VFW Bert Fuller Post 9578

news & updates

June 2020 Alpine, CA



Commander's Message



An Important Message for Our Members & Their Guests

Picture by Jessica Webb

The COVID-19 health orders and various governmental rules and guidelines issued have interrupted our Post's normal business activities, entertainment, food service, meetings, elections and celebrations since March 19th. Our daily routines, many things that we normally do and things that we have taken for granted were significantly altered.

On **Memorial Day**, Monday, May 25th we staged a "soft" opening of the Post's operation, starting with a **Memorial Day** celebration at 11 a.m., followed by a modified food service operation featuring hamburgers and hot dogs until the Post closed for the day at 5 p.m. The new social distancing rules were implemented and everyone attending had a good time catching up with each other.

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



Quartermaster's Report

The light at the end of this dark COVID-19 tunnel was bright for our Memorial Day Wall of Honor presentation and the re-opening of our Bert Fuller VFW Post 9578 on Monday, May 25th.



Picture by Jessica Webb

I want to thank all the folks who attended our **Memorial Day** service. The cooperation of all who attended following appropriate social distance and proper behavior under difficult circumstances was truly wonderful and deeply appreciated. The donations and encouraging words from people have been just amazing. Our Post followed all **San Diego County** rules and guidelines while serving nearly 100 meals.

The Post has been very busy over the last 10 weeks, tackling maintenance projects including roof and deck repairs, rebuilding of the ice machine, extensive deep cleaning and other improvements to the physical plant.

We have made special arrangements for Post food service for our members, their invited guests and members of the public in compliance with **San Diego County** guidelines by having lunches and evening meals provided by local, certified vendors. Your favorite Post meals are coming back on the menu!

The Post replaced all worn flags at the **Queen of Angels Cemetery** with several hundred flags donated by **Ace Hardware** for our use at the Cemetery. Myself, **Chaplain Theo Bazdorf** and **Canteen Manager**

The post is currently going through a learning curve on what services we can provide and how best we can provide those services while remaining in compliance with various governmental rules, restrictions and guidelines.

At present, we are not allowed to provide entertainment, including our Post favorites of **Bingo**, **Poker**, **Karaoke**, **Pool** and live bands.

Although we are not sure how long these restrictions will be in place, we are all hoping for the timely notice of the easing of these rules. Meals must be served for the post to be opened daily – and food service is a requirement for alcohol to be served. In fact, you have to order beverages at the time you place your food order.

We are handling this on a day-today basis right now and will post what the daily meal offerings are online. Regular dinner service will start up with modified menus.

Our popular **Fish Fry Night** on Friday, June 5th, starting at 5 p.m.

Saturday Steak dinners will begin at 5 p.m. on Saturday, June 6th

Sunday Breakfast service will begin at 9 a.m. Sunday, June 7th.

The process for *purchasing* food has changed; you will now purchase from the bartender a ticket for your meal and then give it to your server when you order.

We look forward to the Post resuming full operations to serve our members, auxiliary, their guests and members of the public who have come to rely on the Post for quality entertainment, events and food service.

Please keep in mind - if you know of any veterans in the local area who may not be current members, please let **Post Quartermaster Carl** or I know and we'll sign them up for membership and put them on the Post distribution list.

Please continue to stay safe, follow the health guidelines and limit any exposure.

Jack

Post Commander Jack Gauthier **Kimberley Rivera** spent several hours at the Alpine **ACE Hardware** store location, taking in over \$375.00 in donations. **Ace** customers received

Buddy Poppies and **American Flags**. People also purchased face masks and Armed Forces bracelets.

We encourage all of you to visit your Post and enjoy the return of (somewhat) normal Post functions.

I am available 24/7 to you in my capacity as Post Quartermaster.

Carl

Quartermaster Carl Silva



(L to R): Kimberley Rivera, Allison Earl, Carl Silva pictured here staffing the VFW Bert Fuller Post 9578 table at Alpine's Ace Hardware store



Post Chaplain **Theo Bazdorf** performs inventory control measures at the fundraiser



Picture by Jessica Webb

Post Commander **Jack Gauthier** commemorates fallen comrades during the **Memorial Day** ceremony at the VFW Post.

Chaplain's Message

June 14th is **Flag Day** in the U.S., commemorating the adoption in 1777 of our nation's flag, by resolution of the Second Continental Congress. That date is also the 245th "birthday" of our **U.S. Army** in 1775.

