

# VFW Bert Fuller Post 9578

## news & updates

January 2021 Alpine, CA



### Commander's Message



The **Post** had a wonderful start to 2020, but that all changed in March with the onset of the COVID-19 pandemic and resulting state and county orders and regulations. We have all been struggling as a country, state,

county and post to make sense of all that has happened because of Covid-19. With the advent of the vaccine and its deployment, hopefully some sense of normalcy in our lives will return. Until that happens, **Post 9578** will be here to help our members, veterans and community to the best of our ability.

In this newsletter, we have provided the link to the **Department of Veterans Affairs** information regarding the COVID-19 vaccination. Please take the time to sign up to receive more information.

We ended 2020 with a kitchen rehab project that will last into the New Year. Be patient with us as we remodel the kitchen. **Friday Fish Fry** dinners will be temporarily suspended while this remodel is happening. Meals will still be served. Menu

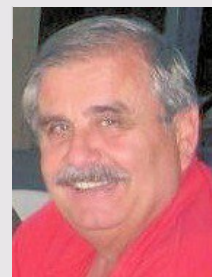
### Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



### Quartermaster's Report

A famous American professional baseball catcher (and later coach) **Yogi Berra** was quoted as saying "*It ain't over till it's over*" which is good to keep in mind regarding our COVID-19 situation. I had hoped that this virus



which has invaded our lives would soon be over; but now it appears that it will continue to disrupt our Post operations into the first of the new year.

As **Quartermaster**, I must maintain a positive business outlook for the **Post** during this situation; but I am concerned that we cannot get back to normal operations soon enough!

I want to thank our members, our auxiliary, staff and the local community who have supported our **Post** with donations, food & beverage purchases and expressed concern for the **Post's** welfare.

In my 10 years serving as **Post Quartermaster**, I have never received so many questions concerning our **Post's** financial strength and business in general. Overall, we are in good shape and are underway on a complete kitchen remodel. We are thankful for the wonderful partnership with Chef **Bobby Jefferies** and the **East County Transitional Living Center (ECTLC)** for its assistance with our food service operations.

Please continue to support our **Post** and visit us often.

Members, please make every effort to

to be determined. **Saturday Steak dinners** and **Sunday Breakfasts** will continue.

Our Tuesday and Wednesday game night groups collected and donated toys to the **USMC Reserve TOYS FOR TOTS** program (see photos below). Thank you to all participants.

Please continue to stay safe, follow the health guidelines and limit any exposure.

**Happy New Year** to all!

**Jack**

Post Commander  
Jack Gauthier

### **Post 9578 Helps USMC Reserve Toys for Tots Program!**

Members of **VFW Post 9578** participated in the December 2020 **Toys For Tots** program coordinated by the **U.S. Marine Corps Reserve**.



attend our **General Meeting** at 11 a.m. on Saturday, January 9<sup>th</sup> to learn more about our current situation and plans for future growth during 2021.

I am always available 24/7 to assist you in my capacity of **Post Quartermaster**.

**Carl**

Quartermaster  
Carl Silva

## **House Committee Report**



Comrades:

Boy, I'm sure all of us will be glad when the restrictions are over and we can get back to normal operations.

Anyway, we have been working on updating the kitchen, putting in a floor drain, new floor and dishwasher as well. In the next few weeks after everything is completed, we will need help putting all of the dishes, stove and refrigerators back in place. We will send out an email with the time and date.

We will still be serving food every night of the week. The **Friday Fish Fry** dinners won't be happening for a while until the kitchen update is complete.

I hate to be redundant, but if you come into the **Post**, please wear a mask as masks are still required until we get the all clear. They are meant for everyone's protection against the virus; our **Post's** membership age and demographics are at high risk for the virus. So please wear a mask when you come to the **Post** and are standing or walking around, this goes for everyone.

I hope you all had a safe and Merry Christmas, and I'm sure we are all glad that 2020 is now behind us. God Bless and hope to see you up at the **Post**.

**John**

House Committee Chair  
John Rizzo

NEW, UNWRAPPED TOYS ONLY



U.S. MARINE CORPS RESERVE



## Auxiliary President's Message



Hello everyone, Happy New Year 2021!

