VFW Bert Fuller Post 9578

news & updates

July 2020 Alpine, CA



Commander's Message



An Important Message for Our Members & Guests

The opening of our Post has gone relatively well, thanks to our members, guests and our staff. Although we are not fully back to

normal operations yet, we are making progress daily.

I look forward to bringing entertainment back to our Post, including the very popular **Karaoke Nights** and Saturday night live bands. We will commence our new entertainment schedule as soon as the state and county social distancing guidelines allow.

With the announcement of over 38,000 new cases of Covid-19 in a single day on June 24th, and with California, Texas and Florida reporting 5,000+ new cases that day - we have to ensure the compliance of social distancing rules as they apply to us. Our Post membership is susceptible to this virus as our average member's age is 63 ½. So please do your best to comply at all times and do not, under any circumstances,

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



Quartermaster's Report

Our Post has successfully opened with limited operations reflecting the current guidelines imposed by federal, state and local agencies. We have faithfully practiced social distancing and followed to the letter all of the rules provided by San



of the rules provided by San Diego County in order to resume operations.

We were pleasantly surprised at how many members and guests have expressed to us how much they missed coming to the Post and enjoying the fellowship, special events and just good times.

Members commented on how well we handled all of the details to ensure that the partial opening would keep food and beverage service available for our members, their guests and members of the public who also support us.

The increased attendance has been a big help with our financial situation after 2 1/2 months of closure. Although the situation that we had all hoped would have been resolved or mitigated by now appears to be still with us for the foreseeable future.

We signed up a number of new members this month and are hopeful that this trend will continue. Several of the new members have lived in Alpine for years but recently decided to join after hearing good things about our Post operations and events.

The completion of our new roof installation over the South side entrance area was a major project for a roof that had been

attend a Post activity or event if you or a member of your family unit are experiencing COVID-19 symptoms. If you have questions on the guidelines please call the Post at (619) 445-6040.

Our Father's Day Brunch was a great success, thanks especially to the East County Transitional Living Center staff who catered. The Chicken Fried Steak breakfast was such a big hit, we are adding it to the Sunday breakfast menu. Also, Grilled Shrimp will be added back to the Saturday menu.

We lost a great benefactor when **Tom Dyke** recently passed away. Since June 12th was his birthday, the Post has declared that going forward, June 12th will be declared **"Tom Dyke Day"** in recognition of his unwavering support of our Post.

Important food service note: The system of purchasing tickets for obtaining meals is going away, so that you will now be able to place your orders with the wait staff.

Our popular **Friday Night Fish Fry** starts at 5 p.m.

Saturday Steak dinners begins at 5 p.m.

Sunday Breakfast service begins at 9 a.m.

Re-roofing the back entrance area has been completed. Thank you **Bill Brownrigg** and **Danny Olson**.

At our meetings with the House Committee and the General meeting, we voted in a **Life Member Appreciation Day**. This will start on **Saturday**, **July 11**. Any Life Member who attends the **General Meeting** will be given one drink chip on that day when they show their membership card.

We have started a new column in the **VFW Monthly Newsletter** which will list and
recognize new Members. Everyone, please
welcome them to the post when you see
them.

We look forward to the Post resuming full operations to serve our members, auxiliary, their guests and members of the public who have come to rely on the Post for quality entertainment, events and food service.

Please keep in mind - if you know of any veterans in the local area who may not be current members, please let **Post Quartermaster Carl** or I know and we'll sign them up for membership and put them on the Post email distribution list.

patched repeatedly over 15 years.

The **Saturday Burger Burn** is still going strong and our meal presentation in general is still going very well. Thanks to all who have been so supportive of this function.

Our **General Meeting** is July 11th at 11 a.m. We look forward to seeing you there to present your comments and suggestions and to support our efforts to continue to keep our Post the best in California.

I am available 24/7 to you in my capacity as Post Quartermaster.

CarlQuartermaster Carl Silva





Please continue to stay safe, follow the health guidelines and limit any exposure.

Jack

Post Commander Jack Gauthier

Chaplain's Message

244 years ago, on July 4th, 1776 the **Continental Congress** declared that the 13 American Colonies regarded themselves as a



new nation and no longer a part of the British Empire. The resulting Revolutionary War lasted until 1783. So today, even though some of our Nation's cities and towns are experiencing civil unrest and turmoil, we should never forget the sacrifices our forefathers made to create these United States of America!

