

# VFW Bert Fuller Post 9578

## news & updates

August 2020 Alpine, CA



### Commander's Message



#### Important Messages for Our Members & Guests

Thank You! I want to thank all who have supported the post during this COVID-19 pandemic period.

It has been challenging for all of us to keep up with the changes. Post management, House Committee members, Bar Staff and other Post members have worked hard to make sure we are compliant with federal, state and county guidelines and remain open to serve our members, their guests and the public.

Our biggest thanks go to our loyal members, their guests and members of the Alpine community who have continued to support **VFW Bert Fuller Post 9578** during this time.

Come with family and friends to join us for **Patio Dining** at the Post! Please note that Friday night fish dinners are temporarily halted. We are having various vendors fix meals for the Post which will be listed on our Facebook page during the week. Or you

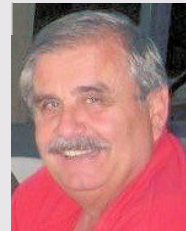
### Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



### Quartermaster's Report

First and foremost we want to thank all who have supported our Post during our latest reset of our business operations.



We have been totally compliant with the San Diego County rules and regulations regarding service and our members, guests and members of the public have all obeyed the rules for service.

The **Quartermaster** and **Chaplain Theo** conducted a **Modified Military Funeral** in an El Cajon residential backyard for Life Member **Clyde Schenk** on Saturday, July 25. The large crowd in attendance was spread out over a large area, requiring the use of a public address system for the ceremony. **Clyde's Wall of Honor** Plaque was on display during the ceremony and will be placed on the Post's **Wall of Honor** along with our other Post Life members.

Members, please attend our 11 a.m. Saturday, August 8th **General Meeting** to get up to date information on your Post. We welcome your comments and suggestions and also your support to keep our Post the best in California.

I am always available 24/7 to you in my capacity as **Post Quartermaster**.

#### Carl

Quartermaster  
Carl Silva

may call the Post at (619) 445-6040 to inquire what the meal service will be for that day/night.

We were excited and very pleased that the **Local Firefighters** joined us for **Saturday Steak Night** this month. Thanks to **Greg Gorman** and his crew.

The painting and cleanup of the Smoking area was approved at our last General Meeting. Work should be started in August.

We look forward to the Post resuming full operations to serve our members, auxiliary, their guests and members of the public who have come to rely on the Post for quality entertainment, events and food service.

Please keep in mind - if you know of any veterans in the local area who may not be current members, please let **Post Quartermaster Carl** or I know and we'll sign them up for membership and put them on the Post email distribution list.

We are looking for Students to participate in the national **Voice of Democracy and Patriot's Pen Awards**.

The annual **Patriot's Pen "What Is Patriotism To Me?"** Patriotic Essay Writing Competition has been announced. I encourage all members to invite their school age children and grandchildren to participate. Please see the announcement for eligibility/rules and application form in this newsletter.

### **PATRIOT'S PEN ESSAY COMPETITION**

**PROGRAM DESCRIPTION:** Conducted nationwide, this VFW-sponsored youth essay competition gives 6<sup>th</sup>-, 7<sup>th</sup>- and 8<sup>th</sup> grade students an opportunity to write essays expressing their views on an annual patriotic theme. This year's theme is, **What is Patriotism to Me?**

**CRITERIA:** The **Patriot's Pen** is open to students in grades 6 - 8, who are enrolled in a public, private or parochial high school or home study program in the United States, its territories and possessions. Although U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application for which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. Foreign exchange students and former winners that placed in the National contest are excluded from the contest.

## **Viejias Firefighters Attend Bert Fuller VFW Post 9578 Saturday Night Steak Dinner**

**Greg Gorman** and the **Viejias Fire Department** local firefighters attended the Post Saturday to enjoy a steak dinner with all the fixings!



### **Meet Post Junior Vice Commander Juan Finch**

**Juan Finch, Jr.** hails from the "Old Line State" of Maryland. Born on July 27, 1978, Juan graduated high school in 1966 with the distinction of being in the top 10% of his graduating class.