Hoping you all had a safe and peaceful holiday season.

We made it, but not without new pandemic regulations and restrictions along the way. The lockdown order forced the **Post** closure, so no holiday party or **New Year's Eve** festivities were available for member and guest celebrations.

Our December meeting was held via teleconference (even with the uncertain SDG&E power outages due to the high winds in the area). Although the online meeting notification email blast went out to 100+ members, we had nine members participate online.

We approved six new member applications, which included three transfers and three new membership requests. Of the six, five welcome letters were sent, noting our next meeting and if they would like to participate. We are trying to determine the location of one member app for submittal and pending welcome letter as well.

We are nearing 100% in membership, and hopefully at the time this article is out, we will have made that goal with the annual renewals completed and the six incoming applications.

As **Bob Bealo** has stepped down as Treasurer, we nominated and elected **Michael Buxton**, a new **Post 9578 Auxiliary** member, to take the reins and receive training to cover the remaining few months of this term, through June 2021. Please welcome **Michael** as the new line officer, as he will be in learning mode for

## VFW Post 9578 Hours of Operation for January 2021

The Post will observe the following business hours during January:

Sundays: 9 a.m. - close  
Mondays: 11 a.m. - close  
Tuesdays: 11 a.m. - close  
Wednesdays: 11 a.m. - close  
Thursdays: 11 a.m. - close  
Fridays: 11 a.m. - close  
Saturdays: 9 a.m. - close

Note: the **Post** closing time is dependent upon attendance and varies per day. *Under no circumstances will the Post be open past 10 p.m.* to comply with San Diego County Health Department COVID-19 regulations.

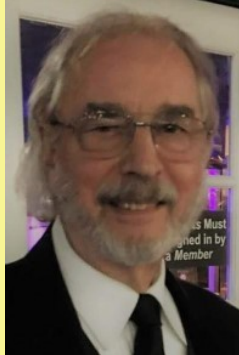
As COVID-19 case increases are continuing in San Diego County, please do your best to comply with state and county guidelines at all times and **do not, under any circumstances, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.**

Please be sure to wear your mask and follow social distancing rules.

If you have questions on the guidelines please call the **Post** at **(619) 445-6040**.

## Chaplain's Message

Let us reflect on the past year and consider better things to come in 2021! We all should hope to be healthy, happy, warm, peaceful, productive and prosperous as well (your Chaplain prays for this for all of mankind).



*Heavenly Father, we look forward to what the new year will bring. May we continue to grow spiritually and strive to be a good as we can be. Help us to be more kind and considerate of our fellow beings on this earth. Please, Lord, watch over every man and woman serving in foreign lands in the armed forces of the United States of America. Bless them with confidence and courage, and bring them home safely. AMEN.*

Sadly, I report the passing of two of our **Post** members last month: **Life Member Terry Eberle**, U.S. Navy veteran and **Annual Member Ron Campbell**, U.S. Air Force Vietnam veteran. Let us pray for them.

*O God of mercy, peace, and love, we remember before you in this moment our friends and fellow veterans **Terry Eberle** and **Ron Campbell**. We recall with respect all that they stood for in this life. Help us to live in the companionship of their spirit. May we be kind to the friends and family they cared for; devoted to the community in which they lived; and loyal to the causes which they served. Thus, in our lives and hearts, may **Terry** and **Ron** live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN.*

### **Theo**

Post 9578 Chaplain  
Theodore Bazdorf



to come. He has previous experience and expertise with non-profits and financial background.

We will be having nominations and election in April 2021 for all positions (which will be discussed in detail later in the March 2021 newsletter).

All donations for programs have been sent in by **Bob**, so we will have credits listed by end of the year to meet District and Department requirements.

During the meeting, I announced that we had received a generous donation of **\$1,000** from an anonymous contributor. The check will be utilized for our **General Relief Fund**. A thank you letter was sent to the donor on behalf of our Auxiliary for that person's kindness and sincere appreciation of our work for, with and on behalf of veterans.

Please note that our next meeting (teleconference) is scheduled for **10 a.m. Saturday, January 2nd**. The invitation email will be sent out to all with the options to do via phone or computer access.