Eternal God, stir our minds and stimulate our hearts with a high sense of patriotism as we approach the Fourth of July. May all that this day symbolizes renew our faith in freedom, our devotion to democracy, and redouble our efforts to keep a government of the people, by the people, and for the people truly alive in our world. Grant that we may highly resolve on this great day to dedicate ourselves anew to the task of ushering in an era when goodwill shall live in the hearts of a free people, justice shall be the light to guide their feet, and peace shall be the goal of humankind: to the glory of thy holy name and the good of our Nation and of all mankind. AMEN.

Congressional Chaplain Rev. Edward G. Latch: 7/3/74

Several of our post members have been experiencing various ailments, including **Bill Shepherd** and **Denny Hagar**. Let us pray for all of them collectively:

Lord, Almighty God, we pray for your healing grace in behalf of all our comrades who are ailing at this time. May they know the blessing of improved health in this hour and throughout life. Bless all who minister to them in body, mind, and spirit. Grant them patience and endurance, relief from pain and suffering, the blessing of a swift recovery, and finally, that they may dwell with you in life everlasting. AMEN.

Two of our Post's **Life Members** have recently passed:

O God of mercy, peace, and love, we



House Committee Report

Comrades:

I hope all is well with you and your family. Most of you know me as I have been around the Post for a long time and have held several positions at the Post.

The House Committee discussed the wearing of masks in the canteen, when you are not sitting at a table or at the bar - masks are to be worn at all times. This is for the protection of everyone. We know it is a pain, but this is the new normal for now. Hopefully, it will be over soon.

Danny Olson and **Bill Brownrigg** finished repairing the roof over the smoking area, so hopefully there will be no more leaks during the next rainy season.

You may have noticed that the drink prices went up by fifty cents. This was done to help out our bar staff. This will continue until the 1st of August. We will be doing a demographic study around our community during July to compare prices.

During August's House Committee meeting, we will be working on a plan for the October BBQ on how to hold the event or if it is even possible to hold it.

The House Committee Members are ready to get involved with the workings of the Post, according to the members' wishes. I hope to see you all at the next meeting.

John

VFW Post House Committee Chairman
John Rizzo

remember before you in this moment our friends and fellow veterans Fernando Caro and Clyde Schenk. We recall with respect all that they stood for in this life. Help us to live in the companionship of their spirit. May we be kind to the friends and family they cared for; devoted to the community in which they lived; and loyal to the causes which they served. Thus, in our lives and hearts, may Fernando and Clyde live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN.

Theo

Post 9578 Chaplain Theodore Bazdorf

Meet VFW CA State Commander John G. Lowe

John G. Lowe was installed as State Commander for the VFW, Department of California, on June 12, 2020. Before this, he



served as the **State Sr Vice Commander** (2019 - 2020) and the **State Jr Vice Commander** (2018 - 2019).

John enlisted in the Army in 1982. After basic training and Military Police School at Fort McClellan, AL, he attended Quartermaster School at Fort Lee, VA. In 1983, he volunteered for Airborne School at Fort Benning, GA and upon graduation was assigned to the 82nd Military Police Co., 82nd Airborne Division at Fort Bragg, NC. In 1984 he was re-assigned to Headquarters Co., 50th Signal Bn (Airborne), also at Fort Bragg.

John participated in Operation Urgent Fury, the invasion of Grenada. He completed 23 military parachute jumps while in the service and also attended Jungle Warfare School in Panama.

In recognition of his military service, John earned the Army Commendation Medal (three awards), Armed Forces Expeditionary Medal, Army Good Conduct Medal, Parachutists Badge, Expert Rifleman's Badge, and Jungle Expert Badge.

In 1985, following his discharge, **John** began a career as an accountant in the nonprofit sector working for such distinguished organizations as the **San Diego Symphony** and the **Los Angeles**

Auxiliary President's Message

Hello to everyone and welcome to the new year with some new additions to our Auxiliary line officers!