Last month (May) was **National Military Appreciation Month**. But of course it really is year-round, especially in these days when our troops are in danger from COVID-19 and enemy forces.

Heavenly Father, we thank you for the free country in which we live, for our abundant natural resources, and for our standard of living. Lord, thank you also for the men and women in our nation's military who risk their lives to preserve our way of life. We ask that you please be with each Soldier, Sailor, Airman, Marine and Coast Guardsman as they serve. Look after their families and keep them safe. Bless the brave who protect our freedom so they may reap the rewards of a job well done. Renew the respect for our service members across the United States of America and always bless our Nation. AMEN.

Life Member **Denny Hagar**, U.S. Navy Vietnam veteran, has a serious health issue; let us pray for his full recovery:

Lord, Almighty God, we pray for your healing grace in behalf of our friend and fellow veteran **Denny Hagar**. May he know the blessing of improved health in this hour and throughout life. Bless all who minister to **Denny** in body, mind, and spirit. Grant him patience and endurance, relief from pain and suffering, the blessing of a swift



(L to R): **Carl Silva**, ACE Hardware customer, **Jack Gauthier** and **Theo Bazdorf**

Meet Post Chaplain Theo Bazdorf

"At age 19, I volunteered for the Draft and was inducted into the U.S. Army on September 18, 1958. After a week



at Fort Dix, New Jersey, I was sent to Fort Hood, Texas for Basic and Advanced Tank Training with the 2nd Armored Division. Then, after promotion to PFC (E-3), I was assigned to division headquarters as a staff driver, inspecting base motor pools for about seven months. In August 1959, I reported to Fort Lewis, Washington, where after a week, I was shipped out to Korea with hundreds of other soldiers under orders from our Commanderin-Chief, President Eisenhower. We left Seattle on a packed troop ship, the **USNS** Hugh Gaffney, stopping in Yokahama, Japan after a "cruise" of two weeks. After a day or two in Japan, we cruised up the Yellow sea to our final destination: Inchon, Korea.

We disembarked there and were trucked up to our eventual duty stations; mine being 2nd Medium Tank Battalion, 40th Armor, 7th Infantry Division at Camp Beavers, about 35 miles north of Seoul, and less than 10 miles south of the DMZ. During my tour of duty, in addition to many tank maneuvers up near the DMZ, we trained Republic of Korea (ROK) soldiers attached to our unit so that eventually they

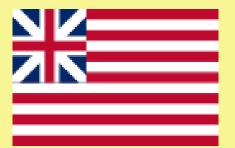
recovery, and finally, that he may dwell with you in life everlasting. AMEN.

Theo

Post 9578 Chaplain Theodore Bazdorf

Flag Day is June 14

When the American Revolution broke out in 1775, the colonists weren't fighting united under a single flag. Instead, most regiments participating in the war for independence against the British fought under their own flags. In June of 1775, the Second Continental Congress met in Philadelphia to create the Continental Army — a unified colonial fighting force — with the hopes of more organized battle against its colonial oppressors. This led to the creation of what was, essentially, the first "American" flag, the Continental Colors.



Although unofficial, the is considered to be the first American flag. It was used from 1775-1777, preceding the **Betsy Ross** flag and aiding in its design. The **Continental Colors** includes a field of 13 alternating red and white stripes with a British Union Jack in the canton.

Records show that Philadelphia seamstress Margaret Manny sewed the first Continental Colors for the Alfred, and in December of 1775, the flag was raised for the first time on any fighting vessel. A year later, the flag was considered the official flag of the American naval forces by the Maritime Committee of the Continental Congress.

On New Year's Day in 1776, George Washington ordered the Continental Colors to be raised on Prospect Hill in Somerville, Massachusetts in celebration of the birth of the Continental Army. Although many flags protesting British rule were in existence at that time, including those with icons of snakes, pine trees and the word "liberty," Washington choose to use the Continental Colors. It was hoisted on a 76 foot flagpole and could be seen all the way in Boston. Washington referred to the flag as the "Union Flag in Compliment to the

would be able to defend themselves from further attacks from the Korean People's Army (KPA) in North Korea.