As soon as restrictions are revised, we hope to have our February 2021 meeting on site at the Post for more members to attend, again on a 6' distance basis and masks as required.

We will have copies of the new 2021 bylaws coming in and available for those who would like to purchase an updated version.

Please join us for the January teleconference, for a new year and fresh start to see where we are for events, community outreach options and perhaps the **Valentine's Bake Sale** for February. We always have a great response and many folks spending monies for delectable goodies by our Auxiliary!

Any questions or concerns, please let me know. I can be reached via email at **sheilajo9578@cox.net** or by phone at (619) 990-0536.

Please stay healthy and safe, we need everyone! Here is to a better 2021 to all.

Respectfully submitted,

### **Sheila Jo**

Auxiliary President  
District 1 Auxiliary Chaplain 2019 - 2020  
Sheila Jo Toor-Snyder

## Veterans Affairs Information On COVID-19 Vaccines at VA

We're working closely with the Centers for Disease Control and Prevention (CDC) and other federal partners to provide COVID-19 vaccines to Veterans and VA health care personnel. We know you have a lot of questions, and information is changing quickly. Please check back often for updates. We'll continue to update this page as we have new information to offer.

### Stay informed and help us prepare

Sign up for an easy way to stay informed about our COVID-19 plans. When you sign up, we'll also ask about your interest in getting a vaccine when one is available to you. By sharing your interest, you can help us better prepare as we work to offer vaccines to more Veterans.

#### [Sign up here to stay informed:](#)

Note: You don't need to sign up to get a vaccine.

### Who will get a COVID-19 vaccine first?

The Food and Drug Administration (FDA) has authorized the first COVID-19 vaccine. We'll have a limited amount of this vaccine to start.

We've worked with the CDC and other federal partners to develop a phased plan. Our goal is to do the most good for the most people during this time.

Under this plan, we'll first offer vaccines to these 2 groups:

- Veterans living in our long-term care facilities, and
- VA health care personnel. Vaccinating our high-risk VA health care personnel helps us continue providing care for Veterans.

We based this plan on these criteria from CDC guidelines:

- Risk of becoming infected with the virus
- Risk of severe illness and death from COVID-19
- Risk of spreading the virus to others
- Risk of harm to society if essential workers, including health care personnel, are unable to work

After the first 2 groups, we'll begin to offer vaccines to more Veterans who are at high

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link: [VFW Post 9578 Auxiliary](#)

## Auxiliary Chaplain's Message



2021... we have been waiting for you!!! A new beginning!

*New Year's Day is the first page in a blank book: Write a phenomenal story! "For last year's words belong to last year's language. And next year's words await another voice." —T.S. Eliot*

*"No matter how hard the past is, you can always begin again." — Jack Kornfield*

*Time is like a flowing river, no water passes beneath your feet twice; much like the river, moments never pass you by again, so cherish every moment that life gives you.*

My New Year's prayer for you and your family is to find peace and contentment with whatever comes along in 2021. There have been many hardships for so many this past year. We need to pull together more than ever. Support each other. Love each other. Keep your happy spirit alive and you will be able to weather anything that 2021 has in store.

*At the dawn of the new year, I'm filled with hope for what is to come, and I have thankfulness in my heart for what has already passed. I pray that I will keep my focus where it needs to be this year and that we'll all have a year filled with joy, love, health, and happiness.*

Thank you to everyone that contributed to our **Alpine VFW Post 9578** during 2020 in any way. Thank you to those that helped our Veterans. Let us resolve to help more. Volunteer more. Become involved in our Community and in our Post. Please consider asking friends to become a member of our Post or our Auxiliary in the New Year. Any of our Officers can help you with that. And in these ways, we will all be blessed.

Wishing you Peace and Joy in the New Year!

risk of severe illness from COVID-19.

If you're eligible to get a vaccine, your VA health care team will contact you. You don't need to come to a VA facility to request or receive a vaccine until we contact you. Our staff can't provide vaccines to anyone who isn't eligible at this time.