Your Auxiliary line officers for July 2020 - June 2021 are:

Sheila Jo Snyder, President Linda Pipkin, Sr. Vice Ed Mollo, Jr. Vice Bob Bealo, Treasurer Jan Bazdorf, Chaplain Vikki Hemmen, Conductress Sven Ricketts, Guard Maggie Horde Ortiz, Trustee #1 Nancy Hauer, Trustee #2 Pat Alston Aldrich, Trustee #3

This month's (July) meeting is cancelled due to the **Independence Day** holiday.

Our next scheduled meeting will be 10 a.m. Saturday, August 1st, at the Post, most likely on the deck area. Everyone is welcome to attend to start the new year off fresh with your input, insight, ideas, fundraisers, etc. to get back on track. Following the meeting, we will be having a "Cookie Bake Off Challenge" with Nancy Bailey in charge of the competition. For those of you who want to participate, a flyer will be forthcoming with details regarding the August 1st bake-off.

During our June meeting, we unanimously voted on **Anna Churgai** handling \$50 for donations to the Veterans Home in Chula Vista. Anna mentioned there were veterans who were transferred there from other locations, but unable to take personal items or necessities with them. The monies were from District based on our meeting 100% membership by Oct. 2019. Items include socks, underwear, other clothing, toiletries and any other products left behind. Anna will advise on the items purchased, along with any photos and report for me to submit for the new year of chairmen and chairwomen from District for credit to our Auxiliary.

We received an award from the **National Auxiliary President** for our contributions and continued support for Veterans and families. The beautiful award is framed and will be hanging on the wall near the window

Philharmonic. He has nearly 25 years' experience in accounting, database management, and nonprofit administration. He is currently the Director of Finance and Operations at the Powerhouse Science Center in Sacramento, CA.

In 1989, he joined VFW Post 1614 in La Crescenta, CA and is currently a Gold Legacy life member in Post 2111 in Chula Vista, CA. John has served in numerous leadership roles at the Post, District, State and National Levels, including All-State Post Quartermaster and Commander in 1995 and as District 10 Commander in 1997. In 2000, he was elected State Quartermaster and appointed State Adjutant, where he served in this role until 2012.

In October 2008, John was appointed **Deputy Director** of the **National VFW Foundation**, where he ultimately became **Director** in March 2010 and served in this role until 2012.

John served on the National POW/MIA Committee and was appointed Chairman of the National Buddy Poppy Committee in 2003. He also served as a member of the National By-Laws Study Group from 2006 to 2011.

John is a graduate of the University of San Francisco, where he earned a bachelor's degree in Public Administration and an Executive MBA from Rockhurst University's Helzberg School of Business.

John is a member of the American Legion, 82nd Airborne Association, and the U.S. Army Association. He and his wife Kathryn and three daughters Jennifer, Audrey, and Emily reside in Sacramento, CA. He spends his free time coaching girls competitive softball and loves improving upon his cooking and photography skills.



adjacent to the fireplace area. We worked diligently to get all the documentation submitted; there were about 45 reports sent in for various projects. One of the projects included William Shuttleworth and his wife Patty who had stopped by our Post last August during William's "Vets Don't Forget Vets" walk from his home in Massachusetts to San Diego.

We will be contacting the **Boy Scout Troop 105** Scout Master as we have a surprise for them, based on the two young Scouts who came to **Post 9578** last June for flag retirement basic training. We hope to have them at our August meeting.

We had our mini installation of three new officers: **Ed Molloy** (Jr VP), **Nancy Hauer** (Trustee #2) and **Pat Alston Aldrich** (Trustee #3). While **Nancy** was in attendance, both **Ed** and **Pat** called in on telephones to complete their oath of office and listen in on the meeting's proceedings.

Please keep Comrade **Denny Hagar** in your prayers; he is going through a very rough time with his second bout of cancer and chemotherapy to beat it. Please send his way cards and kind thoughts for recovery.

Have a wonderful 4th of July; please note that the Coronado Parade was cancelled some time ago, so we will not be able to participate this year as we have in the past.

Looking forward to seeing everyone for August, please keep staying safe and healthy! Thank you!

Respectfully submitted,

Sheila Jo

Auxiliary President
District 1 Auxiliary Chaplain 2019 - 2020
Sheila Jo Toor-Snyder

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary.