He attended **Prince George's Community College** and obtained his **Associates Degree in Computer Science** in May 1998. Juan enlisted in the US Navy in June 1998, and retired after 21 years of service in July 2019.

**HOW TO SUBMIT:** Essay length: 300 – 400 typewritten words (+ or – 5 words max). You must write your own essay. All essays should be typed in English with no color or graphics and cannot be less than 300 words or greater than 400 words in length. (Essays under or over these word amounts will be eliminated.) Every word is counted regardless of length. The essay title (theme) or added footnotes do not contribute to the word count.

In no way may contestants identify themselves within their essay (including, but not limited to, your name, school, city, state, race or national origin.) Do not put your name on your essay. The entry form is your essay's cover sheet. Secure the **Official Student Entry Form** with a staple or other fastener on top of your essay. Contestants are allowed to enter only once each year if otherwise eligible (one Post competition). Contestants found in violation of this rule will face elimination from the competition and will be required to return any and all prize money awarded or received.

The essay must be a contestant's original work and a product of the contestant's own thinking. The approach to the Patriot's Pen theme should be positive and clearly focused. Poetry is not acceptable. Quotations may be used sparingly if plainly identified wherever used. A contestant's teacher, counselor or parent may check the essay for punctuation, grammar and/or spelling, but the content must remain the contestant's. Contestants will be judged on the basis of their essay alone and are not required to present the essay orally.

**DEADLINE:** The following deadline shall be adhered to:

**October 31st: Student entries to the Post**

Online information:

[Patriot's Pen "What Is Patriotism To Me?" Patriotic Essay Writing Competition Application](#)

## VOICE of DEMOCRACY CONTEST

**PROGRAM DESCRIPTION:** Since 1947, the **Voice of Democracy** has been the **Veterans of Foreign Wars'** (VFW's) premier scholarship program. Each year, nearly 57,000 high school students compete for more than \$2 million in scholarships and incentives. Students compete by writing and recording an audio essay on an annual patriotic theme. This year's theme is, **Is This the Country the Founders**

During his time in the service, he obtained his **Bachelors Degree in Nuclear Engineering, Graduate Certificate in Business Administration** and numerous awards and other certifications.

**Juan** currently resides in his travel trailer with his two dogs **Toby** and **Lucy** and travels the country. He is working on his **Masters in Business Administration** and plans to enroll in a **PhD program for Business Administration** in the Fall of 2022.

**Juan** joined the VFW in February 2019 and didn't hesitate to become a **Gold Legacy Life Member**. He believes in the legacy and values that the VFW represent and wants to increase membership of not only this post, but the entire organization.



## Auxiliary President's Message

Hello to everyone and welcome to the new fiscal year for the Auxiliary!



## Envisioned?

**CRITERIA:** The **Voice of Democracy** is open to students in grades 9-12, who are enrolled in a public, private or parochial high school or home study program in the United States, its territories and possessions. Although U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application for which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. Foreign exchange students, students age 20 or over, previous Voice of Democracy first place state winners, GED or Adult Education Students are not eligible for entry.

**HOW TO SUBMIT:** Record your original 3-5-minute (+ or -5 seconds max.) essay on an audio CD or a flash drive. One student per CD or flash drive. You will submit the recording, typed essay and the completed entry form. Provide these items to your school/group competition or local VFW Post for judging. In addition, you can submit your emailed entry form, essay, and audio file to the VFW Post upon approval.

You must be the sole author of your essay. The recording must be in your own voice and in English. Hearing/speech impaired students should email the Voice of Democracy National Office at [youthscholarships@vfw.org](mailto:youthscholarships@vfw.org) for special instructions. No music, singing, poetry or sound effects are allowed. The body of the essay must not identify you in any way, (including, but not limited to your name, school, city, state, race, or national origin) although the recording & typed essay should be labeled with your name, to show ownership. You may enter only one competition at one Post (if otherwise eligible) per year.

**DEADLINES:** The following deadlines shall be adhered to:

- October 31, 2020 – Student entries to the Post

So please do your best to comply with state and county guidelines at all times and **do not, under any circumstance, attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms.** If you have questions on the guidelines please call the **Post at (619) 445-6040.**

Please continue to stay safe, follow the health guidelines and limit any exposure.

