

# VFW Bert Fuller Post 9578

## news & updates

April 2021 Alpine, CA



### Commander's Message



**St. Patrick's Day** celebration at the **Post** was a great success! There was an abundance of well-attended activities. Starting with **Julie's Cornbeef Tacos**, the **Post Auxiliary's** bake sale

and then **Corn Beef and Cabbage Dinner** prepared and served by **ECTLC**. Along with our popular **Karaoke by Fred Johnson**, it all made for a wonderful celebration.

At our March 13th **General meeting**, the post voted to donate **\$250** to the **Boulder Oaks Elementary PTA** and also **\$300** to the **Alpine Little league**, which had suffered a loss due to theft from their concession stand.

Also at the meeting, Officer Nominations were introduced for the candidates to be voted on at next month's meeting.

Nominations are:

Commander - **John Sullivan**  
Senior Vice Commander - **Jack Gauthier**  
Junior Vice Commander - **Allisen Earls**

### Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



### Quartermaster's Report

We hope that finally the light is shining at the end of the Covid-19 tunnel.

The **Post** is now fully open (subject to certain restrictions imposed by San Diego County) for your entertainment and dining pleasure.



I am delighted to report that the Post has now reached over 100% membership and has over **600** members.

The attitude of the **Alpine** community towards our **Post** is very positive, which is very much appreciated and also a very good indication of our future growth as part of the Alpine Community.

I would encourage all **Post** members to work on recruiting eligible **Veterans** to join our **Post**. You can also just call me with a prospective member's name and contact number, and I will reach out to try to recruit the eligible **Veteran**.

The **Post** recently received large donations from **Harrah's Rincon Casino** and also from Post member **Donald Elliott, Navy Veteran**. These tangible items will be used by the **Post** or put up for auction in the near future.

Come out often to support your **Post** and be sure to bring a friend/family member or two along with you to enjoy our hospitality.

Members, please make very effort to attend the **Post General Meeting** at **11 a.m.** on **Saturday, April 10**. We need you to

Quartermaster - **Carl Silva Sr**  
Chaplain - **Theodore Bazdorf**

Trustees:

**Dave Snyder**  
**Charles Roders**  
**James Abecrombie**

House Committee:

**John Rizzo**  
**Kerry Parsons**  
**Danny Focht**  
**Jack Gauthier**

Additional nominations for these positions and the elections will be held during our **General Meeting at 11 a.m. Saturday, April 10th**. Come out to the Post and attend the meeting to have your say in the future of **Bert Fuller Post 9578**.

Please continue to stay safe, follow the health guidelines, and limit any exposure.

**Jack**

Post Commander  
Jack Gauthier

## VA HOSPITALS AND CLINICS NEED VOLUNTEERS

by **Stan Coleman**

Since **VA San Diego** started its **COVID-19** vaccination efforts earlier this year, there has been an increase in patient visits and we are currently in need of assistance in some areas. Our Voluntary Services office could use your assistance to help staff some of these positions. If any of you have volunteers within your organization that would like to assist in any of these three areas, please reach out to Marina Vargas (marina.vargas@va.gov), Demecio Valdez (demecio.valdez@va.gov) or myself so that we can assist with onboarding the volunteers and getting them placed into one of these assignments. Your efforts are greatly appreciated. Here are the three positions where assistance is needed:

- **Entrance Screeners** – assist on Saturdays and Sundays to screen incoming visitors/patients before entering the main facility.
- **Veteran Vaccination Clinic (VA La Jolla)** – assist clinic staff with managing the lines in the clinic, giving instructions to patients in the lines, assist with observing patients after they've received their vaccine until they are cleared to leave the clinic, other administrative assistance as needed.

become involved and contribute your thoughts and ideas to improve **Post** offerings and operations. I look forward to seeing you at the Post!

Please remember that I am always available 24/7 to assist you in my capacity as **Post Quartermaster**.

**Carl**

Quartermaster  
Carl Silva



## House Committee Report

Comrades:

We have had a really great month in April. The newly-rehabbed kitchen is now running at full bore. The bartenders are making and serving some great meals during the week; it just doesn't get any better than this! It was a long road.

We will be starting the ceiling repairs on the smoking area after **Easter**, so if you smoke you will have to go to the far deck to burn one. It shouldn't take very long, please just be patient.

We have the set of plans prepared for the deck extension where the old BBQ area was. We're just waiting on a couple of more bids before starting. It will be a good addition for the deck area, a place for bands and karaoke to perform.

Volunteers helping with Saturday burgers will be given 5 drinks chips and will receive a complementary burger for helping out.

As of the first of April, voted on and approved at the last General meeting, Saturday steak dinner price will be increase





· **Veteran Vaccination Clinic (Mission Valley Clinic)** - assist clinic staff with managing the lines in the clinic, giving instructions to patients in the lines, assist with observing patients after they've received their vaccine until they are cleared to leave the clinic, other administrative assistance as needed.