Check the Auxiliary Facebook page for details; click on this link:

VFW Post 9578 Auxiliary

Auxiliary Chaplain's Message

Saturday, July 11th is "Cheer Up the Lonely Day" which is your opportunity to make a lonely person happy. Anytime you can make someone happy, you have



COVID-19 Resources

California COVID-19 Resources
CA COVID-19 Resources

CA Dept of Public Health

CA Dept of Public Health
San Diego County Health
San Diego County

SD County HSD Recommendations

We urge all to follow the basic steps recommended by the San Diego County Health Services Department:

How to protect yourself

Practice everyday preventive actions to help prevent the spread of respiratory viruses, including:

- · Wash your hands often with soap and water for at least 20 seconds.
- · If soap and water are not available, use an alcohol-based hand sanitizer. It should be at least 60% alcohol.
- · Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces often.
- Avoid close contact with people who are sick.
- · If you are sick, stay home and keep your distance from others to protect them from getting sick too.
- · Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

done a good thing, and should be proud of yourself! They may have lost loved ones over the years. They may be elderly. They may be shy. They may think they are not worthy.

Spend some time today cheering up someone you know is lonely. It is easy to do - a phone call, a card, or a quick text! Keep the conversation upbeat, and lively. Since we are unable to give a big hug right now, make sure your voice makes them feel cared for and loved. Let them know you enjoyed your time conversing with them, whether in person or on the phone. It has been extremely hard for many folks around the world to remain quarantined these past few months.

"God is our refuge and strength, an everpresent help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea..." — Psalm 46:1-2

"Dear Lord, we lift up to You our concern for people who are more likely than others to become severely ill from COVID-19 — the elderly and people with chronic health conditions. Protect them from harm and be their comfort in this time of uncertainty and, for many, preventive isolation from loved ones."

For the Caregivers:

"Renew their energy and sustain them on long shifts. Bring Your protection upon them as they work with patients. Multiply their supplies so they have the protective items needed to stay safe on the job."

For our Researchers:

"Inspire and invigorate the research doctors developing better tests to diagnose the virus, create vaccines to prevent it, and identify protocols to eliminate the disease's spread."

For our decision makers:

"Father, we seek Your wisdom daily. Be with people making decisions that affect the lives and futures of our families, communities, countries, and the wider world. We pray that they communicate clearly, truthfully, and calmly — with each other and with the public — and that their messages are received and heeded. May truth and empathy be the touchstones of people setting policies for our protection."

Happy 244th Birthday to the United States of America

VFW 9578 ALPINE

FRIDAY DINNER MENU

- 2 Pc Fish, Fries & Coleslaw
- 10 Pc Shrimp, Fries & Coleslaw
- 1 Pc Fish, 5 Pc Shrimp, Fries & Coleslaw \$12
- Shrimp Cocktail \$8 • Chicken Sandwich, Fries and Coleslaw



Stay Connected with our up to date Facebook: @AlpineVFW9578 or: www.vfw9578.com



VFW 9578 ALPINE



SATURDAY DINNER MENU 5-8PM

- Ribeye Steak, Baked Potato, Corn and Dinner Roll \$15
- •Shrimp Skewer \$5



Stay Connected with our up to date Facebook:

@AlpineVFW9578_or: www.vfw9578.com

this Saturday, July 4th!

With Peace and Blessings,

Jan

Post 9578 Auxiliary Chaplain Jan Bazdorf

Canteen Manager's Message

As we are now providing food and beverage service, please keep in mind that *no outside* food is allowed to be



brought in during Post regular meal service. If you have any questions regarding this, please call the Post at (619) 445-6040.

We will have daily lunches and dinners served by the bartenders and East County Transitional Living Center staff. Please note that you *do not* have to buy food in order to purchase alcohol, according to San Diego County guidelines.

Hopefully entertainment will be back soon. It will resume when the San Diego County COVID-19 restrictions are changed.

Remember that the Post conducts a raffle basket once a month, so I am looking for donations - if you have anything to donate, please bring it to the Post. Thank you for helping our Post!

For Post Raffle and 50/50 tickets: please put your name and contact number on all Post Raffle and 50/50 tickets that you purchase since you do not have to be "present" to win!