### **Who is at increased risk of severe illness from COVID-19**

We'll follow CDC guidelines for determining who is at high risk of severe illness or death from COVID-19. Factors that may influence the risk of severe illness include the following:

- Age. The risk of severe illness or death from COVID-19 increases with age.
- Existing health problems. People with certain health problems (like diabetes, heart disease, or obesity) have a higher risk of severe illness or death from COVID-19.
- Other factors that raise a person's risk of severe illness or death from COVID-19, such as living in a nursing home or other group living facility.

### **Basic information about getting your vaccine at VA**

As the supply of vaccine increases, we'll work with our care teams to let Veterans know their options.

### **Where we'll offer vaccines**

The first authorized COVID-19 vaccine requires special storage and handling. Because of this, we'll start by offering vaccines through certain VA medical centers.

When more vaccines are available, we'll determine when we can provide vaccines through our community provider network.

### **Eligibility and cost**

When more vaccines become available, we plan to offer a free COVID-19 vaccine to all Veterans receiving VA health care who want one.

Your team will contact you when a vaccine is available to you. If you decide to get the vaccine, your team will help you schedule your appointments.

If you're not currently receiving health care through VA, you can apply now:

## **Jan**

Post 9578 Auxiliary Chaplain  
Jan Bazdorf

### **Canteen Manager's Message**



We will have a raffle at month-end, so we are looking for donated items. Tickets are \$1 each or six for \$5. The Raffle will be held after a sufficient number of tickets are sold.

Remember that the Post conducts a raffle basket once a month, so I am always looking for donations - if you have anything to donate, please bring it to the Post. Thank you for helping our Post!

For Post Raffle and 50/50 tickets: please put your name and contact number on all Post Raffle and 50/50 tickets that you purchase since you do not have to be "present" to win!

Our new **Game Night** for **Wednesday** nights along with **Tuesday** nights continue to be a big hit! Come on out and join us (and be sure to bring your best "game face")!

We very much appreciate your continued support (and patience!) during this time of uncertainty.

Please continue practicing safe distancing and wearing your mask while entering the **Post** and moving around.

Canteen will continue its normal business hours for outdoor dining on our beautiful Patio with its great scenic views. Entertainment is still restricted till further notice. Hopefully entertainment will be back soon; events will resume when the San Diego County Health Department COVID-19 restrictions on events are changed.

### **Kimberley**

Canteen / Entertainment Manager  
Kimberley Rivera

### **Buy A Mask - Help The Post**

On **Saturdays** from **10 a.m. - 7 p.m.**, **Caroll** sells her handmade aprons, tote

## [Apply for VA Healthcare](#)

### Safety

The U.S. vaccine safety system ensures that all vaccines are as safe as possible. Safety is a top priority while federal partners work to make a COVID-19 vaccine available.

We'll closely monitor everyone who gets a COVID-19 vaccine for reactions, side effects, or adverse events. An adverse event is an injury or harm that happens to someone after they receive a vaccine, which may or may not have been caused by the vaccine.

We'll report this information in our vaccine monitoring and tracking system. This is the same system we use to monitor reactions to all vaccines, including those for the flu and shingles.

### Privacy

We'll share the same information with the CDC that we share for other vaccines. This includes the following information:

- Demographic information (like age, gender, race, and ethnicity) that helps the CDC understand which groups of people are receiving the vaccine
- Adverse reactions to the vaccine

We will not share names or street addresses.

Source: U.S. Veterans Affairs

## [COVID-19 Vaccines at VA](#)

### Popular Friday Fish Fry Dinners On Hold Until Post Kitchen Remodel is Complete

The Post will email out a message to members and auxiliary when the Friday Fish Fry Dinners will resume.

bags, bibs and face masks (assorted designs and fabrics) from **10 a.m. - 7 p.m.** Carroll donates **\$5** from each sale to our **Post!**

Come and see her beautiful works of art which make great **Christmas** and holiday gifts!