A month-and-a-half before the end of my one-year Korean tour of duty, I was promoted to Specialist (E-4). In mid-August 1960, with hundreds of other U.S. soldiers, I re-boarded the **USNS Gaffney** at Inchon for the two-week return trip to the U.S. We landed at **Oakland Army Terminal**, California, where I completed paperwork for my release from active duty on September 2, 1960.

After spending the Labor Day weekend in San Francisco, I flew back home to New Jersey. But, now at age 21, having seen more of the world, I moved to San Diego in April 1961 to stay with a Jersey friend I grew up with who was stationed here with the U.S. Navy. In July 1963, my last Army Reserve duty was at Fort Irwin, near Barstow, California. The following year I received my Honorable Discharge in the mail, dated August 31, 1964.

Using my G.I. Bill benefits, I finally completed my business degree at San Diego State University in January 1972. I spent the next 37 years at various corporate accounting jobs in San Diego, ranging from bookkeeper to chief financial officer. Having earned the Korea Defense Service Medal, I joined the VFW in 2009, and became a member of Bert Fuller Post 9578 a year later. I've been pleased and honored to have served as Post Chaplain and Assistant Quartermaster since 2012."

Theo Bazdorf



Darrell Issa attended the VFW Bert Fuller Post 9578 Memorial Day celebration and is pictured above with (L to R): Post Chaplain Theo Bazdorf, Darrell Issa, Post Commander Jack Gauthier and Post Quartermaster Carl Silva. Darrell Issa is the Republican candidate running for United Colonies." It was also known as the **Grand Union** flag, the **Union** flag, the **Continental** flag, the **Somerville** flag and the **Great Union**.

The flag's designer is unknown, but it is speculated that **Benjamin Franklin**, **Thomas Lynch** and **Benjamin Harrison** were responsible. They were appointed by **Continental Congress** to advise **George Washington** in creating the **Continental Army** in 1775. It is also possible that **Washington** himself or one of his staff members designed the flag.

For some, this flag, which was comprised of 13 red and white alternating stripes and a Union Jack in the corner, was too similar to that of the British. **George Washington** soon realized that flying a flag that was even remotely close to the British flag was not a great confidence-builder for the revolutionary effort, so he turned his efforts towards creating a new symbol of freedom for the soon-to-be fledgling nation.

While the **Continental Colors** is symbolic, the exact meaning of its design is uncertain. It is generally believed that the stripes, like those of the **Betsy Ross** flag, represent the 13 colonies, while the Union Jack in the canton was meant to show colonial loyalty to the crown or to traditional British values and laws. Since the flag was supposed to express the colonies' desire for independence from Britain, the use of the Union Jack seems slightly contradictory and would prove to be a mistake. When British troops noticed the **Continental Colors** in Boston, they interpreted the use of the **Union Jack** as a sign of surrender.

On June 14, 1777, the Second Continental Congress took a break from writing the Articles of Confederation and passed a resolution stating that "the flag of the United States be 13 stripes, alternate red and white," and that "the union be 13 stars, white in a blue field, representing a new constellation." The Continental Colors was replaced by the first Stars and Stripes. The canton was changed from the British Union Jack to a blue field with thirteen white stars, representing a "new constellation" and America's new found independence.

California's 50th Congressional District in November.

Auxiliary President's Message

Hello, everyone!

Hard to believe we are already in June with the first part of 2020 over. We are still following the guidelines for stay at home, wearing a face mask to protect everyone, wearing gloves, social distance 6' apart and less than 10 folks at a gathering.

During the latter part of April, I sent an email blast to about 120+ members on the list, and a followed up a few days prior to our having a teleconference session for nominations and elections, set for Saturday May 2. Our treasurer **Bob** also sent out a reminder as well to others. We did not have a meeting in April due to the Post's closure and opted for the online/audio video conference. The application we used had generated a phone number outside of area code 619, but I did include all information for access code to connect with us for this meeting, whether you called in or accessed via online computer. However, despite all those email notifications, only 7 of us connected online (either video and/or audio).

Since having a meeting at the Post was not an option (as 6' distance apart on the parking lot is not easy when people need to drive and leave their cars down the hill on the street). I sent an email blast to everyone and posted a brief message on Facebook that we would be having a short meeting on Sat. May 16 in an attempt to gather more participation.

We had the teleconference on May 16, and after sending out emails to 120+ persons and posting on Facebook, we had only 8 people chiming in - but we met our required quorum!

