

VFW Bert Fuller Post 9578

news & updates

October 2020 Alpine, CA



Commander's Message



On September 18, during our **Famous Fish Fry**, we held a **POW / MIA** ceremony that was well attended. This important Ceremony paid homage to the **83,193 Americans** still missing and unaccounted for.

Please keep them in your thoughts and prayers.

We are deeply saddened that will not be able to hold our **Annual Deep Pit Barbecue** this year due to Covid-19 and ensuing regulations. This our biggest event every year and brings people that we rarely see to the Post to share in the fellowship.

COVID-19 has been quite a challenge to work around and definitely caused hardships on some of our Post Members. Please keep in mind - if you know of any veterans (who may or may not be current members) in the local area who need help, please let **Post Quartermaster Carl** or I know and we'll arrange to get them the help they need.

We will do all we can - you are all important

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



Quartermaster's Report

Our **Post 9578** membership is growing at an amazing pace. We all face difficult times and our operation here has had a few problems, but people still find our Post the best choice for food, beverage and fellowship - now and in the future.



I am available 24/7 to assist in the signing of new members in either the **Post** or the **Post Auxiliary**.

Sadly, I wish to report the passing of **Life Member Paul Shealy**. Paul had been a **POW** and was living in Texas, but kept his VFW Post membership here. He was a close friend of **John Vorburger**, another **Life Member** of our Post.

The recent Post **POW/Missing in Action** ceremony conducted by **Post Commander Jack**, **Post Chaplain Theo** and I went very well. There was not a dry eye on our deck. We extend our thanks for all who attended this special event.

Please make every effort to attend our next **Post General Meeting** at 11 a.m. on **Saturday, October 10th** to participate in the operation of our wonderful Post.

I am always available 24/7 to you in my capacity as **Post Quartermaster**.

Carl
Quartermaster
Carl Silva

to us.

So please do your best to comply with state and county guidelines at all times and **do not, under any circumstance, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.** If you have questions on the guidelines please call the Post at (619) 445-6040.

Please continue to stay safe, follow the health guidelines and limit any exposure.

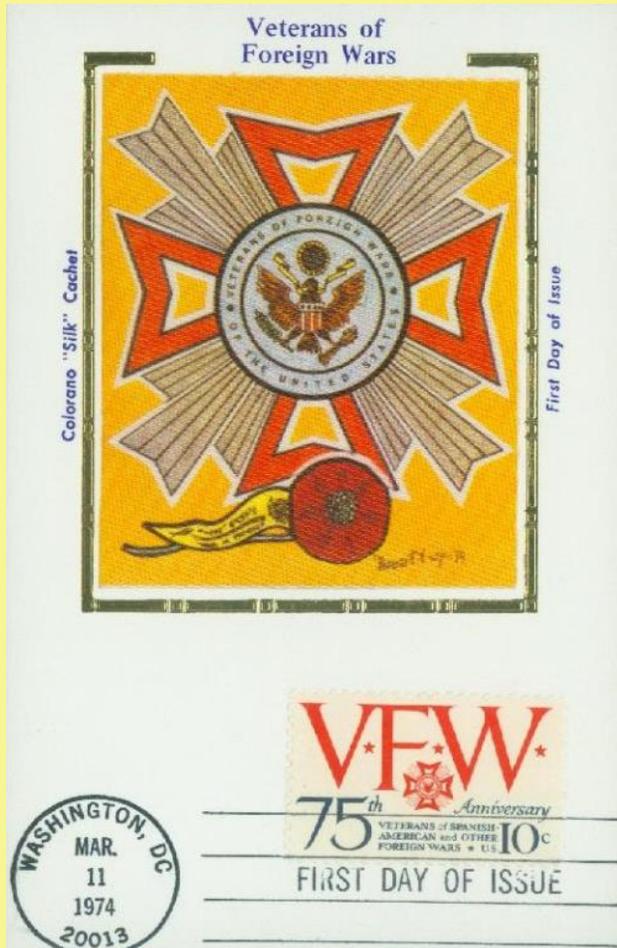
Jack

Post Commander
Jack Gauthier



Pictured above at the **VFW Post 9578 POW/Missing in Action** ceremony was presenters (L to R): **Post Quartermaster Carl, Post Commander Jack and Post Chaplain Theo.**

VFW Post 2111 Chula Vista Veteran Home Virtual 2020 Vet Walk



Chula Vista Veteran Home
VIRTUAL
2020 VET WALK

Saturday, November 7th at 9 AM

How do you support this year's Vet Walk?