**Jack**

We did not have a meeting in July, as the first Saturday fell on **Independence Day**, and during our June session, we voted to 'go dark' for that date, with the intentions of returning on Saturday, August 1st.

In discussions with **Commander Jack** regarding holding the August Auxiliary meeting at the Post under the current county health guidelines, it was determined to hold a teleconference meeting rather than an in-person meeting as we cannot be seated within the canteen or at the meeting room downstairs.

These changes also affect the **Cookie Bake Off Contest**, also scheduled for Saturday, August 1st with **Nancy Bailey** chairing the event. During our meeting discussions, we will have to opt for a different date for the event.

The **teleconference meeting** scheduled for **Saturday, August 1st will start at 10 a.m.** and the agenda will be shortened since we have a lot of material and updates to cover because of not having a meeting/session for July. I will have to break it down on what is absolutely required/needed (new member install, voting and ratification of National Delegates sent in for confirmation, etc.).

I will send out an email to all regarding the login, phone number(s) and password to participate. Everyone is welcome to join, either by phone, computer (or both!) to participate in the meeting since this is your Auxiliary and your contributions of assistance in many forms is extremely helpful. This is a group/team (aka collective!) effort - not just one person or a few folks, but all hands!

Any questions or concerns, please let me know. I am reachable via email at [sheilajo9578@cox.net](mailto:sheilajo9578@cox.net) or by phone at (619) 990-0536.

As always, let's strive for a great year for our Auxiliary and Post! Stay safe, keep cool, stay healthy.

Respectfully submitted,

**Sheila Jo**

Auxiliary President  
District 1 Auxiliary Chaplain 2019 - 2020  
Sheila Jo Toor-Snyder

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:

## Chaplain's Message

In these very trying times, it would behoove each of us to put on the "Armor of God" (from Paul the Apostle's Letter to the Ephesians 6:10-18) to give us a spiritual perspective:



"Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armor of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; And your feet shod with the preparation of the gospel of peace; Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God: Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints."

Several of our **Post** members are still experiencing health issues, especially including **Larry Grogan, Denny Hagar** and **Bill Shepherd**. Let us continue to pray for their return to health.

*Lord, Almighty God, we pray for your healing grace in behalf of all our comrades who are ailing at this time. May they know the blessing of improved health in this hour and throughout life. Bless all who minister to them in body, mind, and spirit. Grant them patience and endurance, relief from pain and suffering, the blessing of a swift recovery, and finally, that they may dwell with you in life everlasting. AMEN.*

### Theo

Post 9578 Chaplain  
Theodore Bazdorf

## Auxiliary Chaplain's Message



August is a month of strength and protection; and a time to explore your inner visions and true inner self.

We may think we have had way too much time to "explore" because of the quarantine. But have you actually spent any time in real reflection? I know in our home we have watched lots of TV and movies! Did we leave time for what is important? Our path.

Before more time passes, it might be a good idea to evaluate how we are living our lives right now and what we expect from ourselves in the future. When everything opens back up, will life be different? Will it be better? Or will it be worse? Has the quarantine given you a new insight into yourself and those around you?

After all, it is up to us to set the path for our life, not just wait until circumstances present themselves and then make a choice between "this" and "that" ... right?

When I think about the most special and wonderful experiences of my life to date, it appears to me that they occurred without any prior planning, goal setting or even very much forethought.

In retrospect, it seems to me that the positive results were more about doing what I was moved to do at that moment rather than making a conscious long-term plan. But those of you that know me know I am a "bookkeeper" at heart, a place for everything and everything in its place! So... quite paradoxical!

Make your life meaningful! But leave moments open for fun and impulse. Balance is the key. Do what you love and love what you do! Be kind. Be thoughtful. Be insightful. Be strong. Be protective of others. Love greatly.