Maggie will take over as Trustee #1, and we had nominations for T-2 and T-3. Joel has resigned his position, since he will be transferring over to our Post Comrade side (great for Post, sad for us) since his military documentation was reviewed and he now qualifies to be Post Comrade. John K. is cycled out as Trustee #1 currently with his term ending this month. He has requested to resign also due to personal reasons. We still need someone to step up and take over Junior VP (Jodi stepping down) and secretary (appointed). Email was sent out to





Bernard Cigrand, a small-town Wisconsin teacher, originated the idea for an annual flag day, to be celebrated across the country every June 14, in 1885. That year, he led his school in the first formal observance of the holiday. Cigrand,



who later changed careers and practiced dentistry in Illinois, continued to promote his concept and advocate respect for the flag throughout his life.

In 1916, President **Woodrow Wilson** marked the anniversary of that decree by officially establishing June 14 as **Flag Day**.

Between 1777 and 1960, Congress passed several acts that changed the shape, design and arrangement of the flag and allowed for additional stars and stripes to be added to reflect the admission of each new state:

Act of January 13, 1794 provided for 15 stripes and 15 stars after May 1795.

Act of April 4, 1818 provided for 13 stripes and one star for each state, to be added to the flag on the 4th of July following the admission of each new state, signed by President **Monroe**.

Executive Order of President **Taft**, June 24, 1912 established proportions of the flag and provided for arrangement of the stars in six horizontal rows of eight each, a single point

some folks for inquiry of same.

We have a monthly teleconference meeting scheduled for 10 a.m. Sat. June 6th. I have already advised that I would send a brief note via Facebook when we do the June meeting but only on instant messenger. The teleconference phone number and required access codes are for our Post Auxiliary 9578 members only, not for outside invites.

Those who participated in the May 2nd session agreed to retain our positions for the upcoming year since while we had a quorum. We did not have enough members available during the call to nominate and/or elect for any other position. We will confirm again on the June 6 teleconference and get all paperwork updated as required.

Please join us for the 10 a.m. Sat. June 6 teleconference (whether on your phone or on your computer/tablet/I-Pad, etc.). It is helpful to have any/all members who could not attend the actual physical meetings previously, to come join us online. This is OUR Auxiliary – for everyone. Your voice/vote/input/ideas are important and welcomed.

We are pending information/instructions for future events, fundraisers, meals, meetings, etc. Commander **Jack** and QM **Carl** are keeping us informed for any changes as needed.

Happy Flag Day and Father's Day to all!

Any questions or concerns, please let me know. Thank you all, stay safe.

Respectfully submitted,

Sheila Jo

Auxiliary President District 1 Auxiliary Chaplain 2019 - 2020 Sheila Jo Toor-Snyder

A great way for members of the Alpine community to support their **Bert Fuller VFW Post 9578** is to join the post auxiliary.

Check the Auxiliary Facebook page for details; click on this link:

VFW Post 9578 Auxiliary

Auxiliary Chaplain's Message

My prayer is that every Mother had the most special **Mother's Day** last month, despite all that was going on. I hope you were able to take a moment and be blessed by either the presence or the memory of your Mom.

of each star to be upward.

Executive Order of President **Eisenhower**, January 3, 1959 provided for the arrangement of the stars in seven rows of seven stars each, staggered horizontally and vertically.

Executive Order of President **Eisenhower**, August 21, 1959 provided for the arrangement of the stars in nine rows of stars staggered horizontally and eleven rows of stars staggered vertically.

In the 1950s, when it seemed certain that **Alaska** would be admitted to the Union, designers began retooling the American flag to add a 49th star to the existing 48.



Meanwhile, a 17-year-old Ohioan student named **Bob Heft** borrowed his mother's sewing machine, disassembled his family's 48-star flag and stitched on 50 stars in a proportional pattern. He handed in his creation to his history teacher for a class project, explaining that he expected **Hawaii** would soon achieve statehood as well.

Heft also sent the flag to his congressman, Walter Moeller, who presented it to President Eisenhower after both new states joined the Union. Eisenhower selected Heft's design, and on July 4, 1960, the president and the high school student stood together as the 50-star flag was raised for the first time.

Heft's teacher promptly changed his grade from a B- to an A!