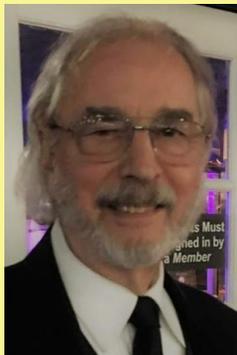
1. Take a walk in your favorite Veteran, Military, or past Vet Walk t-shirt!
2. Take a Selfie or quick Video showing your support!
3. Submit your media to vfwp2111.org by 2pm on December 1st!

THANK YOU FOR SUPPORTING OUR SENIOR VETERANS
2020 HOLIDAY PARTY!

For more information or to make a monetary donation, please contact us at theveteranswalk@vfwp2111.org or visit our website VFWPost2111.org

Chaplain's Message

Halloween (originally "All Hallows' Eve") celebrated on **October 31st** follows a 1,200 year-old Celtic tradition of honoring all of the departed on the following day, November 1st.



Also on that date, the **Roman Catholic** and

House Committee Report



Comrades:
I hope that you and your family are doing well during these trying times. We have opened up the post a little bit more to the 25% maximum.

Starting October 1st, just for our **Post life members**: every day at the Post, when you buy one drink you will receive a chip for your next drink. You will have to show the bartender your **Life Member's** card and sign for the chip, along with providing your credit card information for the drink purchased.

Episcopal Churches continue the tradition by celebrating the lives of all saints, known and unknown, on "**All Saints' Day**." In **Mexico** for example, "**All Saints' Day**" coincides with the "**Day of the Dead**." "**All Souls' Day**" follows on November 2nd to recognize all those millions of earthly souls who have passed before us.

Almighty God, we thank you for life. We thank you for those who have lived with us and now dwell in a new and different way and place. This is a season of remembrance and sadness, but it is not a season for fear or despair. We have hope and faith that allows us to rest here and now and enjoy our moments with you. Remove the fear of death from our lives, and lead us to trust you for every moment and forever. AMEN.

This summer three of our Post's **life members** passed away – **Fernando Caro, Clyde Schenk** and **Paul Shealy**. Let us remember them in prayer:

*O God of mercy, peace, and love, we remember before you in this moment our friends and fellow veterans **Fernando Caro, Clyde Schenk** and **Paul Shealy**. We recall with respect all that they stood for in this life. Help us to live in the companionship of their spirit. May we be kind to the friends and family they cared for; devoted to the community in which they lived; and loyal to the causes which they served. Thus, in our lives and hearts, may **Fernando, Clyde** and **Paul** live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN.*

Theo

Post 9578 Chaplain
Theodore Bazdorf

Mark your calendars:

On **Veteran's Day**, Wednesday, Nov. 11, **VFW Post Adjutant Sean Lynch** and his wife will be serving hamburgers and hot dogs to veterans **at no cost** from 11 a.m. to 3 p.m.

Although we are not going to be able to hold any large parties or events at the Post for a while (due to the current COVID-19 restrictions), we are going to have a **Thanksgiving Dinner**. We are working out the details at this time.

Starting at the end of this month, all of the food service will be provided from the kitchen. We are working on a plan to convert the old BBQ area to make a platform to cook from in the future. So please be patient with the servers.

If you as a member need to address a problem with the Post or staff in the future please be specific. All correspondence needs to be in writing to the **House Committee** and signed. If you are a member, please bring it to the monthly meeting so it can be properly discussed. The **House Committee** is here to address any issues that may arise.

Hopefully in the next few months, we can start having some bigger events at the post, stay tuned.

John

House Committee Chair
John Rizzo

Auxiliary President's Message



Hello everyone!
Welcome to October!
Lovely fall time and hopefully weather will cool down after having the rough days of 110 degrees (or higher!) from Labor Day weekend.

First, a thank you to **Commander Jack** and our great Post helper, **Bill** for setting up the tables and chairs for our Sept. 5 meeting which worked out great!

Our **Junior Vice President**, (and former **Eagle Scout** himself!) **Ed Molloy**, kindly handled the presentation of an award and National Auxiliary HQ letter to **Scout Master Derrick Davis** and his son **Michael**,



from our local **Alpine Boy Scout Troop 105**. Two of their scouts participated in an event about flag retirement last year and I had created a report with photos to submit for documentation of same. Troop 105 received a “National Aloha Award” from (now past) **President Peggy Haake** for their contribution “**Youth Activities Supporting our Troops**”. Mr. **Davis** was moved to tears at the announcing of the formal letter and award, and the members and guests in attendance applauded upon conclusion.

Bob mentioned his pending resignation as **Treasurer** at the August teleconference meeting and a subsequent email to me for same, during new business, I opened the nomination and election procedure for anyone who wanted to step up as replacement. I cannot perform the position; I am already Aux President and cannot countersign my own checks. There were no immediate nominations. **Bob** mentioned he would consider handling the Treasurer position again, however, since he had resigned, someone within Aux had to nominate him for same. He will stay on for time being until further notice.