Kimberley

Canteen / Entertainment Manager Kimberley Rivera

New Benefit for Post Lifetime Members!

On Saturday, July 4th, VFW Post 9578
Lifetime Members will receive a free drink
chip on that date by showing their active
membership card. Starting with the second
Saturday of August 2020, all Lifetime
Members of VFW Post 9578 will be
encouraged to participate in the
membership meeting and show their
Lifetime VFW Membership Card to
receive a free drink chip.



VFW 9578 ALPINE

SUNDAY BREAKFAST MENU

- Bacon, Eggs, Potatoes & Toast
- Sausage, Eggs, Potatoes & Toast
- Chicken Fried Steak, Eggs, Potatoes &Toast \$10

Biscuits and Gravy

\$5

• Ribeye Steak, Eggs, Potatoes & Toast

\$15

9:00-12:30

Open to Public for Meals

Stay Connected with our up to date Facebook: <u>@AlpineVFW9578</u> or: <u>www.vfw9578.com</u>

Tentative

Post Entertainment July Schedule

Before coming to the Post for one of the events listed below, please first check your email for a Post notice that the tentatively scheduled event IS going to take place.

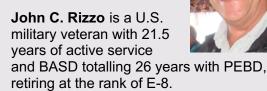
If you are not sure, please call the Post at (619) 445-6040 before attending to ensure that the event is a "GO."

House Committee Meetings are held every second Saturday of the month at 10 a.m.

Post Member meetings are held every second Saturday of the month at 11 a.m.

Show your pride in our Post by letting people know you are a member of our VFW!

Meet Post House Committee Chair & Post Service Officer John Rizzo



John's military education includes:
Commanders Safety Course; Excavation
Competent Person Course; Commanders
Primary Leaders Competence Course;
Total Army Instructor Training Course;
Advance NCO Course; Phoenix Beta
System Administrators Course;
Advance NCO Course; Basic NCO
Course; RCAS System Administrators
Course; Basic NCO Course; Combat
Lifesaver Course; PLDC; Combat Engineer
Course; Missile Repair Parts Specialist;
Stock Control/Accounting Specialist

John has earned the following decorations, awards and citations:

Meritorious Service Medal (w/2 bronze OLC); Army Commendation Medal (w/3 bronze OLC); Army Achievement Medal (w/3 bronze OLC); **Army Good Conduct** Medal (rope w/3 knots); Army Reserve **Components Achievement Medal:** National Defense Service Medal (w/2 bronze stars); Kosovo Campaign Medal; Global War on Terrorism Medal (2nd Award); Armed Forces Reserve Medal (w/"M" device 2nd Award); NCO **Professional Development Ribbon** (w/numeral 3); Army Service Ribbon Over Seas Ribbon (2nd Award); NATO Medal (Kosovo); California Commendation Medal; California Service Medal (w/1 diamond); California Good Conduct Medal; Enlisted Excellence Ribbon: California Federal Service Ribbon (2nd Award); California State Service Ribbon; Counterdrug Service Ribbon (w/2silver stars); Drill Attendance Ribbon (w/2 silver

SUBJECT TO CHANGE:

SATURDAY NIGHT ENTERTAINMENT SCHEDULE FOR MONTH OF JULY 6-10 PM

JULY 4: BROWN SUGAR OLDIES

JULY 11: MIDNIGHT FIRE JULY 18: WILD RUMOUR





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stars); **Drivers Badge** (2nd award); and **De Flurie Medal**.

John's significant military experience includes:

Operations and Plans NCOIC Team Engineer CDTF (E8); First Sergeant Echo 1/185th AR CAB (E8); Operations and Projects NCOIC Task Force Steel Castle (E8); Operations NCOIC Task Force Engineer (E8); First Sergeant 140th ESC (E8): OEF (E8) KFOR6B. Task Force Sidewinder; First Sergeant (E8) Company A 578th En Bn; Construction Platoon Leader (E8) Task Force Engineer; First Sergeant (E8) Company B 578th En Bn; Operation Enduring Freedom, Noble Eagle I & II; Liaison Officer, West San Diego (E8) Task Force Engineer; First Sergeant (E8) Company B 578th En Bn; Vertical Construction Platoon Sergeant (E8) Task Force Engineer; First Platoon Sergeant (E7) Company B 578th En Bn; Vertical Construction Platoon Sergeant (E7) Task Force Engineer; First Platoon Sergeant (E6) Company C 578th En Bn; Vertical Construction **Section Sergeant** (E6) Task Force Engineer 1995 thru 1997 Engineer Liaison Officer (E6) 2nd Brigade 40th ID; PSNCO (E6) Team Dragon Counterdrug: **Squad Leader** 1st Platoon (E6) Det 2 Company C 132nd En Bn; **Administrative Section Sergeant (E5)** Counterdrug Headquarters; Team Leader (E5) Det 2 Company C 132nd En Bn; **Construction Superintendent; Team** Leader (E4) Det 2 Company C 132nd En Bn: Construction Worker: Squad Member (E4) Detachment 2 Company C 132nd En Bn; Stock Control / Accounting Specialist (E4) 2/67th ADA, 1st INF.

John's civilian education includes Life Sciences coursework at American River College; General Studies at Vincennes University; Hazardous Materials Course; First Responders Course; he holds a Certificate Hazard Communication Training and OSHA Construction Industry 29CFR 1926.

John's civilian affiliations include: Life Member of the Veterans of Foreign Wars, member of the American Legion, member of the Army Engineer Association.

John, born in Klamath Falls, OR is married and currently resides in Alpine, CA.



VFW Bert Fuller Post 9578

Mission Statement:

- · To foster camaraderie among United States veterans of overseas conflicts
- To serve our veterans, the military and our communities
- · To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- · Veterans are respected for their service
- · Always receive their earned entitlements
- · Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- · Always put the interests of our members first
- · Treat donors as partners in our cause
- · Promote patriotism
- · Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- · Promote a positive image of the VFW
- · Respect the diversity of veteran opinions

Post Officers & Trustees

Jack Gauthier, Commander
John Sullivan, Senior Vice Commander
Juan Finch, Junior Vice Commander
Carl Silva, Quartermaster
Theo Bazdorf, Chaplain
Sean Lynch, Adjutant
Jim Bilka, Judge Advocate
John Rizzo, Service Officer
Dave Snyder, Surgeon
Charlie Roders, 1st Year Trustee
Dave Snyder, 2nd Year Trustee

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their post privileges and not allowed on Post property in the future.

Post Hours of Operation (Effective 5/26/20)

Monday - Friday: 11 a.m. to Closing (8 p.m.)

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 8 p.m.

Saturday & Sunday: 9 a.m. to Closing (8 p.m.)

Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040 Fax: (619) 445-8740 eMail: csilvasr@aol.com

Newsletter Submissions

Items for consideration may be emailed to

James Abercrombie, 3rd Year Trustee

Auxiliary Officers

Sheila Snyder, President Linda Pipkin, Senior Vice Ed Malloy, Junior Vice Bob Bealo, Treasurer Anna Churgai, Secretary Jan Bazdorf, Chaplain Sven Ricketts, Guard Vikki Hemmen, Conductress Maggie Horde Ortiz, 1st Year Trustee Nancy Hauer, 2nd Year Trustee Pat Alston Aldrich, 3rd Year Trustee

House Committee

Kerry Parsons, Chairperson John Sullivan, Member Bob Bradley, Member Dan Palen, Member Fred Rivera, Member John Rizzo, Member

Canteen / Entertainment

Kimberley Rivera, Manager

Volunteer Bartenders

Yvonne Brierley Holly Campbell Dani Caton Sandy Curry Julie Kalogiannis Christi Kurtz Jessica McKittrick

Our Newsletter Supporters

Alpine Artistic Florist (619) 445-7974
Jamie Lewis
www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896 Jonar R. Bonifacio DDS Dr. "B" Alpine Dentistry

Alpine Computer & Tutor (619) 277-7858 Duncan Marks

Bisher's Quality Meats (760) 789-1488
Dan Bisher
https://weareramona.com/listing/bishers-quality-meats-ramona/

California Signs & Marketing (619) 258-2001 California Signs & Marketing

Clayco Solar Services (619) 971-2799 Clay Mauldin csilvasr@aol.com or mailed to the post at:

VFW Bert Fuller Post 9578
Attention: **Carl Silva**.
844 Tavern Road
Alpine, CA 91901
ase note: newsletter submission dead

Please note: newsletter submission deadline is the 20th of the prior month.