Thank you!

### Stan Coleman

*MHRM Acting Chief, Voluntary Services*  
Facility Records Officer HAS  
VA San Diego Healthcare System  
(stanville.coleman@va.gov)  
(858) 642-3267 ext. 7819

<p><b>APRIL 3</b></p> <p><b>BROWN SUGAR OLDIES</b></p> <p>San Diego's only "Oldies by Request" Music Group Music of the 50's-80's and   Welcome to Requests</p> 	<p><b>\$17 Ribeye Steak Dinner Every Saturday from 5-7:30 and Live Music from 6-10 PM</b></p>
<p><b>APRIL 10</b></p>  <p><b>THE NEW CATILLACS</b></p>	
<p><b>APRIL 17</b></p> <p><b>WHISKEY RIDGE BAND</b></p>  <p><b>KARAOKE WEDNESDAYS 5-9 &amp; FRIDAYS 6-10PM</b></p>	
<p><b>ALPINE VFW 9578</b> <b>844 TAVERN RD</b> VFW Post 9578 ALPINE, CA <b>LIVE MUSIC</b> <b>The Whole Sha-Bang</b> Dance Band 60' 70's &amp; 80's classic rock and pop to get the party going! <b>APRIL 24</b></p>	



## Fleet Reserve Association News

Provided by **Jerry P. Koehmlein**

to \$17.00 and burgers will go from \$7.00 to \$8.00. All due to the increased food costs.

We have a lot of future construction and maintenance planning in the works. We will improve the front entrance, apply coating on parking lot and stripe it. We need to repair the rock wall downstairs and attach the downspouts to drainage pipe, among other items.

We are organizing a general **clean up day** on **Saturday** April 24th starting at 9 a.m. This is to primarily move stuff and a general clean up, so mark it on your calendar. I would like to thank all of those who have been helping with the burger burn and just general clean up.

If you have any questions or concerns for the **House Committee**, please bring them to the meeting the second Saturday of each month and we will be happy to hear them.

God Bless and hope to see you at the **Post**.

### John

House Committee Chair  
John Rizzo



## Auxiliary President's Message

Hello everyone and  
welcome to April!  
Springtime has arrived!



We held our March  
meeting on the upstairs deck; thanks to all

## President Signs COVID Relief Package into Law

Congress passed and President Biden signed into law the "**American Rescue Act**" (H.R.1319-COVID relief package). The bill provides additional resources for the VA to continue vaccinating veterans and VA staff, as well as potential improvements to bolster the nation's vaccine supply chain. A breakdown of VA provisions is available from the FRA.org website.

The relief package includes an FRA-supported provision that closes the so-called 90/10 loophole. Currently, for-profit schools must collect at least 10% of their revenue from non-federal sources. The 90/10 rule does not count the **GI Bill** as federal revenue, despite it coming from the **Department of Veterans Affairs**. The relief package provides \$1.9 trillion in spending in numerous government programs that include:

- **Providing economic impact payments of \$1,400 for individuals/\$2800 for those making up to \$75,000 for individuals and \$150,000 for couples;**
- Delivering a \$300 weekly supplemental unemployment compensation payment until September for unemployed individuals;
- Exempting student loan forgiveness payments from taxation;
- Providing a 100% subsidy of COBRA health insurance premiums for laid-off workers can keep healthcare coverage through the end of September; and
- Expanding child tax credits and SNAP (Food stamps program).

### Bipartisan Bill Expanding COVID-19 Vaccine Access for Veterans and Families

**Senate Veterans' Affairs Committee** (SVAC) Chairman **Jon Tester** (Mont.), Sen. **John Boozman** (Ark.), SVAC Ranking Member **Jerry Moran** (Kan.), and Sen. **Richard Blumenthal** (Conn.) introduced bipartisan legislation that would expand COVID-19 vaccine eligibility to veterans and their families under the **Department of Veterans Affairs** (VA).

The "**Strengthening and Amplifying Vaccination Efforts to Locally Immunize all Veterans and Every Spouse (SAVE LIVES) Act**" (S.682) would allow the VA to provide no-cost COVID vaccination services to **all** veterans, veteran spouses,

who attended and participated both in person and on the phone. It was great to have sunshine, fresh air, and light breezes and where everyone was glad to see Auxiliary members who had not been seen for some time.

We held a fund-raiser bake sale in conjunction with **St. Patrick's Day** dinner, on March 17. Those who participated brought in their goodies after 2 p.m., and sales went from 4 p.m. - 6 p.m. with the incoming folks wanting to have some dinner and perhaps a little dessert to go!