We pray for our Members and other dear friends that are battling cancer, COVID-19 (especially **Jacque & Bill Riddell**) and all other ailments and hardships:

*"Lord, we thank you for all we have been given, but there are so many hurting and needy people. We lift them up to You Lord and ask that You would bless them, help them, heal them. May Your peace fill their*

## Important Veteran Updates from NewsBytes

Provided by  
**Jerry P. Koehmlein**  
VFW Dept CA



### House & Senate Pass Their Version of 2021 NDAA

The House and Senate considered floor amendments and passed their version of the **National Defense Authorization Act** (NDAA-H.R.6395/S.4049). There were 750 House floor amendments filed for the House NDAA (HR 6395). The House Rules Committee deemed 407 worthy of additional consideration. Key amendments supported by the FRA, such as expanding concurrent receipt, authorizing the **Department of Defense** (DoD) to waive mail-order prescription co-pays during a pandemic, final months' pay for widows of retirees, expanding the list of diseases associated with exposure to Agent Orange did not get called for a vote. The House and Senate devoted considerable debate time to an amendment sponsored by Rep. **Mark Pocan** (Wis.) in the House and Sen. **Bernie Sanders** (Vt.) in the Senate to cut \$74 Billion (10%) from the Defense budget and give it to anti-poverty programs. The House amendment failed 93-324 and the Senate amendment failed by a vote of 23-77. Both bills provide for a three percent annual pay increase for active duty and improve oversight of military privatized housing.

The House bill was amended to require a moratorium on incinerating PFAS chemicals by Defense. Another ratified House amendment made improvements to military overseas voting. The House bill was also amended to expand and improve the **Burn Pits Registry**.

The Senate also passed its version of the FY2021 NDAA after considering floor amendments. There were 799 Senate floor amendments filed for consideration. The Senate considered only six-floor amendments, that included FRA-supported amendment #1972, sponsored by Sen. **Jon Tester** (Montana) that expands the list of diseases (Bladder cancer, Hypothyroidism, and Parkinsonism) associated with exposure to the Agent Orange herbicide for which there is a presumption of service connection for veterans who served in the Republic of Vietnam. The amendment was

*hearts and may joy shine in them! Let them know we are here should they need us. We are here to serve each other and You. Amen."*

With Blessings and hope,

**Jan**  
Post 9578 Auxiliary Chaplain  
Jan Bazdorf

### Canteen Manager's Message



We very much appreciate your continued support (and patience!) during this time of uncertainty.

Please continue practicing safe distancing and wearing your mask while entering the Post and moving around.

Canteen will continue its normal business hours for outdoor dining on our beautiful Patio with its great scenic views. Entertainment is still restricted till further notice. Hopefully entertainment will be back soon; events will resume when the San Diego County COVID-19 restrictions are changed.

Remember that the Post conducts a raffle basket once a month, so I am looking for donations - if you have anything to donate, please bring it to the Post. Thank you for helping our Post!

For Post Raffle and 50/50 tickets: please put your name and contact number on all Post Raffle and 50/50 tickets that you purchase since you do not have to be "present" to win!

**Kimberley**  
Canteen / Entertainment Manager  
Kimberley Rivera

### FYI for Post Members!

**House Committee Meetings** are held every **second Saturday of the month at 10 a.m.**

**Post Member meetings** are held **every second Saturday of the month at 11 a.m.**

Show your pride in our Post by letting people know you are a member of our VFW!

approved by the Senate (94-6).

Now that both chambers of Congress have approved their version of the FY2021 NDAA a conference committee will be appointed to resolve the differences between the two bills. Once the differences are resolved a final bill will be submitted to both House and Senate. If both chambers approve the bill it will be sent to the President to be signed into law or vetoed.

Members are urged to use the FRA Action Center to ask their Representatives to **support the Senate provision to expand the list of diseases associated with exposure to Agent Orange** in the final NDAA. Other NDAA issues to weigh in on with the FRA Action center include; **waive pharmacy mail-order co-pays during pandemic, don't cut military medical staff, and don't exclude retirees and military dependents from MTFs.**

### **HVAC Subcommittee Hearing on 48-Hour Rule**

The **House Veterans Affairs Subcommittee on Disability Assistance and Memorial Affairs** recently held a hearing on several legislative proposals, that include bills regarding burial benefits, life insurance, and reinstatement of the 48-hour rule. The hearing focused on legislation (H.R.7443), sponsored by Rep. **Collin Allred** (Tex.), that would re-instate the 48-hour rule that was rescinded by the **Department of Veterans Affairs (VA)** earlier this year. this legislation, which would require VA to provide the representative of record of a claimant for disability compensation benefits an opportunity to review a proposed rating decision prior to formal promulgation.