Our VFW Newsletter Supporters

Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!

Post Membership Drive Ongoing

Please help build our Post's membership by referring those persons you know were veterans of foreign wars. Please provide the name, email address and telephone contact information to either Post Commander **Jack Gauthier** or Post Quartermaster **Carl Silva** by calling the Post at (619) 445-6040. They will make contact and get the person started on membership enrollment.

Thank you for supporting our Post!







Copy Corral (619) 562-3660 Julie Walker www.lakesidecopy.com

East County Karate (619) 627-4850 Nathan Morton http://ecmartialart.com

Kamps Propane (619) 390-6304 Richard Edwords www.kampspropane.com

Keller Williams (619) 301-2301Doris Fifer

On Line Bookkeeping & Tax Service Roger Garay & Christy Kohl (619) 445-5523 www.olbts.com

Primary Residential Mortgage (619) 722-1303 Chris Wiley www.alpineprmi.com

Regional Elite Plumbing (619) 722-1049 Mike Putnam

Three T RV (619) 444-0047 Tim Tracey www.3trv.com



JONAR R. BONIFACIO, DDS "DR.B"

PHONE: 619.445.8896 FAX: 619.445.7339 EMAIL: DRBDDS@ALPINEDENTISTRY.COM 1620 ALPINE BLVD., SUITE 121, ALPINE, CA 91901 ALPINEDENTISTRY.COM

East County Karate We Teach Attitudes First

Nathan Morton

9253 Adlai Road Lakeside, CA 92040

(619) 627-4850

NathanMorton619@gmail.com





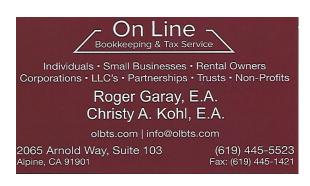


BISHER's

QUALITY MEATS

The Very Best In Meats
Dan Bisher, Owner
2330 Main St #A Ramona 92065
Josh Lehman, Manager
(760) 789 1488





Computer or Laptop Troubles?

...probably infected by malware!



Do NOT overpay for tech support
big box electronics & national
office supply stores charge
hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.



Don't wait around for hours!

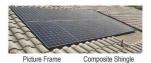
We'll come to your home or business at a specific day and time that is convenient for you.

Serving East County For 25+ Years ALPINE COMPUTER

Issues with your computer, laptop, printer, network or software programs? Call Alpine Computer today! (619) 277-7858 • AlpineComputer@hotmail.com













Want it done the right way? Don't overpay!

1st Service Call

Call Clay today for all your SOLAR needs!

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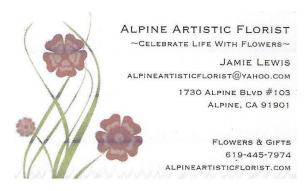
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by the owner

July 2020 Bert Fuller V.F.W. Post 9578 Activities & Events ** (NOTE: Created by Theo - This schedule is tentative due to COVID-19 Regulations) **

July 2020									
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
SAN DIEGO COUNTY	Wear mask	Wash hands	1	2	3	4 INDEPENDENCE DAY 10 a.m.			
HEALTH DEPT COVID-19 NOTICE: Stay home if sick!	Practice "social distancing" (6' feet)	Use hand sanitizer frequently	5 p.m. Bar Games!	NO Karaoke until further notice!	NO Karaoke until further notice!	Auxiliary Mtg 6 - 10 p.m. "Brown Sugar Oldies" Band			
5	6	7	8	9	10	11			
NASCAR & other sports on 7 TVs!	Hold'em Poker is back!	B-I-N-G-O is back!		NO Karaoke until further notice!	NO Karaoke until further notice!	10 am House Committee Mtg 11 am General Mtg 6 - 10 p.m. "Midnight Fire" Band			
12	13	14	15	16	17	18			
NASCAR & other sports on 7 TVs!		5 p.m. B-I-N-G-O is back!	5 p.m. Bar Games!	NO Karaoke until further notice!	NO Karaoke until further notice!	6 - 10 p.m. "Wild Rumour" Band			
19	20	21	22	23	24	25			
NASCAR & other sports on 7 TVs!	6 p.m. Texas Hold'em Poker is back!	5 p.m. B-I-N-G-O is back!	5 p.m. Bar Games!	NO Karaoke until further notice!	NO Karaoke until further notice!	(No Band Scheduled)			
26	27	28	29	30	31				
NASCAR & other sports on 7 TVs!		5 p.m. B-I-N-G-O is back!	5 p.m. Bar Games!	NO Karaoke until further notice!	NO Karaoke until further notice!				