We had a great turnout at the Bake Sale; we raised funds with proceeds pending assignment at our April meeting. This included a monetary donation from one of our Auxiliary members who was unable to participate; and we were sincerely appreciative of the check!

Many of our new members participated as well, got to meet them and will be coming to our meeting in April. If you see one of our new folks, please reach out to greet them with a warm welcome!

Our **Department Chairman for Youth Activities** **Diana Kulhanek** spoke about two programs in which students would be able to participate with entries due by **March 31** for consideration. One was called "**Get Excited for Red, White and Blue**" (National Anthem singing contest) and the other was "**Illustrating America**" (art contest). Both contests have monetary gifts. Our treasurer **Michael B.**, who is an instructor at a local high school, hopes to convince the choir director to have some students contribute their singing talents (choice of genre). The flyers were mailed out previously for all Aux members and their children to review for consideration.

Program reports are updated for this year, and the deadline is April 10th for any last-minute submittals. A report regarding **Buddy Poppy** distribution was sent in as **Vikki** give each meeting attendee (total of 16 on site) a **Buddy Poppy**.

For the April meeting, we will have officer nominations and elections for the upcoming year which runs from July 2021 through June 2022.

All positions are open for members in good standing (meaning your dues are current); so please give some thought and participation to becoming a line officer. This is when you attend, have your voice/vote heard for one of the positions you may be

caregivers, and **Civilian Health and Medical Program** of the **Department of Veterans Affairs** (CHAMPVA) recipients to the extent that such vaccines are available. The legislation also urges the **Department of Health and Human Services** to adjust the VA's vaccine allocation based on this increased eligibility pool, as much as the supply chain allows.

Similar legislation (H.R.1276) sponsored by **House Veterans Affairs Committee** Chairman **Mark Takano** (CA) has passed the House. This bill would provide vaccines to veterans who are enrolled in the VA health care system, and veteran caregivers.

### **SVAC Hearing on Toxic Exposure**

The **Senate Veterans Affairs Committee** held an oversight hearing to discuss the experiences of veterans living with exposure to Agent Orange or Burn Pits, and the lifelong health consequences of the exposure. The hearing also examined the scientific evidence related to these exposures and their health outcomes. Chairman **Jon Tester** (Mont.) said we have not learned our lesson from Vietnam. There is too much arguing over the science and too much red tape. Ranking Member **Jerry Moran** (KS) noted those who are sick from exposure have been met with barriers to care from the VA. Witnesses include a Vietnam War veteran testifying about Agent Orange exposure, an Iraq War Veteran testifying about burn pit exposure, veterans' advocates and medical experts.

The **FRA** is a member of the **Toxic Exposures in the American Military (TEAM) Coalition** and wants to ensure that no veteran who had exposure to burn pits or other environmental toxins goes without access to VA health care benefits. The **FRA** supports oversight hearings on the negative effects of these hazards, and what steps the **VA** is taking to get veterans who are affected by burn pit exposure to get the care they need. The burn pit registry was created to allow eligible veterans and service members to document their exposures and report health concerns through an online questionnaire. FRA members can register with the burn pit registry by going to [www.FRA.org](http://www.FRA.org)

### **Jerry**

Jerry P. Koehmlein  
GMCS (SW) USN RETIRED  
VFW VAVS Deputy Representative (SDHS)  
Department of California  
District One Adjutant/Quartermaster  
Department/District/Post National Home Chairman

interested in, or nominate another Auxiliary member for a different one. Remember, this is **YOUR** Auxiliary! Every year we, the Auxiliary members, work to make sure everything is accounted for, with fund-raisers, events, all are updated, reviewed, and presented for everyone's knowledge and information.

We welcome the new members who recently applied, and those who were previously approved for their application; however may have not yet attended a meeting despite our best efforts to have you come, whether on teleconference or (now that we are able to do so), on site at the upper deck.

So here is **your opportunity** to contribute to our **Auxiliary**, very highly respected and active in District. Everyone has unique ideas on how to bring out the best for **Post 9578's Auxiliary**, so please give your creativity, thoughts, and insight. The challenge is to be there, become an officer for **Auxiliary** and support our veterans!

If you have any questions regarding becoming a line officer, you are welcome to contact me at [sheilajo9578@cox.net](mailto:sheilajo9578@cox.net) or leave a voicemail on my cell phone (619) 990-0536. The positions are listed in the bylaws/ritual book, starting with **President, Sr. Vice, Jr. Vice, Chaplain, Treasurer, Guard, Conductress**, and **3rd Year Trustee**. The position of **Secretary** is appointed by the incoming **President**.

See you at the **10 a.m.** meeting on Saturday, **April 3rd!**

Any questions or concerns, please let me know. I can be reached via email at [sheilajo9578@cox.net](mailto:sheilajo9578@cox.net) or by phone at (619) 990-0536.

