starting at 9 a.m. at the Post, following our monthly meeting. All interested riders are welcome to ride and check out what we do and visit the places we travel too. March we are going to **Borrego Springs**, visit the **American Legion** and check out the sculptures.

We would like to welcome our latest leader to our group, **Mark Cormier** as our **Interim Vice President**.

Our Riders are making great progress on our project to modernize the dining room (VFW Honor Wall) and the corridor between the game room and the bar (VFW Memorial Wall). The frames have been constructed for the memorial wall, pictures edited and printed, and plexiglass has finally arrived. Our goal is to transform the images of our VFW membership (current and deceased) into 5"x7" images, organized to support growth of our veteran recognition efforts. This includes repairing and painting the walls, re-framing the veteran recognition images, and adding more recent conflict memorabilia (Beirut, Gulf War [Kuwait Liberation], Afghanistan, Iraq, etc.).

We ask those in our local community who are a member of the **Alpine VFW Post 9578** to consider providing us your photos ASAP, so that we can include them into our modernization efforts and give proper thanks to ALL who have served our nation.

You can email your picture to AlpineVFWr@ gmail.com or provide a 5"X7" hard copy to Canteen Manager Kimberly, Post Commander John, Quartermaster Carl, Chaplain Theo, or any one of our VFW Riders.

We also ask if you have some items that could be used as war props that you let us know so we can consider them as display

Post Officers & Trustees

John Sullivan - Commander Sean Lynch - Senior Vice Commander Richard Simmons - Jr Vice Commander Carl Silva - Quartermaster Theo Bazdorf - Assistant Quartermaster Theo Bazdorf - Chaplain Sean Lynch - Adjutant Jim Bilka - Judge Advocate John Rizzo - Service Officer John Rizzo - Surgeon

Rich Martindell - 1st Year Trustee Charlie Roders - 2nd Year Trustee James Abercrombie - 3rd Year Trustee

Auxiliary Officers

Michael Buxton - President Nancy Hauer - Senior VP Ed Molloy - Junior VP Jan Bazdorf - Chaplain Margaret Horde - Treasurer Erika Simmons - Secretary Vikki Hemmen - Conductress Sven Ricketts - Guard Pat Alston Aldrich - Trustee #1 Brenda Rizzo - Trustee #2 Darren Pyle - Trustee #3

House Committee

John Rizzo - Chairperson Dan Focht - Member Richard Simmons - Member Joel Murillo - Member Mark Traplay - Member

Canteen / Entertainment

Kimberley Rivera - Canteen Manager Sandy Curry - Canteen Assistant Manager

Volunteer Bartenders

Darla Beery Dani Caton Julie Kalogiannis Gigi Lafaver Jessica McKittrick

> Support Your Post -Attend Regularly to Enjoy The Camaraderie, Games, Meals & Live Entertainment!

items.

If you have some time and wish to help us in our project efforts - we would be delighted to have the help as our volunteer crew is doing all we can to both raise funds and accomplish all the labor for these projects.

Todd

VFW Riders Group of Post 9578 President Todd Greenwood

VFW Riders Group of Post 9578 Leaders

President: **Todd Greenwood** Interim Vice President: **Mark Cormier** Secretary: **Darla Beery** Treasurer: **James Roe** Sgt at Arms: **CJ Burroughs** Chaplain: **Fred Rivera** Road CAPT: **Roger Burroughs**

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our **Post**'s property, it will put our ABC liquor license in jeopardy, as well as our **Post** charter with the National VFW.

Please report any violations of drug use on **Post** property immediately to a **Post** officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their **Post** privileges and not be allowed on **Post** property in the future.

Post Hours of Operation

(Subject to change without advance notice - call Post at (619) 445-6040 for details)

Monday - Friday: 11 a.m. to Closing

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 7:30 p.m.

Saturday & Sunday: 9 a.m. to Closing

Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Alpine VFW Post 9578 Auxiliary Presents:

"Burgers with a View"

11 a.m. – 1:30 p.m. Saturdays

\$8 Burgers \$6 Hot Dogs



Open to the public for meals and events

844 Tavern Road, Alpine (619) 445-6040



Stay connected with our up-to-date Facebook: @AlpineVFW9578 or our website: www.vfw9578.com

Contacting the Post

Phone: (619) 445-6040 Fax: (619) 445-8740 eMail: csilvasr@aol.com

Newsletter Submissions

Items for consideration may be emailed to csilvasr@aol.com or mailed to the post at:

VFW Bert Fuller Post 9578 Attention: **Carl Silva** 844 Tavern Road Alpine, CA 91901 Please note: newsletter submission deadline is the 25th of the prior month.

VFW Post 9578 Hours of Operation

The Post will observe the following business hours:

Sundays: 9 a.m. - close Mondays: 11 a.m. - close Tuesdays: 11 a.m. - close Wednesdays: 11 a.m. - close Thursdays: 11 a.m. - close Fridays: 11 a.m. - close Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day.