### Carroll's Handmade Aprons at the Alpine VFW



**Saturdays 10am-7pm**

**Mens, Womens, Kids sizes**

**Aprons, Tote Bags, Bibs,**

**Facemasks - All with assorted  
designs and fabrics**

**For every Item bought, Carroll  
donates \$5 to the VFW**

**Burgers or Hot Dogs with all the  
fixin's for \$7 By the ECTLC from  
10-3pm and Steak Dinner 5-8pm**

**844 TAVERN RD ALPINE, CA**

**VFW 9578 ALPINE**



### **SATURDAY DINNER MENU**

**5-8PM**

**• Ribeye Steak, Baked Potato,  
Corn and Dinner Roll \$15**

**• Shrimp Skewer \$5**



Stay Connected with our up to date Facebook:

[@AlpineVFW9578](#) or: [www.vfw9578.com](http://www.vfw9578.com)

VFW 9578 ALPINE

## FRIDAY DINNER MENU

- **2 Pc Fish, Fries & Coleslaw**
- **10 Pc Shrimp, Fries & Coleslaw**
- **1 Pc Fish, 5 Pc Shrimp, Fries & Coleslaw** \$12
- **Shrimp Cocktail** \$8
- **Chicken Sandwich, Fries and Coleslaw**
  
- **Salad \$3**
- **Salad add Shrimp \$6**



Stay Connected with our up to date Facebook: [@AlpineVFW9578](#)  
or: [www.vfw9578.com](http://www.vfw9578.com)



VFW 9578 ALPINE

## SUNDAY BREAKFAST MENU

- **Bacon, Eggs, Potatoes & Toast**
- **Sausage, Eggs, Potatoes & Toast**
- **Chicken Fried Steak, Eggs, Potatoes & Toast**



\$10

- **Biscuits and Gravy**

\$5

- **Ribeye Steak, Eggs, Potatoes & Toast**

\$15

9:00-12:30

Open to Public for Meals

Stay Connected with our up to date Facebook: [@AlpineVFW9578](#)  
or: [www.vfw9578.com](http://www.vfw9578.com)



## FYI for Post Members!

**House Committee Meetings** are held every **second Saturday of the month** at **10 a.m.**

**Post Member meetings** are held **every second Saturday of the month** at **11 a.m.**

Show your pride in our **Post** by letting people know you are a member of our VFW!

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### VFW Bert Fuller Post 9578

#### Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

#### VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

#### VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

#### Post Officers & Trustees

**Jack Gauthier**, Commander  
**John Sullivan**, Senior Vice Commander  
**Juan Finch**, Junior Vice Commander  
**Carl Silva**, Quartermaster  
**Theo Bazdorf**, Chaplain  
**Sean Lynch**, Adjutant  
**Jim Bilka**, Judge Advocate  
**John Rizzo**, Service Officer  
**Dave Snyder**, Surgeon  
**Charlie Rodgers**, 1st Year Trustee  
**Dave Snyder**, 2nd Year Trustee  
**James Abercrombie**, 3rd Year Trustee

#### Auxiliary Officers

**Sheila Snyder**, President  
**Linda Pipkin**, Senior Vice  
**Ed Molloy**, Junior Vice  
**Michael Buxton**, Treasurer

#### Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their post privileges and not allowed on Post property in the future.

#### Post Hours of Operation

*(Subject to change without advance notice - call Post for details)*

Monday - Friday: 11 a.m. to Closing (8 p.m.)

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 8 p.m.

Saturday & Sunday: 9 a.m. to Closing (8 p.m.)

#### Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

#### Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

#### Contacting the Post

Phone: (619) 445-6040  
Fax: (619) 445-8740  
eMail: csilvasr@aol.com

#### Newsletter Submissions

Items for consideration may be emailed to csilvasr@aol.com or mailed to the post at:

VFW Bert Fuller Post 9578  
Attention: **Carl Silva**.  
844 Tavern Road  
Alpine, CA 91901

(Pending), Secretary  
**Jan Bazdorf**, Chaplain  
**Sven Ricketts**, Guard  
**Vikki Hemmen**, Conductress  
**Maggie Horde Ortiz**, 1st Year Trustee  
**Nancy Hauer**, 2nd Year Trustee  
**Pat Alston Aldrich**, 3rd Year Trustee

#### House Committee

**John Rizzo**, Chairperson  
**Allisen Earls**, Member  
**Dan Focht**, Member  
**Kerry Parsons**, Member  
**John Sullivan**, Member

#### Canteen / Entertainment

**Kimberley Rivera**, Manager

#### Volunteer Bartenders

**Yvonne Brierley**  
**Holly Campbell**  
**Dani Caton**  
**Sandy Curry**  
**Julie Kalogiannis**  
**Jessica McKittrick**

#### Our Newsletter Supporters

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**East County Karate (619) 627-4850**  
Nathan Morton  
<http://ecmartialart.com>

**Kamps Propane (619) 390-6304**  
Richard Edwards

Please note: newsletter submission deadline is the 20th of the prior month.