Respectfully submitted,

### **Sheila Jo**

Auxiliary President  
District 1 Auxiliary Chaplain 2019 - 2020  
Sheila Jo Toor-Snyder

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link: [VFW Post 9578 Auxiliary](#)

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VFW 1512 Chaplain/Surgeon/House Committee  
VFW 1512 Hospital/JROTC Chairman  
E-mail jerryphk@cox.net or koehmleinj@gmail.com  
Home/ Fax (619) 255-4108 Cell (619) 647-0457

## Annual to Life Membership Conversion Special Offer in April!

Membership is the lifeblood of a **VFW Post** - we are always searching for ways to increase and retain members. The Post is offering **Annual Members** who wish to convert to **Life Members** during **April** the chance to win **\$100** in a **Friday, April 30** drawing.

Don't wait until your annual renewal date – convert your membership now to participate in the drawing. Please see **Carl, Theo, or Jack** to get the annual membership to **Life Membership** conversion started.

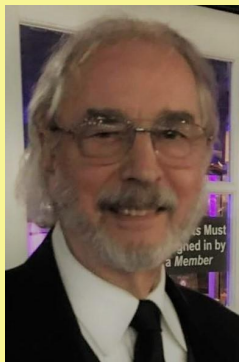
## Chaplain's Message

The season of Spring represents a renewal in nature. So it should be in our lives -- a renewal in mind, body and spirit. As **Easter** and Passover come and go, we should take the time to re-evaluate where we are and where we'd like to be, and then take steps towards those goals. We should review our spiritual goals often to see if we're getting a better understanding of our relationship to the Supreme Being, and what it would take to bring us to a peaceful existence.

*Lord, May the sunlight and the rain be reminders that you are at work renewing the earth. As a God of renewal, you are ever at work in our lives, too. Open our eyes and lives to the needed changes in our lives this Spring. Please awaken us to new life and perspective. AMEN.*

With sadness, I report that **Post Life Member U.S. Army veteran Don Lumb, Jr.** passed away at age 50 earlier this month. Don succumbed to injuries he received in a motorcycle accident south of the border in Baja California. Specific services at our Post are pending.

*O God of mercy, peace, and love, we remember before you in this moment our fellow veteran and brother **Don Lumb, Jr.** We recall with gratitude and respect all*



## Auxiliary Chaplain's Message

Spring, summer, fall... the order of the seasons is interesting, right?

Cycles. Our pre-2020 regular life brought us the normal life cycles. But in the last year – we have all been exposed to many, many one-of-a-kind cycles.

Freedom - to go anywhere.

Restriction – we can't go out at all.

Freedom to visit with family and friends. To Travel, to eat out, to walk, to dance, to shop, to go out to the movies, to touch and hug our friends & Family.

Restriction – none of the above.

“Now you can go out... now you must stay at home!” Ok, now we can go out again... and, nope... back to staying at home!

In any other year since you've been on this planet Earth, you might laugh, thinking this could never happen. Crazy, yes? Well, we all know it did happen! To each and every person on this Earth. Image that... every single person sharing the same cycle.

So, how are you feeling about it now? Do you appreciate your freedoms more now that things are opening back up and the cycle of open/close/open/close is nearly over?

When cycles in life repeat themselves, it can feel like you're moving in circles, never actually making any progress. That in itself is very frustrating.

How about we all aim for some positive cycles this year? Love, help, dance, smile, donate, volunteer, laugh, sing, hug, visit... rinse and repeat!



that he stood for in this life. Help us to live in the companionship of his spirit. May we be kind to the friends and family he loved; devoted to the community in which he lived; and loyal to the causes which he served. Thus, in our lives and hearts, may **Don** live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN.

### Theo

Post 9578 Chaplain  
Theodore Bazdorf



### VFW Post 9578 Hours of Operation

The Post will observe the following business hours during **April**:

Sundays: 9 a.m. - close  
Mondays: 11 a.m. - close  
Tuesdays: 11 a.m. - close  
Wednesdays: 11 a.m. - close  
Thursdays: 11 a.m. - close  
Fridays: 11 a.m. - close  
Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day. *Under no circumstances will the Post be open past 10 p.m.* to comply with **San Diego County Health Department** COVID-19 regulations.

Let us celebrate the rebirth of **Easter** and **Spring** with new joy and enthusiasm. Let us thank **Jesus** for rising to complete His cycle. Let us understand **Earth Day** as the day to appreciate and thank our Earth for creating its own unique cycles of Life. *Heavenly Father, I look up to you in this time of change. Allow me to have the courage to change my life for the better. To break any destructive cycles that I have hung onto. Allow all my burdens to be risen to you as I know that You will see me through. Forgive those who have done evil and allow me to do the same. Teach me to love with an open heart and open spirit. Bless me with love, strength, wisdom, health, courage, forgiveness, and a willingness to learn. Amen*

In peace and love,

### Jan

Post 9578 Auxiliary Chaplain  
Jan Bazdorf

### GiGi Lagaver Wins Post 9578 March Raffle Basket!



### Canteen Manager's Message

Congratulations to **GiGi Lagaver** for winning our **March raffle basket** which was themed for **St. Patrick's Day**.