Please please do your best to comply with state and county guidelines at all times and do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.

If you have questions on the guidelines please call the **Post** at **(619) 445-6040**.

VFW 9578 ALPINE

SUNDAY BREAKFAST MENU

Served 9 a.m. - 12:30 p.m.

- Bacon, Eggs, Potatoes & Toast...\$12
- Sausage, Eggs, Potatoes & Toast...\$12
- Breakfast Sandwich w/ Potatoes...\$10
- Chicken Fried Steak, Eggs, Potatoes & Toast...\$15
- Chicken Fried Steak Sandwich w/ Potatoes...\$12
- Biscuits and Gravy...\$5
- Porkchop Breakfast...\$15
- Ribeye Steak, Eggs, Potatoes & Toast...\$20

Stay connected with our up-to-date Facebook page: @AlpineVFW9578 or: <u>www.vfw9578.com</u>

844 Tavern Road Alpine, CA

Rev Oct 2021

(619) 445-6040



FYI for Post Members!

House Committee meetings are held every second Saturday of the month at 10 a.m.

Post Member meetings are held every second Saturday of the month at 11 a.m.

Auxiliary Member meetings are held on the first Saturday of the month at 10 a.m.

Show your pride in our **Post** by letting people know you are a member of our **VFW Post 9578**!

Our Newsletter Supporters

AAA Southern CA (619) 644-5128 Elyse Lobaugh

Alpine Artistic Florist (619) 445-7974 Jamie Lewis www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896 Jonar R. Bonifacio DDS Dr. "B" Alpine Dentistry

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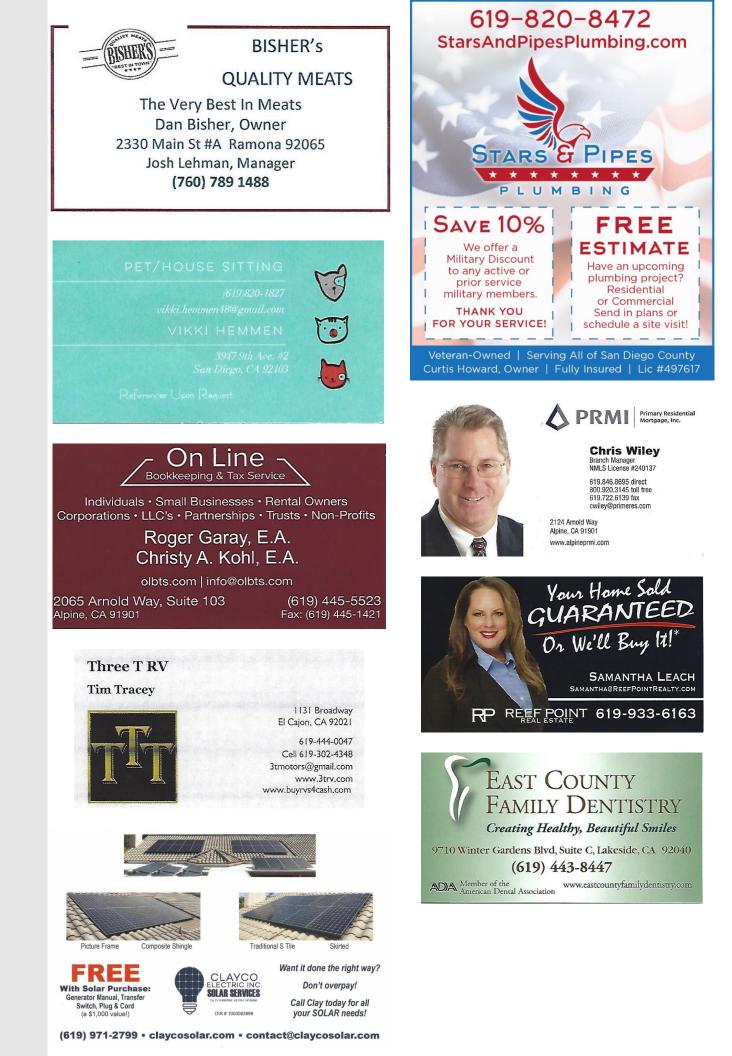


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Richard Edwords - Account Executive