#### Our VFW Newsletter Supporters

Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!

#### Post Membership Drive Ongoing

Please help build our Post's membership by referring those persons you know were veterans of foreign wars. Please provide the name, email address and telephone contact information to either **Post Commander Jack Gauthier** or **Post Quartermaster Carl Silva** by calling the Post at (619) 445-6040. They will make contact and get the person started on membership enrollment.

Thank you for supporting our Post!



**Chris Wiley**  
Branch Manager  
NMLS License #240137  
619.846.8695 direct  
800.920.3145 toll free  
619.722.6139 fax  
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Chris Wiley  
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Richard Edwards - Account Executive

(619) 390-6304  
(800) 797-4GAS Toll Free  
(619) 390-6344 Fax

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ALPINEDENTISTRY.COM

**East County Karate**  
We Teach Attitudes First

**Nathan Morton**

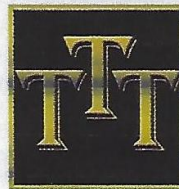
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Lakeside, CA 92040

**(619) 627-4850**

**NathanMorton619@gmail.com**

**Three T RV**

Tim Tracey



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VIKKI HEMMEN

3947 9th Ave. #2  
San Diego, CA 92103

References Upon Request



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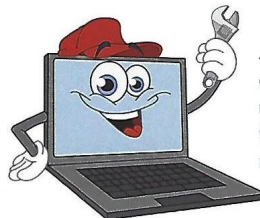
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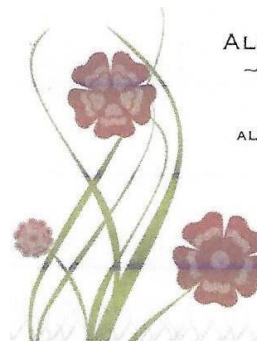


Just have a question about your computer, laptop, printer, wi-fi/home network or software programs? Contact your friendly local "on call" mobile computer tech today!

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Tentative

## Post Entertainment January Schedule

Before coming to the Post for one of the events listed below, please first check your email for a Post

notice that the tentatively scheduled event IS going to take place.

If you are not sure, please call the Post at (619) **445-6040** before attending to ensure that the event is a "GO."

## **SD County HSD Recommendations**

We urge all to follow the basic steps recommended by the San Diego County Health Services Department:

### **How to protect yourself**

Practice everyday preventive actions to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use an alcohol-based hand sanitizer. It should be at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- **Clean and disinfect frequently touched objects and surfaces often.**
- Avoid close contact with people who are sick.
- If you are sick, stay home and keep your distance from others to protect them from getting sick too.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

## **COVID-19 Resources**

### **California COVID-19 Resources**

[CA COVID-19 Resources](#)

### **CA Dept of Public Health**

[CA Dept of Public Health](#)  
**San Diego County Health**  
[San Diego County](#)

## January 2021 Bert Fuller V.F.W. Post 9578 Events & Activities

(NOTE: Created by Theo. This event schedule is tentative due to S.D. County HD requirements)