Our **April Raffle Basket** will be themed for **Easter** and will be raffled off on **Saturday night, April 3rd**. We would appreciate any donations to the **Post** to help fill this basket.

The **Raffle Basket** tickets are sold for \$1 donation each and six (6) tickets for \$5 donation.



As COVID-19 case increases are continuing in San Diego County, please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.**

Please be sure to wear your mask and follow social distancing rules.

If you have questions on the guidelines please call the **Post** at **(619) 445-6040**.

***Support Your Post -  
Attend Regularly to Enjoy  
The Camaraderie, Games &  
Live Entertainment!***

## **Alpine VFW 6<sup>th</sup> Annual Chili Cook Off**

**April 10<sup>th</sup>, 2021**

**\$5 Entry Fee**

**\$5 per vote ticket**

**Taste all entries and vote!**

**Sign Up by April 5<sup>th</sup> to Enter your  
homemade chili!**

**Awards: 1<sup>st</sup> = \$100 2<sup>nd</sup> = \$50 3<sup>rd</sup> = \$25**

Entries set up @11:30 AM

Tasting 12-3PM

Awards Announced at 3:30PM



844 Tavern Rd

Alpine, CA

For **Post Raffle Basket** and **50/50** tickets: please put your name and contact number on all tickets that you purchase since you do not have to be "present" to win!

On **Easter** Sunday, April 4, **Nora** will be preparing her special **French toast** along with our normal breakfast.

On Sunday, April 11 from 3 to 7 p.m., **Julie** will be serving her special **Tri-Tip** dinner.

If you want to participate in the **Chili Cook Off Saturday, April 10<sup>th</sup>**, you must sign up with the Canteen bartender on duty.

On **Sunday, April 18 at 2 p.m.** we will be holding a **Celebration of Life** memorial service for **Vince Roussel** for friends and family.

Please continue practicing safe distancing and wearing your mask while entering the **Post** and moving around.

Canteen will continue its normal business hours for indoor and outdoor dining on our beautiful Patio with its great scenic views.

### **Kimberley**

Canteen / Entertainment Manager

Kimberley Rivera

### VFW 9578 ALPINE

## **FRIDAY DINNER MENU**

- **2 Pc Fish, Fries & Coleslaw**
- **10 Pc Shrimp, Fries & Coleslaw**
- **1 Pc Fish, 5 Pc Shrimp, Fries & Coleslaw** **\$12**
- **Shrimp Cocktail** **\$8**
- **Chicken Sandwich, Fries and Coleslaw**
- **Salad \$3**
- **Salad add Shrimp \$6**



Stay Connected with our up to date Facebook: [@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)  
or: [www.vfw9578.com](http://www.vfw9578.com)



*Alpine VFW Post 9578*

## Sunday Supper

by Julie

**April 11**

Smoked Tri-Tip,  
Loaded Baked Potato,  
Broccoli Cheese  
Casserole, Roll &  
Cheesecake **\$10**

**3 to 7 or until gone**

Open to Public for Meals  
and Events



VFW 9578 ALPINE

### SUNDAY BREAKFAST MENU

- Bacon, Eggs, Potatoes & Toast \$11
- Sausage, Eggs, Potatoes & Toast

- Chicken Fried Steak, Eggs, Potatoes & Toast.....\$12
- Biscuits and Gravy....\$5
- Porkchop Breakfast \$12
- Ribeye Steak, Eggs, Potatoes & Toast



**\$17**

9:00-12:30 Open to Public for Meals

Stay Connected with our up to date Facebook: [@AlpineVFW9578](#)  
or: [www.vfw9578.com](http://www.vfw9578.com)

VFW 9578 ALPINE



### SATURDAY DINNER MENU

5-7:30 PM

- Ribeye Steak, Baked Potato, Corn and Dinner Roll **\$17**

- Shrimp Skewer **\$5**



Stay Connected with our up to date Facebook:  
[@AlpineVFW9578](#) or: [www.vfw9578.com](http://www.vfw9578.com)



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### **FYI for Post Members!**

**House Committee Meetings** are held every **second Saturday of the month** at **10 a.m.**

**Post Member meetings** are held **every second Saturday of the month** at **11 a.m.**

Show your pride in our **Post** by letting people know you are a member of our VFW!