On April 24, 2020, the VA rescinded its decades-long policy of permitting accredited service officers to review rating decisions during the 48-hours prior to their promulgation. This policy, known as a 48-hour review was not codified in statute. The 48-hour review policy was an essential feature of the VA claims process. During this review process, **Veteran Service Officers (VSO)** had the opportunity to review VA decisions to ensure that all claimed conditions had been addressed and properly adjudicated. After reviewing a rating decision, VSOs were permitted to notify the VA of any irregularities, missed conditions, typographical errors, or other mistakes before a disability rating was formally proclaimed. This process allowed for errors to be corrected without requiring

**Meet 5867  
District 1  
Commander  
Paula Jansen -  
Navy**



Paula is a retired **Aviation Storekeeper Chief Petty Officer** who served 21 years in US Navy.

A **VFW Life Member** since 2012, she earned her eligibility in **Desert Shield/Desert Storm**, earning the **Armed Forces Expeditionary Medal** and **Global War on Terrorism**.

VFW 9578 ALPINE



SATURDAY DINNER MENU

5-8PM

• **Ribeye Steak, Baked Potato, Corn and Dinner Roll \$15**

• **Shrimp Skewer \$5**



Stay Connected with our up to date Facebook:  
[@AlpineVFW9578](#) or: [www.vfw9578.com](http://www.vfw9578.com)

veterans to seek redress in the time-consuming and sometimes costly claims appeals process. The 48-hour also reduced the workload of VA's appeals infrastructure.

Members are urged to use the **FRA Action Center** to ask their Representatives to support this legislation.

### VA Offers Debt Relief for Veterans in 2020

The **Department of Veterans Affairs (VA)** declared that it will continue debt relief through the end of 2020 for veterans adversely impacted by the COVID-19 pandemic. VA is suspending all actions on veteran debts under the jurisdiction of the Treasury Department. This includes the suspension of collection action or extending repayment terms on pre-existing VA debts, whichever the veteran prefers. For benefit debts, veterans should contact the **VA Debt Management Center** at (800) 827-0648.

For health care debts, veterans should contact the **Health Resource Center** at (866) 400-1238 or visit the website.

### Jerry

GMCS (SW) USN RETIRED  
VFW VAVS Deputy Representative (SDHS)  
Department of California  
District One Adjutant/Quartermaster  
District National Home Chairman  
VFW 1512 Chaplain/Surgeon/House  
Committee  
VFW 1512 Hospital/JROTC Chairman  
E-mail: jerryk@cox.net  
Home/Fax (619) 255-4108  
Cell: (619) 647-0457  
Jerry Koehmlein



VFW 9578 ALPINE

### SUNDAY BREAKFAST MENU

- **Bacon, Eggs, Potatoes & Toast**
- **Sausage, Eggs, Potatoes & Toast**
- **Chicken Fried Steak, Eggs, Potatoes & Toast**



\$10

- **Biscuits and Gravy**

\$5

- **Ribeye Steak, Eggs, Potatoes & Toast**

\$15

9:00-12:30      Open to Public for Meals

Stay Connected with our up to date Facebook: [@AlpineVFW9578](https://www.facebook.com/AlpineVFW9578)  
or: [www.vfw9578.com](http://www.vfw9578.com)

### Fred & Anabella Erickson's July Wedding

**Bert Fuller VFW Post 9578** member **Fred Erickson** tied the knot with his bride **Anabella Kaiser** on July 7th in San Diego. Congratulations!