| Sun   | Mon  | Tue  | Wed  | Thu   | Fri   | Sat                                  |
|---|--|--|--|---|---|--------------------------------------|
| <b>SD Diego County Public Health Orders:</b><br>Stay home if sick<br>Wear mask & practice "social distancing" (six feet)<br>Wash hands/use sanitizer frequently |  |  |  |   | <b>1 NEW YEAR'S DAY</b><br>NO Karaoke until further notice! | <b>2</b><br><br>(No Band Scheduled)  |
| <b>3</b><br>From 9 a.m.:<br>NFL, NASCAR & other<br>sports on 7 TVs  | <b>4</b><br><br>6 p.m.<br>"Texas Hold 'em"   | <b>5</b><br><br>5 p.m.<br>"Fun & Ga.m.es"  | <b>6 EPIPHANY</b><br><br>5 p.m.<br>"Fun & Ga.m.es" | <b>7</b><br><br>NO Karaoke until further notice!  | <b>8</b>  | <b>9</b><br><br>(No Band Scheduled)  |
| <b>10</b><br>From 9 a.m.:<br>NFL, NASCAR & other<br>sports on 7 TVs   | <b>11</b><br><br>6 p.m.<br>"Texas Hold 'em"  | <b>12</b><br><br>5 p.m.<br>"Fun & Ga.m.es" | <b>13</b><br><br>5 p.m.<br>"Fun & Ga.m.es"         | <b>14</b><br><br>NO Karaoke until further notice! | <b>15</b>   | <b>16</b><br><br>(No Band Scheduled) |
| <b>17</b><br>From 9 a.m.:<br>NFL, NASCAR & other<br>sports on 7 TVs   | <b>18 M.L. KING, JR. DAY</b><br><br>6 p.m.<br>"Texas Hold 'em"                     | <b>19</b><br><br>5 p.m.<br>"Fun & Ga.m.es" | <b>20</b><br><br>5 p.m.<br>"Fun & Ga.m.es"         | <b>21</b><br><br>NO Karaoke until further notice! | <b>22</b>   | <b>23</b><br><br>(No Band Scheduled) |
| <b>24</b><br>From 9 a.m.:<br>NFL, NASCAR & other<br>sports on 7 TVs   | <b>25</b><br><br>6 p.m.<br>"Texas Hold 'em"  | <b>26</b><br><br>5 p.m.<br>"Fun & Ga.m.es" | <b>27</b><br><br>5 p.m.<br>"Fun & Ga.m.es"         | <b>28</b><br><br>NO Karaoke until further notice! | <b>29</b>   | <b>30</b><br><br>(No Band Scheduled) |
| <b>31</b><br>From 9 a.m.:<br>NFL, NASCAR & other<br>sports on 7 TVs   | Check your email often for any event & activities updates from your VFW Post 9578! |  |  |   |   |                                      |

## January 2021 Bert Fuller V.F.W. Post 9578 Menu

(NOTE: Created by Theo. This schedule is tentative due to S.D. County HD requirements)

| Sun   | Mon   | Tue  | Wed   | Thu  | Fri   | Sat  |
|---|---|--|---|--|---|--|
| <b>Check your email often for any food service updates from your VFW Post 9578!</b> |   |  |   |  | <b>1 NEW YEAR'S DAY</b><br>11 a.m. \$5 Lunch<br><br>5 – 8 p.m. Fish & Shrimp Dinner | <b>2</b><br>10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs<br><br>5 – 8 p.m. \$15 Rib-eye Steak Dinner  |
| <b>3</b><br>9 a.m. – 12:30 p.m. Breakfast<br><br>1 p.m. Lunch/Dinner TBA            | <b>4</b><br>11 a.m. \$5 Lunch<br><br>5 p.m. Dinner TBA  | <b>5</b><br>11 a.m. \$5 Lunch<br><br>5 p.m. \$3 Tacos by Nora  | <b>6 EPIPHANY</b><br>11 a.m. \$5 Lunch<br><br>5 p.m. Donato's Pizza \$2 per Slice | <b>7</b><br>11 a.m. \$5 Lunch<br><br>5 p.m. Dinner by Sandy  | <b>8</b><br>11 a.m. \$5 Lunch<br><br>5 – 8 p.m. Fish & Shrimp Dinner                | <b>9</b><br>10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs<br><br>5 – 8 p.m. \$15 Rib-eye Steak Dinner  |
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| <b>31</b><br>9 a.m. – 12:30 p.m. Breakfast<br><br>1 p.m. Lunch/Dinner TBA           | <b>SD Diego County Public Health Orders:</b><br>Stay home if sick<br>Wear mask & practice "social distancing" (six feet)<br>Wash hands/use sanitizer frequently |  |   |  |   |  |

VFW Bert Fuller Post 9578  
 (619) 445-6040  
[www.vfw9578.com](http://www.vfw9578.com)