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## **VFW Bert Fuller Post 9578**

### **Mission Statement:**

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

### **VFW Bert Fuller Post 9578 Vision is to ensure that:**

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

### **VFW Bert Fuller Post 9578 Core Values:**

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

### **Important Notice for all Post Members, Auxiliary, invited guests and Visitors:**

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their post privileges and not allowed on Post property in the future.

### **Post Hours of Operation**

*(Subject to change without advance notice - call Post for details)*

Monday - Friday: 11 a.m. to Closing (8 p.m.)

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 7:30 p.m.

Saturday & Sunday: 9 a.m. to Closing (8 p.m.)

### **Members Meetings - 2nd Saturday/Month**

## Post Officers & Trustees

**Jack Gauthier**, Commander  
**John Sullivan**, Senior Vice Commander  
**Allisen Earls**, Junior Vice Commander  
**Carl Silva**, Quartermaster  
**Theo Bazdorf**, Chaplain  
**Sean Lynch**, Adjutant  
**Jim Bilka**, Judge Advocate  
**John Rizzo**, Service Officer  
**Dave Snyder**, Surgeon  
**Charlie Rodgers**, 1st Year Trustee  
**Dave Snyder**, 2nd Year Trustee  
**James Abercrombie**, 3rd Year Trustee

## Auxiliary Officers

**Sheila Snyder**, President  
**Linda Pipkin**, Senior Vice  
**Ed Molloy**, Junior Vice  
**Michael Buxton**, Treasurer  
(*Pending*), Secretary  
**Jan Bazdorf**, Chaplain  
**Sven Ricketts**, Guard  
**Vikki Hemmen**, Conductress  
**Maggie Horde Ortiz**, 1st Year Trustee  
**Nancy Hauer**, 2nd Year Trustee  
**Pat Alston Aldrich**, 3rd Year Trustee

## House Committee

**John Rizzo**, Chairperson  
**Allisen Earls**, Member  
**Dan Focht**, Member  
**Kerry Parsons**, Member  
**John Sullivan**, Member

## Canteen / Entertainment

**Kimberley Rivera**, Manager

## Volunteer Bartenders

**Dani Caton**  
**Sandy Curry**  
**Julie Kalogiannis**  
**Jessica McKittrick**  
**Darla Beery**

## Our Newsletter Supporters

**Alpine Artistic Florist (619) 445-7974**  
Jamie Lewis  
[www.alpineartisticflorist.net](http://www.alpineartisticflorist.net)

**Alpine Dentistry (619) 445-8896**  
Jonar R. Bonifacio DDS Dr. "B"  
[Alpine Dentistry](http://AlpineDentistry.com)

**Alpine Computer & Tutor (619) 277-7858**  
Duncan Marks

10 a.m. House Committee

11 a.m. General Meeting

## Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

## Contacting the Post

Phone: (619) 445-6040  
Fax: (619) 445-8740  
eMail: [csilvasr@aol.com](mailto:csilvasr@aol.com)

## Newsletter Submissions

Items for consideration may be emailed to [csilvasr@aol.com](mailto:csilvasr@aol.com) or mailed to the post at:

VFW Bert Fuller Post 9578  
Attention: **Carl Silva**  
844 Tavern Road  
Alpine, CA 91901

Please note: newsletter submission deadline is the 20th of the prior month.

## Our VFW Newsletter Supporters

Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!

## Post Membership Drive Ongoing

Please help build our Post's membership by referring those persons you know were veterans of foreign wars.

Please provide the name, email address and telephone contact information to either **Post Commander Jack Gauthier** or Post **Quartermaster Carl Silva** by calling the Post at (619) 445-6040. They will make contact and get the person started on membership enrollment.

Thank you for supporting our Post!



**Chris Wiley**  
Branch Manager  
NMLS License #240137  
619.846.8695 direct  
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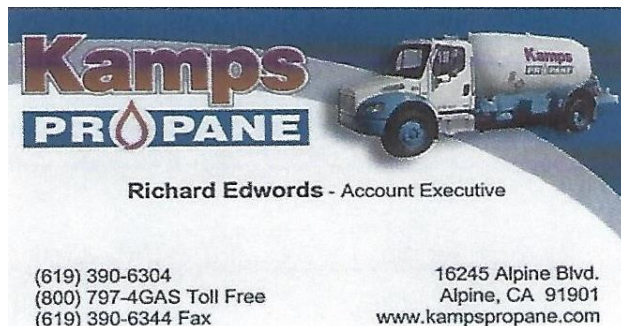
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References Upon Request