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GOLDEN AGE * FOREVER/USA

March 2022 Bert Fuller V.F.W. Post 9578 Activities & Events (Created by Theo - NOTE: Subject to change)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 – 7 p.m. Tl	Day Dinner! hursday 3/17 f & Cabbage	5 p.m.			4 6 - 10 p.m. Karaoke by Fred Johnson	5 10 a.m. <mark>Auxiliary Mtg</mark> 5 – 9 p.m. Band: Brown Sugar Oldies
6 From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!	7 6 p.m. Texas Hold'em	8 5 p.m. FUNDRAISER GAMES	4 p.m. VFW Riders BIKE NIGHT	5 p.m. FUNDRAISER	11 6 – 10 p.m. Karacke by Fred Johnson	12 10 a.m. House Committee Meeting 11 a.m. General Mtg 6 – 10 p.m. Band: Horseshoe Lucky
13 DAYLIGHT SAVINGS From 9 a.m.: NASCAR, PGA & other sports on 7 TVs!			¹⁶ ^{5 p.m.} FUNDRAISER GAMES		6 – 10 p.m.	19 6 – 10 p.m. Band: Tillige Wilhelte Silige-Being:
From 9 a.m.: NASCAR, PGA & other sports on 7	(AB)	5 p.m.		5 p.m.	25 6 – 10 p.m. Karaoke by Fred Johnson	26 5:30 – 9:30 p.m. Band: Country Jamm
From 9 a.m.: NASCAR, PGA & other sports on 7	28 6 p.m. Texas Hold'em	c	VFW Post 9578 ente heck your emailbo nber to tip Canteen	x often for weekly a	and/or daily update	est

March 2022 Bert Fuller V.F.W. Post 9578 Menu (Created by Theo - NOTE: Subject to change)

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Ot. Detrictule	28	1	2 ASH WEDNESDAY	3	4	5	
St. Patrick's			11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. – 1:30 p.m.	
Day Dinner!	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	by Julie	by Gigi		\$8 Grilled Burgers &	
	by Julie	by Darla		Jumbo Chili Hot Dogs		Hot Dogs	
5 – 7 p.m.		Carnitas Burrito	Grilled Tri Tip and		Fish & Shrimp Dinner	Served by Auxilia	
Thursday	Creamy Chicken	with fixings	Hararti Sandwich	Chips			
	Tortilla Soup		Fresh Fruit			5 – 7:30 p.m. \$20	
3/17	Grilled Quesadilla	6 p.m. \$3 Tacos	Chips	5 p.m. \$10 Dinner		Ribeye Steak Dinne	
	Fruit	by Nora		by Julie			
Corned Beef			5 p.m. Dinner TBA	Smothered Chicken			
& Cabbage				w/ Spinach, Red Potatoes and			
or ourseage				mushrooms			
\$15				Garden Salad			
				Dessert			
	7	8	9	10	11	12	
a.m. – 12:30 p.m.	ľ.	r i	r i			11 a.m. – 1:30 p.m.	
reakfast Service	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	\$8 Grilled Burgers	
	by Julie		by Julie			Hot Dogs	
p.m. – Until Gone	,	6 p.m. \$3 Tacos	.,	5 p.m. Dinner TBA	5 – 7:30 p.m. \$15		
Meal by Jessica	5 p.m. Pizza \$2/slice	by Nora	5 p.m. Dinner TBA	by Julie	Fish & Shrimp Dinner	5 – 7:30 p.m. \$20	
Iomemade Fried Rice				-		Ribeye Steak Dinne	
nd Salt & Pepper							
hicken Wings							
3 DAYLIGHT SAVINGS	14	15	16	17 ST. PATRICK'S DAY	18	19	
						11 a.m. – 1:30 p.m.	
a.m. – 12:30 p.m.	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	\$8 Grilled Burgers	
reakfast Service	by Julie		by Julie			Hot Dogs	
		6 p.m. \$3 Tacos		5 – 7 p.m. \$15 Corned			
p.m. Lunch/Dinner	5 p.m. Pizza \$2/slice	by Nora	5 p.m. Dinner TBA	Beef & Cabbage	Fish & Shrimp Dinner	5 – 7:30 p.m. \$20	
BA				by ECTLC		Ribeye Steak Dinne	
) SPRING BEGINS	21	22	23	24	25	26	
					11 a.m. \$7 Lunch	11 a.m. – 1:30 p.m.	
a.m. – 12:30 p.m.	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch	11 a.m. \$7 Lunch		\$8 Grilled Burgers	
reakfast Service	by Julie		by Julie		5 – 7:30 p.m. \$15	Hot Dogs	
		6 p.m. \$3 Tacos		5 p.m. Dinner TBA	Fish & Shrimp Dinner		
p.m. Lunch/Dinner	5 p.m. Pizza \$2/slice	by Nora	5 p.m. Dinner TBA	by Julie		5 – 7:30 p.m. \$20	
BA						Ribeye Steak Dinne	
7	28	Diesee note	VEW most convic	o prices are subject	to change without	prior potico	
	Please note: VFW meal service prices are subject to change without prior notice.						
reakrast Service							
n m Lunch/Dinner	-,						
an a							
) a.m. – 12:30 p.m. Breakfast Service 2 p.m. Lunch/Dinner IBA	11 a.m. \$7 Lunch by Julie 5 p.m. Pizza \$2/slice		Check your emailbo	ox often for weekly a	and/or daily update	s!	

VFW Bert Fuller Post 9578 (619) 445-6040