New member **Suzie Hirzel** was initiated, with her husband **Tom** doing the honors of ‘pinning’ his wife with her new **Life Member** pin. Please kindly welcome both to our Post next time you see them.

Our District Inspection will be done on Sat. Oct. 3, at 9 a.m. downstairs prior to our regular meeting. District officers will include **Dist. 1 President Rachel Luke, Sr. VP Maria Jimenez, Chaplain Diana Kulhanek, and Conductress Leanna Brown**. For this specific meeting, I will be in my regular status as **Auxiliary President** and not as **Dist. 1 Jr. VP**.

We will again attempt to have someone step up to volunteer as **Secretary** to take over as **Anna** has stepped down. If you would like to please handle the duties, kindly contact myself regarding the details.

Keeping everyone in our thoughts for the **Valley** fire southeast of **Alpine** and the first responders who brought that dangerous condition down as soon as possible. We need that cooler weather for fall!

Please continue to stay safe to keep the County COVID-19 numbers on the pandemic down so we may have future fundraisers from Auxiliary.

Any questions or concerns, please let me know. I can be reached via email at

VFW 9578 ALPINE



SATURDAY DINNER MENU

5-8PM

• **Ribeye Steak, Baked Potato, Corn and Dinner Roll \$15**

• **Shrimp Skewer \$5**



Stay Connected with our up to date Facebook:
[@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578) or: www.vfw9578.com

sheilajo9578@cox.net or by phone at (619) 990-0536.

Please stay healthy and safe, we need everyone!

Respectfully submitted,

Sheila Jo

Auxiliary President
District 1 Auxiliary Chaplain 2019 - 2020
Sheila Jo Toor-Snyder

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:
[VFW Post 9578 Auxiliary](#)

VFW 9578 ALPINE
SUNDAY BREAKFAST MENU

• **Bacon, Eggs, Potatoes & Toast**
• **Sausage, Eggs, Potatoes & Toast**
• **Chicken Fried Steak, Eggs, Potatoes & Toast** \$10



• **Biscuits and Gravy** \$5

• **Ribeye Steak, Eggs, Potatoes & Toast** \$15

9:00-12:30 Open to Public for Meals

Stay Connected with our up to date Facebook: [@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)
or: www.vfw9578.com

HOLIDAY BACKPACKS FOR VETERANS

Help bring cheer to Veterans who are hospitalized over the winter holiday season. Your donations will go towards the purchase of backpacks and the goodies that go in them!

Visit your local San Diego County VFW to drop off donations!

For additional information contact us CMD@vfwcadist1.org

Auxiliary Chaplain's Message



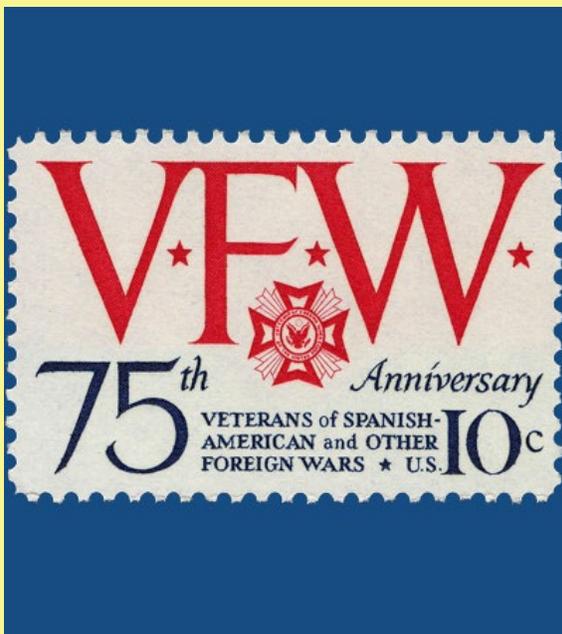
I pray that this month finds all of you healthy and free from the COVID-19 virus. The past six months have been the most interesting of times, to say the least.

I just got back from celebrating my Mom's 95th birthday. Our family is so grateful to still have her with us. She lives alone and loves her sports, especially college basketball!

For all of us, October brings change. October is not only a time to be able to buy "mini" versions of your favorite candies on sale, it is the beginning of fall in many parts of our country. For us here in SoCal, not so much right now, but we are getting closer to mild weather and less fire danger. That is particularly good!

New situations require new energy and a new commitment. **Pope Francis** offers six





new beatitudes for the modern Christian.