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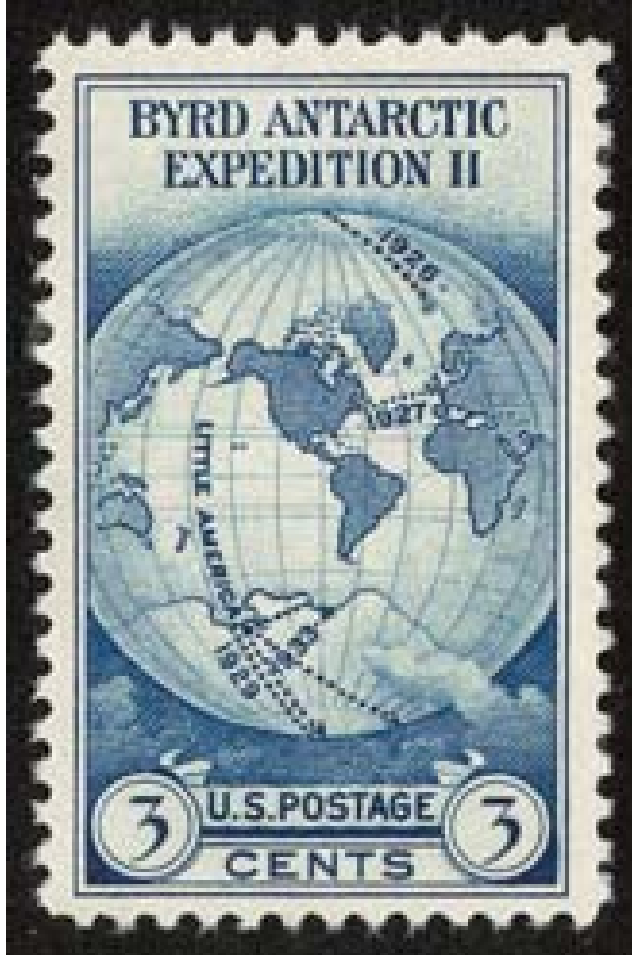
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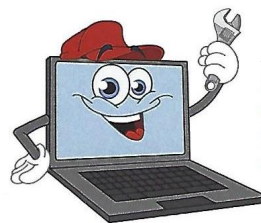
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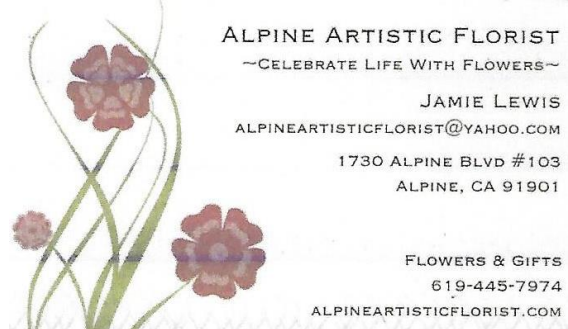
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## Post Entertainment April Schedule

Before coming to the Post for one of the events listed below, please first check your email for a Post notice that the scheduled event has not been cancelled/re-scheduled. If you are not sure, please call the Post at (619) **445-6040** before attending to ensure that the event is a "GO."

## SD County HSD Recommendations

We urge all to follow the basic steps recommended by the San Diego County Health Services Department:

### How to protect yourself

Practice everyday preventive actions to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use an alcohol-based hand sanitizer. It should be at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- **Clean and disinfect frequently touched objects and surfaces often.**
- Avoid close contact with people who are sick.
- If you are sick, stay home and keep your distance from others to protect them from getting sick too.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

## COVID-19 Resources

### California COVID-19 Resources

[CA COVID-19 Resources](#)

### CA Dept of Public Health

[CA Dept of Public Health](#)  
**San Diego County Health**  
[San Diego County](#)