Atomic bombs end WW II



## SD County HSD Recommendations

We urge all to follow the basic steps recommended by the San Diego County Health Services Department:

### How to protect yourself

Practice everyday preventive actions to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use an alcohol-based hand sanitizer. It should be at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- **Clean and disinfect frequently touched objects and surfaces often.**
- Avoid close contact with people who are sick.
- If you are sick, stay home and keep your distance from others to protect them from getting sick too.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

### COVID-19 Resources

#### California COVID-19 Resources

[CA COVID-19 Resources](#)

#### CA Dept of Public Health

[CA Dept of Public Health](#)  
[San Diego County Health](#)  
[San Diego County](#)





VFW Bert Fuller Post 9578 Alpine announces

## 2<sup>nd</sup> Annual Cookie Cook-Off



Saturday, August 1  
from Noon to 3 p.m.  
Awards presented at 3:30 p.m.



*Dust off your best cookie recipe and get in on the FUN!!*



\$5 Entry

\$5 Tasting



2020 - 2021 Theme  
"What is Patriotism to Me?"

Student Entry Deadline: October 31, 2020

Patriotic Essay Writing Competition Grand Prize: \$5,000 Award

### What Is Patriot's Pen?

Conducted nationwide, this VFW-sponsored youth essay competition gives students an opportunity to write essays expressing their views on an annual patriotic theme. We invite you to join the more than 138,000 students who participated last year in this contest. The national winners will receive at least \$500. The first-place national award is currently \$5,000.

The National Association of Secondary School Principals (NASPP) has again approved this contest for its National Advisory List of Contests and Activities.

### Big National Prizes

National awards total: \$55,000  
Prizes include the various amounts listed below:

1st: \$5,000	7th: \$1,750
2nd: \$4,000	8-10th: \$1,500
3rd: \$3,500	11-12th: \$1,250
4th: \$2,750	13-23rd: \$1,000
5th: \$2,500	24-25th: \$750
6th: \$2,000	26-53rd: \$500

The Internal Revenue Service requires that any recipient that receives more than a \$599 award should receive a Form 1099 identifying the proceeds as taxable. This may require the winner to provide their social security number.

### How Does the Contest Work?

All entries begin at the Post level. The only exception is where schools/classes/youth groups have large numbers of students and wish to conduct their own competition, submitting one winner for each 15 students to the local VFW Post competition. Individual students may submit their entry directly to the Post. This participating Post should be within your local area and within your U.S. state of residence.

The contest consists of four levels. The first level (entry) is sponsored by local VFW Posts. Post winners advance, one for every 15 entries, to the VFW District (regional) level where the one first-place winner is advanced to the VFW Department (state) level. The one first-place winner at the Department level is then advanced into the VFW national competition. The winner from each Department (state) then competes for the national prizes.

### Who Can Enter?

Patriot's Pen is open to 6th-, 7th- and 8th-grade students enrolled by the Oct. 31 deadline in public, private or parochial schools in the U.S., its territories or its possessions. Home-schooled students also are eligible. Although U.S. citizenship is not required, students must be lawful U.S. permanent residents or have applied for permanent residence (the application which has not been denied) and intends to become a U.S. citizen at the earliest opportunity allowed by law. Dependents of U.S. military or civilian personnel in overseas schools can participate, too. (Foreign exchange students and former winners that placed in the National contest are excluded from the contest.)

### Official Student Entry Form

#### Patriot's Pen Competition

Entry Form Must Be Completed by All Contestants Please Print or Type Clearly

Name: First, M.I., Last \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
( ) \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Date of Birth (mm/dd/yy) \_\_\_\_\_ Gender \_\_\_\_\_ Grade in School \_\_\_\_\_ Essay Word Count \_\_\_\_\_  
School Name, City, State \_\_\_\_\_  
Teacher's Name and Email (if applicable) \_\_\_\_\_  
Parent/Guardian's Name Phone/Email \_\_\_\_\_

### I Have Read and Understand the Contest Rules

Signature of Student Participant \_\_\_\_\_ Date \_\_\_\_\_

### To Be Completed by the VFW Post

I certify that this student has an authorized entry in our VFW Post Level Patriot's Pen Competition.

Post Commander's/Chairman's Signature \_\_\_\_\_ Post # \_\_\_\_\_

VFW Auxiliary President's/Chairman's Signature \_\_\_\_\_

Post Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

VFW Post Email \_\_\_\_\_

No. of students participation \_\_\_\_\_ No. of winners advanced to District \_\_\_\_\_

Amt. of Post/Aux. awards \$ \_\_\_\_\_

Amt. of Post/Aux. additional expenses (banquet, pins, etc.) \$ \_\_\_\_\_

### To Be Completed by the VFW District

I certify that the student named in the previous section is the duly selected winner of the Patriot's Pen Essay Contest District Competition and is our sole entry into the Department finals.