- "Blessed are those who remain faithful while enduring evils inflicted on them by others and forgive them from their heart.
- "Blessed are those who look into the eyes of the abandoned and marginalized and show them their closeness.
- "Blessed are those who see God in every person and strive to make others also discover him.
- "Blessed are those who protect and care for our common home.
- "Blessed are those who renounce their own comfort to help others.
- "Blessed are those who pray and work for full communion among all People"

"Let us pray in unison that all people of the United States find it in their hearts to love one another, to be smart, to be kind, to be gracious, to be peaceful, to be thoughtful, to be polite, to respect each other and to live in harmony. Amen"

Be safe and well out there! God Bless America! With Blessings and hope,

Jan

Post 9578 Auxiliary Chaplain
Jan Bazdorf

Canteen Manager's Message



RAFFLE WAGON

A new raffle has been started for a Wagon Full of lots of "goodies."

Tickets are \$1 each or six for \$5. The Raffle will be held when a sufficient number of tickets are sold.

Our new **Game Night** for **Wednesday** nights along with **Tuesday** nights is a big hit! Come on out and join us (and be sure to bring your best "game face")!

We very much appreciate your continued support (and patience!) during this time of uncertainty.

Please continue practicing safe distancing and wearing your mask while entering the Post and moving around.

Canteen will continue its normal business



hours for outdoor dining on our beautiful Patio with its great scenic views. Entertainment is still restricted till further notice. Hopefully entertainment will be back soon; events will resume when the San Diego County Health Department COVID-19 restrictions are changed.

Remember that the Post conducts a raffle basket once a month, so I am looking for donations - if you have anything to donate, please bring it to the Post. Thank you for helping our Post!

For Post Raffle and 50/50 tickets: please put your name and contact number on all Post Raffle and 50/50 tickets that you purchase since you do not have to be "present" to win!

Kimberley
Canteen / Entertainment Manager
Kimberley Rivera



VFW Post 9578 welcomes new bartender **Doreen Danylock** to our Canteen operations. Be sure to say hello to **Doreen** when you come to the post!



FYI for Post Members!

House Committee Meetings are held every **second Saturday of the month** at **10 a.m.**

Post Member meetings are held **every second Saturday of the month** at **11 a.m.**

Show your pride in our Post by letting people know you are a member of our VFW!



PATRIOT'S PEN ESSAY COMPETITION

PROGRAM DESCRIPTION: Conducted nationwide, this VFW-sponsored youth essay competition gives 6th-, 7th- and 8th grade students an opportunity to write essays expressing their views on an annual patriotic theme. This year's theme is, **What is Patriotism to Me?**

CRITERIA: The **Patriot's Pen** is open to students in grades 6 - 8, who are enrolled in a public, private or parochial high school or home study program in the United States, its territories and possessions. Although U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application for which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. Foreign exchange students and former winners that placed in the National contest are excluded from the contest.

HOW TO SUBMIT: Essay length: 300 – 400 typewritten words (+ or – 5 words max). You must write your own essay. All essays should be typed in English with no color or graphics and cannot be less than 300 words or greater than 400 words in length. (Essays under or over these word amounts will be eliminated.) Every word is counted regardless of length. The essay title (theme) or added footnotes do not contribute to the word count.

In no way may contestants identify themselves within their essay (including, but not limited to, your name, school, city, state, race or national origin.) Do not put your name on your essay. The entry form is your essay's cover sheet. Secure the **Official Student Entry Form** with a staple or other fastener on top of your essay. Contestants are allowed to enter only once each year if otherwise eligible (one Post competition). Contestants found in violation of this rule will face elimination from the competition and will be required to return any and all prize money awarded or received.

The essay must be a contestant's original work and a product of the contestant's own thinking. The approach to the Patriot's Pen theme should be positive and clearly focused. Poetry is not acceptable. Quotations may be used sparingly if plainly identified wherever used. A contestant's teacher, counselor or parent may check the essay for punctuation, grammar and/or spelling, but the content must remain the contestant's. Contestants will be judged on the basis of their essay alone and are not required to present the essay orally.

DEADLINE: The following deadline shall be adhered to:

October 31st: Student entries to the Post

Online information:

[Patriot's Pen "What Is Patriotism To Me?" Patriotic Essay Writing Competition Application](#)

2020 - 2021 Theme
"What is Patriotism to Me?"

Student Entry Deadline: October 31, 2020

Patriotic Essay Writing Competition Grand Prize: \$5,000 Award

What Is Patriot's Pen?

Conducted nationwide, this VFW-sponsored youth essay competition gives students an opportunity to write essays expressing their views on an annual patriotic theme. We invite you to join the more than 138,000 students who participated last year in this contest. The national winners will receive at least \$500. The first-place national award is currently \$5,000.

The National Association of Secondary School Principals (NASSP) has again approved this contest for its National Advisory List of Contests and Activities.