July 2020 Bert Fuller V.F.W. Post 9578 Menu *** (NOTE: Created by Theo - This schedule is tentative due to COVID-19 Regulations) ***

July 2020										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
SAN DIEGO COUNTY HEALTH DEPT	Wear mask	Wash hands	1 11 a.m. \$5 Lunch	2 11 a.m. \$5 Lunch	3	4 INDEPENDENCE DAY 11 a.m 1:30 p.m. Grilled Burgers &				
	"social distancing" (6' feet)	frequently	5 p.m. Donato's Pizza \$2 per slice	5 p.m. \$9 Dinner by Sandy	5 - 7:30 p.m. \$12 Fish & Shrimp Dinners	Hot Dogs 5 - 7:30 p.m. \$15 Ribeye Steak Dinner				
5	6	7	8	9	10	11				
9 a.m 12:30 p.m. Breakfast by ECTLC 2 p.m. \$5 Fried Chicken & Potato Salad	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	11 a.m. \$5 Lunch 5 p.m. \$3 Tacos by Nora	11 a.m. \$5 Lunch 5 p.m. Donato's Pizza \$2 per slice	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner by Sandy	5 - 7:30 p.m. \$12 Fish & Shrimp Dinners	11 a.m 1:30 p.m. Grilled Burgers & Hot Dogs 5 - 7:30 p.m. \$15 Ribeye Steak Dinner				
12 9 a.m 12:30 p.m. Breakfast by ECTLC	13 11 a.m. \$5 Lunch	14 11 a.m. \$5 Lunch	15 11 a.m. \$5 Lunch	16 11 a.m. \$5 Lunch	17	18 11 a.m 1:30 p.m. Grilled Burgers & Hot Dogs				
2 p.m. \$5 Fried Chicken & Potato Salad	5 p.m. \$9 Dinner TBA	5 p.m. \$3 Tacos by Nora	5 p.m. Donato's Pizza \$2 per slice	5 p.m. \$9 Dinner by Sandy	5 - 7:30 p.m. \$12 Fish & Shrimp Dinners	5 - 7:30 p.m. \$15 Ribeye Steak Dinner				
19	20	21	22	23	24	25				
9 a.m 12:30 p.m. Breakfast by ECTLC		11 a.m. \$5 Lunch	11 a.m. \$5 Lunch	11 a.m. \$5 Lunch		11 a.m 1:30 p.m. Grilled Burgers & Hot Dogs				
2 p.m. \$5 Fried Chicken & Potato Salad	5 p.m. \$9 Dinner TBA	5 p.m. \$3 Tacos by Nora	5 p.m. Donato's Pizza \$2 per slice	5 p.m. \$9 Dinner by Sandy	5 - 7:30 p.m. \$12 Fish & Shrimp Dinners	5 - 7:30 p.m. \$15 Ribeye Steak Dinner				
26	27	28	29	30	31					
9 a.m 12:30 p.m. Breakfast by ECTLC	11 a.m. \$5 Lunch 5 p.m. \$9 Dinner	11 a.m. \$5 Lunch	11 a.m. \$5 Lunch	11 a.m. \$5 Lunch	5 - 7:30 p.m. \$12 Fish & Shrimp					
2 p.m. \$5 Fried Chicken & Potato Salad	ТВА	5 p.m. \$3 Tacos by Nora	5 p.m. Donato's Pizza \$2 per slice	5 p.m. \$9 Dinner by Sandy	Dinners					

VFW Bert Fuller Post 9578 (619) 445-6040