District Chairman's Signature \_\_\_\_\_ Dist.# \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

( ) \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

### To Be Completed by the VFW Department Chairman

I certify that the student named in the previous section is the duly selected first-place winner of the Patriot's Pen Essay Department Competition, and is our sole entry into the National Judging.

Department Chairman's Signature \_\_\_\_\_

( ) \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

The winner  has been  will be (check one) notified that they are the first place Department winner on \_\_\_\_\_. Note: National Headquarters will contact your winner after this date to notify them of their national placement.

## VFW Bert Fuller Post 9578

### Mission Statement:

- To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

### VFW Bert Fuller Post 9578 Vision is to

### Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal

## ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

## VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

## Post Officers & Trustees

**Jack Gauthier**, Commander  
**John Sullivan**, Senior Vice Commander  
**Juan Finch**, Junior Vice Commander  
**Carl Silva**, Quartermaster  
**Theo Bazdorf**, Chaplain  
**Sean Lynch**, Adjutant  
**Jim Bilka**, Judge Advocate  
**John Rizzo**, Service Officer  
**Dave Snyder**, Surgeon  
**Charlie Roders**, 1st Year Trustee  
**Dave Snyder**, 2nd Year Trustee  
**James Abercrombie**, 3rd Year Trustee

## Auxiliary Officers

**Sheila Snyder**, President  
**Linda Pipkin**, Senior Vice  
**Ed Malloy**, Junior Vice  
**Bob Bealo**, Treasurer  
**Anna Churgai**, Secretary  
**Jan Bazdorf**, Chaplain  
**Sven Ricketts**, Guard  
**Vikki Hemmen**, Conductress  
**Maggie Horde Ortiz**, 1st Year Trustee  
**Nancy Hauer**, 2nd Year Trustee  
**Pat Alston Aldrich**, 3rd Year Trustee

## House Committee

**Kerry Parsons**, Chairperson  
**John Sullivan**, Member  
**Bob Bradley**, Member  
**Dan Palen**, Member  
**Fred Rivera**, Member  
**John Rizzo**, Member

## Canteen / Entertainment

**Kimberley Rivera**, Manager

## Volunteer Bartenders

consequences. Offenders will lose their post privileges and not allowed on Post property in the future.

## Post Hours of Operation *(Effective 5/26/20)*

Monday - Friday: 11 a.m. to Closing (8 p.m.)

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 8 p.m.

Saturday & Sunday: 9 a.m. to Closing (8 p.m.)

## Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

## Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

## Contacting the Post

Phone: (619) 445-6040  
Fax: (619) 445-8740  
eMail: [csilvasr@aol.com](mailto:csilvasr@aol.com)

## Newsletter Submissions

Items for consideration may be emailed to [csilvasr@aol.com](mailto:csilvasr@aol.com) or mailed to the post at:

VFW Bert Fuller Post 9578  
Attention: **Carl Silva**.  
844 Tavern Road  
Alpine, CA 91901

Please note: newsletter submission deadline is the 20th of the prior month.

## Our VFW Newsletter Supporters

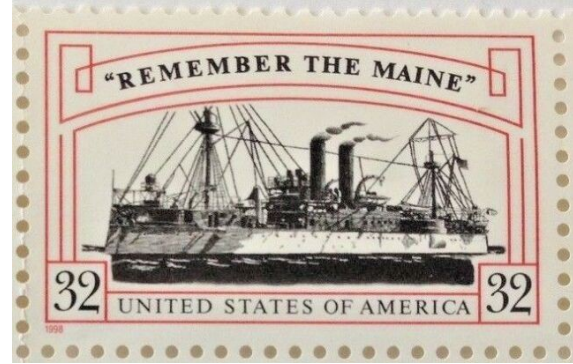
Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!