Big National Prizes

National awards total: \$55,000
Prizes include the various amounts listed below:

1st: \$5,000	7th: \$1,750
2nd: \$4,000	8-10th: \$1,500
3rd: \$3,500	11-12th: \$1,250
4th: \$2,750	13-23rd: \$1,000
5th: \$2,500	24-25th: \$750
6th: \$2,000	26-53rd: \$500

The Internal Revenue Service requires that any recipient that receives more than a \$599 award should receive a Form 1099 identifying the proceeds as taxable. This may require the winner to provide their social security number.

How Does the Contest Work?

All entries begin at the Post level. The only exception is where schools/classes/youth groups have large numbers of students and wish to conduct their own competition, submitting one winner for each 15 students to the local VFW Post competition. Individual students may submit their entry directly to the Post. This participating Post should be within your local area and within your U.S. state of residence.

The contest consists of four levels. The first level (entry) is sponsored by local VFW Posts. Post winners advance, one for every 15 entries, to the VFW District (regional) level where the one first-place winner is advanced to the VFW Department (state) level. The one first-place winner at the Department level is then advanced into the VFW national competition. The winner from each Department (state) then competes for the national prizes.

Who Can Enter?

Patriot's Pen is open to 6th-, 7th- and 8th-grade students enrolled by the Oct. 31 deadline in public, private or parochial schools in the U.S., its territories or its possessions. Home-schooled students also are eligible. Although U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. Dependents of U.S. military or civilian personnel in overseas schools can participate, too. (Foreign exchange students and former winners that placed in the National contest are excluded from the contest.)

Official Student Entry Form

Patriot's Pen Competition

Entry Form Must Be Completed by All Contestants Please Print or Type Clearly

Name: First, M.I., Last _____
Address _____
City, State, Zip _____
() _____
Phone _____ Email _____
Date of Birth (mm/dd/yy) _____ Gender _____ Grade in School _____ Essay Word Count _____
School Name, City, State _____
Teacher's Name and Email (if applicable) _____
Parent/Guardian's Name Phone/Email _____

I Have Read and Understand the Contest Rules

Signature of Student Participant _____ Date _____

To Be Completed by the VFW Post

I certify that this student has an authorized entry in our VFW Post Level Patriot's Pen Competition.

Post Commander's/Chairman's Signature _____ Post # _____

VFW Auxiliary President's/Chairman's Signature _____

Post Address _____ City, State, Zip _____

VFW Post Email _____

No. of students participation _____ No. of winners advanced to District _____

Amt. of Post/Aux. awards \$ _____

Amt. of Post/Aux. additional expenses (banquet, pins, etc.) \$ _____

To Be Completed by the VFW District

I certify that the student named in the previous section is the duly selected winner of the Patriot's Pen Essay Contest District Competition and is our sole entry into the Department finals.

District Chairman's Signature _____ Dist.# _____

Address _____ City, State, Zip _____

() _____

Phone _____ Email _____

To Be Completed by the VFW Department Chairman

I certify that the student named in the previous section is the duly selected first-place winner of the Patriot's Pen Essay Department Competition, and is our sole entry into the National Judging.

Department Chairman's Signature _____

() _____

Daytime Phone _____ Email _____

The winner has been will be (check one) notified that they are the first place Department winner on _____. Note: National Headquarters will contact your winner after this date to notify them of their national placement.

VOICE of DEMOCRACY CONTEST

PROGRAM DESCRIPTION: Since 1947, the **Voice of Democracy** has been the **Veterans of Foreign Wars'** (VFW's) premier scholarship program. Each year, nearly 57,000 high school students compete for more than \$2 million in scholarships and incentives. Students compete by writing and recording an audio essay on an annual patriotic theme. This year's theme is, **Is This the Country the Founders Envisioned?**

CRITERIA: The **Voice of Democracy** is open to students in grades 9-12, who are enrolled in a public, private or parochial high school or home study program in the United States, its territories and possessions. Although U.S. citizenship is not required, students must be lawful U.S. permanent

residents or have applied for permanent residence (the application for which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. Foreign exchange students, students age 20 or over, previous Voice of Democracy first place state winners, GED or Adult Education Students are not eligible for entry.

HOW TO SUBMIT: Record your original 3-5-minute (+ or -5 seconds max.) essay on an audio CD or a flash drive. One student per CD or flash drive. You will submit the recording, typed essay and the completed entry form. Provide these items to your school/group competition or local VFW Post for judging. In addition, you can submit your emailed entry form, essay, and audio file to the VFW Post upon approval.

You must be the sole author of your essay. The recording must be in your own voice and in English. Hearing/speech impaired students should email the Voice of Democracy National Office at youthscholarships@vfw.org for special instructions. No music, singing, poetry or sound effects are allowed. The body of the essay must not identify you in any way, (including, but not limited to your name, school, city, state, race, or national origin) although the recording & typed essay should be labeled with your name, to show ownership. You may enter only one competition at one Post (if otherwise eligible) per year.