# April 2021 Bert Fuller V.F.W. Post 9578 Events & Activities

(NOTE: Created by Theo. This schedule is tentative due to S.D. County HD requirements)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>COVID-19 SAN DIEGO COUNTY HEALTH DEPARTMENT NOTICE:</b> Stay home if sick. Wear a mask and practice "social distancing" (six feet). Wash hands and use sanitizer frequently.				<b>1 APRIL FOOLS DAY</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>2 GOOD FRIDAY</b>  6 – 10 p.m. <b>Karoke</b> by Fred Johnson	<b>3</b>  6 – 10 p.m. <b>LIVE Band</b>  "Brown Sugar Oldies"
<b>4 EASTER</b>  From 9 a.m.: PGA, NASCAR & other sports on 7 TVs!	<b>5</b>   6 p.m. <b>Texas Hold'em</b>	<b>6</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>7</b>  5 - 9 p.m. <b>Karoke</b> by Fred Johnson	<b>8</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>9</b>  6 – 10 p.m. <b>Karoke</b> by Fred Johnson	<b>10</b>  6 – 10 p.m. <b>LIVE Band</b>  "The New Cat-illacs"
<b>11</b>  From 9 a.m.: PGA, NASCAR & other sports on 7 TVs!	<b>12</b>   6 p.m. <b>Texas Hold'em</b>	<b>13</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>14</b>  5 - 9 p.m. <b>Karoke</b> by Fred Johnson	<b>15</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>16</b>  6 – 10 p.m. <b>Karoke</b> by Fred Johnson	<b>17</b>  6 – 10 p.m. <b>LIVE Band</b>  "Whiskey Ridge"
<b>18</b>  From 9 a.m.: PGA, NASCAR & other sports on 7 TVs!  2 p.m. Vince Rousset Memorial Service	<b>19</b>   6 p.m. <b>Texas Hold'em</b>	<b>20</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>21</b>  5 - 9 p.m. <b>Karoke</b> by Fred Johnson	<b>22 EARTH DAY</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>23</b>  6 – 10 p.m. <b>Karoke</b> by Fred Johnson	<b>24</b>  6 – 10 p.m. <b>LIVE Band</b>  "The Whole Sha-Bang"
<b>25</b>  From 9 a.m.: PGA, NASCAR & other sports on 7 TVs!	<b>26</b>   6 p.m. <b>Texas Hold'em</b>	<b>27</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>28</b>  5 - 9 p.m. <b>Karoke</b> by Fred Johnson	<b>29</b>  5 p.m. <b>FUN &amp; GAMES</b>	<b>30</b>  6 – 10 p.m. <b>Karoke</b> by Fred Johnson	<b>1 May</b>  <b>LIVE BAND TBA</b>

## April 2021 Bert Fuller V.F.W. Post 9578 Menu

(NOTE: Created by Theo. This schedule is *tentative* due to S.D. County HD requirements)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>COVID-19 SAN DIEGO COUNTY HEALTH DEPARTMENT NOTICE:</b> Stay home if sick. Wear a mask and practice "social distancing" (six feet). Wash hands and use sanitizer frequently.				<b>1 APRIL FOOLS DAY</b> 11 a.m. \$6 Lunch 5 p.m. Dinner by Sandy	<b>2 GOOD FRIDAY</b> 11 a.m. \$6 Lunch 5 – 7:30 p.m. \$12 Fish & Shrimp Dinner	<b>3</b> 10 a.m. – 3 p.m. \$8 Grilled Burgers & Hot Dogs 5 – 7:30 p.m. \$17 Ribeye Steak Dinner
<b>4 EASTER</b> 9 a.m. – 12:30 p.m. Breakfast 1 p.m. Lunch/Dinner TBA	<b>5</b> 11 a.m. \$6 Lunch 5 p.m. Dinner TBA	<b>6</b> 11 a.m. \$6 Lunch 5 p.m. \$3 Tacos by Nora	<b>7</b> 11 a.m. \$6 Lunch 5 p.m. Dinner TBA	<b>8</b> 11 a.m. \$6 Lunch 5 p.m. Dinner by Sandy	<b>9</b> 11 a.m. \$6 Lunch 5 – 7:30 p.m. \$12 Fish & Shrimp Dinner	<b>10</b> Noon – 3 p.m. <b>Chili Cook Off</b> 5 – 7:30 p.m. \$17 Ribeye Steak Dinner
<b>11</b> 9 a.m. – 12:30 p.m. Breakfast 3 p.m. \$10 Tri-Tip Meal by Julie	<b>12</b> 11 a.m. \$6 Lunch 5 p.m. Dinner TBA	<b>13</b> 11 a.m. \$6 Lunch 5 p.m. \$3 Tacos by Nora	<b>14</b> 11 a.m. \$6 Lunch 5 p.m. Dinner TBA	<b>15</b> 11 a.m. \$6 Lunch 5 p.m. Dinner by Sandy	<b>16</b> 11 a.m. \$6 Lunch 5 – 7:30 p.m. \$12 Fish & Shrimp Dinner	<b>17</b> 10 a.m. – 3 p.m. \$8 Grilled Burgers & Hot Dogs 5 – 7:30 p.m. \$17 Ribeye Steak Dinner
<b>18</b> 9 a.m. – 12:30 p.m. Breakfast 1 p.m. Lunch/Dinner TBA	<b>19</b> 11 a.m. \$6 Lunch 5 p.m. Dinner TBA	<b>20</b> 11 a.m. \$6 Lunch 5 p.m. \$3 Tacos by Nora	<b>21</b> 11 a.m. \$6 Lunch 5 p.m. Dinner TBA	<b>22 EARTH DAY</b> 11 a.m. \$6 Lunch 5 p.m. Dinner by Sandy	<b>23</b> 11 a.m. \$6 Lunch 5 – 7:30 p.m. \$12 Fish & Shrimp Dinner	<b>24</b> 10 a.m. – 3 p.m. \$8 Grilled Burgers & Hot Dogs 5 – 7:30 p.m. \$17 Ribeye Steak Dinner
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