## Post Membership Drive Ongoing

Please help build our Post's membership by referring those persons you know were veterans of foreign wars. Please provide the name, email address and telephone contact information to either **Post Commander Jack Gauthier** or Post **Quartermaster Carl Silva** by calling the Post at (619) 445-6040. They will make contact and get the person started on membership enrollment.

Thank you for supporting our Post!

Yvonne Brierley  
Holly Campbell  
Dani Caton  
Sandy Curry  
Julie Kalogiannis  
Christi Kurtz  
Jessica McKittrick



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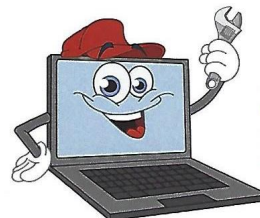
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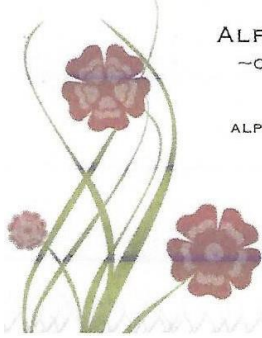
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**Tentative Post Entertainment August Schedule**

Before coming to the Post for one of the events listed below, please first check your email for a Post notice that the tentatively scheduled event IS going to take place.

If you are not sure, please call the Post at (619) 445-6040 before attending to ensure that the event is a "GO."



## August 2020 Bert Fuller V.F.W. Post 9578 Events & Activities

(NOTE: Created by Theo. August Event schedule is tentative due to County health department requirements)

August 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="color: red;">This Schedule is TENTATIVE due to San Diego County Public Health Orders.</p> <p style="color: red;">Please check your email for Post updates or call the Post at (619) 445-6040 before visiting!</p>						<b>1</b> NO Auxilliary Mtg!  Noon – 3 p.m. Aux. "Cookie Cook-off"  (No Band Scheduled)
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
PGA, NASCAR & other sports on 7 TVs	NO games until further notice!	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke ...until further notice!	NO Karaoke ...until further notice!	10 a.m. House Committee Mtg 11 a.m. General Mtg  (No Band Scheduled)
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
PGA, NASCAR & other sports on 7 TVs	NO games until further notice!	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke ...until further notice!	NO Karaoke ...until further notice!	(No Band Scheduled)
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
PGA, NASCAR & other sports on 7 TVs	NO games until further notice!	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke ...until further notice!	NO Karaoke ...until further notice!	(No Band Scheduled)
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
PGA, NASCAR & other sports on 7 TVs	NO games until further notice!	5 p.m. "Fun & Games"	5 p.m. "Fun & Games"	NO Karaoke ...until further notice!	NO Karaoke ...until further notice!	(No Band Scheduled)
<b>30</b>	<b>31</b>	<p style="color: red;">COVID-19 SAN DIEGO COUNTY HEALTH DEPARTMENT NOTICE: Stay home if sick.</p> <p style="color: red;">Wear mask &amp; practice "social distancing" (six feet). Wash hands/use sanitizer frequently.</p>				
PGA, NASCAR & other sports on 7 TVs	NO games until further notice!					

## August 2020 Bert Fuller V.F.W. Post 9578 Menu

(Note: Created by Theo)

August 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="color: red;">This Schedule is TENTATIVE due to San Diego County Public Health Orders.</p> <p style="color: red;">Please check your email for Post updates or call the Post at (619) 445-6040 before visiting!</p>						<b>1</b> 11 a.m. - 3 p.m. Grilled Burgers & Hot Dogs  5 - 8 p.m. \$15 Ribeye Steak Dinner
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
9 a.m. – 12:30 p.m. Breakfast 2 p.m. Lunch/Dinner TBA	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	11 a.m. \$5 Lunch 5 p.m. \$3 Tacos by Nora	11 a.m. \$5 Lunch 5 p.m. \$2 Slice Donato's Pizza	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner by Sandy	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	11 a.m. - 3 p.m. Grilled Burgers & Hot Dogs 5 - 8 p.m. \$15 Ribeye Steak Dinner
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
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<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
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9 a.m. – 12:30 pm Breakfast 2 p.m. Lunch/Dinner TBA	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA					

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