DEADLINES: The following deadlines shall be adhered to:

- October 31, 2020 – Student entries to the Post

VFW Bert Fuller Post 9578

Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

Post Officers & Trustees

Jack Gauthier, Commander
John Sullivan, Senior Vice Commander
Juan Finch, Junior Vice Commander
Carl Silva, Quartermaster
Theo Bazardorf, Chaplain
Sean Lynch, Adjutant

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their post privileges and not allowed on Post property in the future.

Post Hours of Operation *(Effective 5/26/20)*

Monday - Friday: 11 a.m. to Closing (8 p.m.)

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 8 p.m.

Saturday & Sunday: 9 a.m. to Closing (8 p.m.)

Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040

Fax: (619) 445-8740

Jim Bilka, Judge Advocate
John Rizzo, Service Officer
Dave Snyder, Surgeon
Charlie Rodgers, 1st Year Trustee
Dave Snyder, 2nd Year Trustee
James Abercrombie, 3rd Year Trustee

Auxiliary Officers

Sheila Snyder, President
Linda Pipkin, Senior Vice
Ed Molloy, Junior Vice
Bob Bealo, Treasurer
(*Pending*), Secretary
Jan Bazdorf, Chaplain
Sven Ricketts, Guard
Vikki Hemmen, Conductress
Maggie Horde Ortiz, 1st Year Trustee
Nancy Hauer, 2nd Year Trustee
Pat Alston Aldrich, 3rd Year Trustee

House Committee

John Rizzo, Chairperson
Allisen Earls, Member
Dan Focht, Member
Kerry Parsons, Member
John Sullivan, Member

Canteen / Entertainment

Kimberley Rivera, Manager

Volunteer Bartenders

Yvonne Brierley
Holly Campbell
Doreen Danylock
Dani Caton
Sandy Curry
Julie Kalogiannis
Jessica McKittrick

Our Newsletter Supporters

Alpine Artistic Florist (619) 445-7974
Jamie Lewis
www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896
Jonar R. Bonifacio DDS Dr. "B"
[Alpine Dentistry](http://AlpineDentistry.com)

Alpine Computer & Tutor (619) 277-7858
Duncan Marks

Bisher's Quality Meats (760) 789-1488

eMail: csilvasr@aol.com

Newsletter Submissions

Items for consideration may be emailed to csilvasr@aol.com or mailed to the post at:

VFW Bert Fuller Post 9578
Attention: **Carl Silva**.
844 Tavern Road
Alpine, CA 91901

Please note: newsletter submission deadline is the 20th of the prior month.

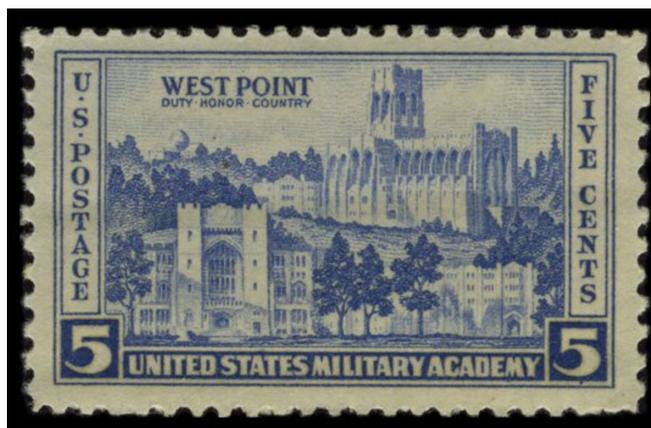
Our VFW Newsletter Supporters

Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!

Post Membership Drive Ongoing

Please help build our Post's membership by referring those persons you know were veterans of foreign wars. Please provide the name, email address and telephone contact information to either **Post Commander Jack Gauthier** or Post **Quartermaster Carl Silva** by calling the Post at (619) 445-6040. They will make contact and get the person started on membership enrollment.

Thank you for supporting our Post!



PRMI | Primary Residential Mortgage, Inc.

Chris Wiley
Branch Manager
NMLS License #240137

619.846.8695 direct
800.920.3145 toll free
619.722.6139 fax
cwiley@primeres.com

2124 Arnold Way
Alpine, CA 91901
www.alpineprmi.com

Dan Bisher
<https://weareramona.com/listing/bishers-quality-meats-ramona/>

California Signs & Marketing (619) 258-2001
[California Signs & Marketing](#)

Clayco Solar Services (619) 971-2799
Clay Mauldin

Copy Corral (619) 562-3660
Julie Walker
www.lakesidecopy.com

East County Karate (619) 627-4850
Nathan Morton
<http://ecmartialart.com>

Kamps Propane (619) 390-6304
Richard Edwards
www.kampspropane.com

Keller Williams (619) 301-2301
Doris Fifer

On Line Bookkeeping & Tax Service
Roger Garay & Christy Kohl (619) 445-5523
www.olbts.com

Pet/House Sitting (619) 820-1827
Vikki Hemmen

Primary Residential Mortgage (619) 722-1303
Chris Wiley
www.alpineprmi.com

Regional Elite Plumbing (619) 722-1049
Mike Putnam

Three T RV (619) 444-0047
Tim Tracey
www.3trv.com



Your Home Sold
GUARANTEED
Or We'll Buy It!*

SAMANTHA LEACH
SAMANTHA@REEFPPOINTREALTY.COM

RP REEF POINT 619-933-6163
REAL ESTATE



EAST COUNTY
FAMILY DENTISTRY
Creating Healthy, Beautiful Smiles

9710 Winter Gardens Blvd, Suite C, Lakeside, CA 92040
(619) 443-8447

ADA Member of the American Dental Association www.eastcountymfamilydentistry.com



Kamps
PROPANE

Richard Edwards - Account Executive

(619) 390-6304
(800) 797-4GAS Toll Free
(619) 390-6344 Fax

16245 Alpine Blvd.
Alpine, CA 91901
www.kampspropane.com



BISHER'S
QUALITY MEATS

The Very Best In Meats
Dan Bisher, Owner
2330 Main St #A Ramona 92065
Josh Lehman, Manager
(760) 789 1488

ALPINE  **DENTISTRY**

JONAR R. BONIFACIO, DDS
"DR. B"

PHONE: 619.445.8896 FAX: 619.445.7339
EMAIL: DRBDDS@ALPINEDENTISTRY.COM
1620 ALPINE BLVD., SUITE 121, ALPINE, CA 91901
ALPINEDENTISTRY.COM

Three T RV
Tim Tracey



1131 Broadway
El Cajon, CA 92021
619-444-0047
Cell 619-302-4348
3trmotors@gmail.com
www.3trv.com
www.buyrvs4cash.com



Picture Frame Composite Shingle Traditional S Tile Skirted

FREE
With Solar Purchase:
 Generator Manual, Transfer
 Switch, Plug & Cord
 (a \$1,000 value!)



Want it done the right way?
 Don't overpay!
 Call Clay today for all
 your SOLAR needs!

(619) 971-2799 • claycosolar.com • contact@claycosolar.com

ALL Plumbing Fixtures – Repair or Replacement!
 “We always leave the job site cleaner than when we arrive!”
 Mike Putnam

- ★ Sewer & Drains
- ★ Camera Service
- ★ Toilets
- ★ Water Heaters
- ★ Tankless Water Heaters
- ★ Circulating Pumps
- ★ Slab Leak Detection & Repair
- ★ Water Pipe Leaks

\$25⁰⁰ OFF
 1st Service Call

Regional Elite Plumbing
 “Service & Repair Specialist”
 Lic #435515
 (619) 722-1049

EMERGENCY SERVICE AVAILABLE
 Serving San Diego County for 35+ Years!
 All calls answered by the owner!

EAST COUNTY FAMILY DENTISTRY
Creating Healthy, Beautiful Smiles
 9710 Winter Gardens Blvd, Suite C, Lakeside, CA 92040
 (619) 443-8447
 ADA Member of the American Dental Association www.eastcountymfamilydentistry.com

Tentative
Post Entertainment October Schedule

Before coming to the Post for one of the events listed below, please first check your email for a Post notice that the tentatively scheduled event IS going to take place.

If you are not sure, please call the Post at (619) **445-6040** before attending to ensure that the event is a "GO."

SD County HSD Recommendations

We urge all to follow the basic steps recommended by the San Diego County Health Services Department:

How to protect yourself

- Practice everyday preventive actions to help prevent the spread of respiratory viruses, including:
- Wash your hands often with soap and water for at least 20 seconds.
 - If soap and water are not available, use an alcohol-based hand sanitizer. It should be at least 60% alcohol.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
 - **Clean and disinfect frequently touched objects and surfaces often.**
 - Avoid close contact with people who are sick.
 - If you are sick, stay home and keep your distance from others to protect them from getting sick too.
 - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
 - Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

COVID-19 Resources

California COVID-19 Resources
[CA COVID-19 Resources](#)

CA Dept of Public Health

[CA Dept of Public Health](#)

San Diego County Health
San Diego County

October 2020 Bert Fuller V.F.W. Post 9578 Events & Activities

(NOTE: Created by Theo. This event schedule is tentative due to S.D. County health department requirements)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p align="center">This Schedule is TENTATIVE due to San Diego County Public Health Orders. Please check your email for Post updates or call (619) 445-6040 before visiting!</p>				1	2	3
				NO Karaoke until further notice!		10 a.m. Auxiliary Meeting (Downstairs) <i>No Band Scheduled</i>
4	5	6	7	8	9	10
NFL, NASCAR & other sports on 7 TVs	6 p.m. "Texas Hold 'em"	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke until further notice!		10 a.m. House Committee Mtg 11 a.m. General Mtg <i>No Band Scheduled</i>
11	12 COLUMBUS DAY	13	14	15	16	17
NFL, NASCAR & other sports on 7 TVs	6 p.m. "Texas Hold 'em"	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke until further notice!		<i>No Band Scheduled</i>
18	19	20	21	22	23	24
NFL, NASCAR & other sports on 7 TVs	6 p.m. "Texas Hold 'em"	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke until further notice!		UNITED NATIONS DAY <i>No Band Scheduled</i>
25	26	27	28	29	30	31
NFL, NASCAR & other sports on 7 TVs	6 p.m. "Texas Hold 'em"	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke until further notice!		HALLOWEEN <i>No Band Scheduled</i>

COVID-19 S.D. COUNTY HEALTH DEPT NOTICE:

Stay home if sick

Wear a mask & practice "social distancing" (6' feet) Wash hands/use sanitizer frequently

October 2020 Bert Fuller V.F.W. Post 9578 Menu

(NOTE: Created by Theo. This menu is tentative due to S.D. County health department requirements)

Sun	Mon	Tue			Fri	Sat
<p style="color: red; margin: 0;">San Diego County Public Health Orders re COVID-19: Stay home if sick. Wear mask & practice "social distancing" (six feet). Wash hands/use sanitizer frequently.</p>				1	2	3
				11 a.m. \$5 Lunch 5 p.m. Dinner by Sandy	11 a.m. \$5 Lunch 5 – 8 p.m. Fish & Shrimp Dinner	10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs 5 – 8 p.m. \$15 Rib-eye Steak Dinner
4	5	6	7	8	9	10
9 a.m. – 12:30 p.m. Breakfast 1 p.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$5 Lunch 5 p.m. Dinner to be announced	11 a.m. \$5 Lunch 5 p.m. \$3 Tacos by Nora	11 a.m. \$5 Lunch 5 p.m. \$2 per Slice Donato's Pizza	11 a.m. \$5 Lunch 5 p.m. Dinner by Sandy	11 a.m. \$5 Lunch 5 – 8 p.m. Fish & Shrimp Dinner	10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs 5 – 8 p.m. \$15 Rib-eye Steak Dinner
11	12 COLUMBUS DAY	13	14	15	16	17
9 a.m. – 12:30 p.m. Breakfast 1 p.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$5 Lunch 5 p.m. Dinner TBA	11 a.m. \$5 Lunch 5 p.m. \$3 Tacos by Nora	11 a.m. \$5 Lunch 5 p.m. \$2 per Slice Donato's Pizza	11 a.m. \$5 Lunch 5 p.m. Dinner by Sandy	11 a.m. \$5 Lunch 5 – 8 p.m. Fish & Shrimp Dinner	10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs 5 – 8 p.m. \$15 Rib-eye Steak Dinner
18	19	20	21	22	23	24 UNITED NATIONS DAY
9 a.m. – 12:30 p.m. Breakfast 1 p.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$5 Lunch 5 p.m. Dinner TBA	11 a.m. \$5 Lunch 5 p.m. \$3 Tacos by Nora	11 a.m. \$5 Lunch 5 p.m. \$2 per Slice Donato's Pizza	11 a.m. \$5 Lunch 5 p.m. Dinner by Sandy	11 a.m. \$5 Lunch 5 – 8 p.m. Fish & Shrimp Dinner	10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs 5 – 8 p.m. \$15 Rib-eye Steak Dinner
25	26	27	28	29	30	31 HALLOWEEN
9 a.m. – 12:30 p.m. Breakfast 1 p.m. Lunch TBA 5 p.m. Dinner TBA	11 a.m. \$5 Lunch 5 p.m. Dinner to be announced	11 a.m. \$5 Lunch 5 p.m. \$3 Tacos by Nora	11 a.m. \$5 Lunch 5 p.m. \$2 per Slice Donato's Pizza	11 a.m. \$5 Lunch 5 p.m. Dinner by Sandy	11 a.m. \$5 Lunch 5 – 8 p.m. Fish & Shrimp Dinner	10 a.m. – 3 p.m. Grilled Burgers & Hot Dogs 5 – 8 p.m. \$15 Rib-eye Steak Dinner

VFW Bert Fuller Post 9578
(619) 445-6040
www.vfw9578.com