This month, Monday, June 8th is a day to honor and cherish your Best Friend. Best friends are incredibly special people. Some folks say you can only have one best friend. I believe you can have several at the same time, or many over time. Cultivate a friendship with someone that you laugh and have fun with. It takes effort on both sides, but having a close friend can be lifesaving, especially as we age. We are all so happy to have the Post open again and to be able to share our friendships together once more!

Sunday, June 14th is **Flag Day**, a special day to honor the flag of the United States of America:

Our Flag is sacred to us. Today is a chance to renew our pledge of allegiance and devotion to our country, and an opportunity to offer a prayer that the Stars and Stripes may truly wave forever, over the Land of the Free and the Home of the Brave. May our leaders be blessed with wisdom and humility as they serve this great Land. Amen

Also, on June 14th, the **United States Army** celebrates its 245th birthday.

Dear Lord, please listen as I pray to you,
And proudly defend the red, white and blue.
I will always serve you and my country,
And be the best person that I can be.
May it be a peaceful night without a sound,
With no shots or bullets flying around.
As I lay and dream of back home again,
I will unfold my hands after I say Amen

Happy Father's Day to all the Dads in our Post on Sunday, June 21st.

And finally -

Dear Lord, please keep us safe as we confront this illness that leaves many of us in a state of worry for our families, our friends, our elderly, our communities, our nation, and our world. We are grateful for your help. Amen

With Peace and Blessings,

Jan

Post 9578 Auxiliary Chaplain Jan Bazdorf

COVID-19 Resources

California COVID-19 Resources
CA COVID-19 Resources



Meet Post Adjunct Sean Lynch

"...I enlisted in the United States Marine
Corps at age 17 the day after high school
graduation. Following recruit training at
Parris Island, South Carolina. I attended
the field radio operator course at the Marine
Corps Air Ground Combat Center in 29
Palms, California. Following graduation from
St. John's University in New York, I
attended Officer Candidate School, The
Basic School and the Infantry Officer
Course in Quantico, Virginia.

Following this training, I was assigned to the First Marine Division at Camp Pendleton, California, serving in 1st Battalion 5th Marine Regiment, 1st Marine Division Reconnaissance Company and 1st Battalion, 1st Marine Regiment.
I deployed with the 31st Marine Expeditionary Unit (Special Operations Capable) to the US Pacific Command and the 11th Marine Expeditionary Unit (Special Operations Capable) to the US Central Command.

I was next assigned as the Officer in Charge of the Amphibious Raids Branch, Special Operations Training Group, II Marine Expeditionary Force at Camp Lejeune, North Carolina. Following the events of September 11, 2001, I deployed as the Assistant Operations Officer with the 24th Marine Expeditionary Unit (Special Operations Capable) to the US European Command and US Central Command. This deployment included operating in Djibouti, Africa with a Combined Joint Special Operations Task Force Crisis Response Element Forward.

I served in Operation Iraqi Freedom in Al Anbar Province, Iraq with 4th Light Armored Reconnaissance Battalion followed by Infantry Company Command in 3rd Battalion, 9th Marine Regiment and as the Headquarters Company Commander, 2nd Marine Regiment, 2nd Marine Division, Camp Lejeune, North

CA Dept of Public Health

CA Dept of Public Health
San Diego County Health
San Diego County

Canteen Manager's Message

As we are now providing food and beverage service, please keep in mind that *no outside food* is allowed to be brought in during Post regular meal service. If you have any questions regarding this, please call the Post at (619) 445-6040.

I and all of our Bartenders are thrilled to be back at the post, serving members, their invited guests and visitors.

I want to thank all the Volunteers and Bartenders that helped clean and organize the Post for our opening - it is only with help like this can we successfully open and remain open to serve our members, their invited guests and visitors.

We will have daily lunches and dinners served by the bartenders and ECLTC. Please note that you **must** buy food in order to purchase alcohol, according to San Diego County guidelines.

Hopefully entertainment will be back soon. It will resume when the San Diego County COVID-19 restrictions are changed.

Remember that as the Post re-opens, we do a raffle basket once a month, so I am looking for donations - if you have anything to donate, please bring it to the Post. Thank you for helping our Post!

For Post Raffle and 50/50 tickets: please put your name and contact number on all Post Raffle and 50/50 tickets that you purchase since you do not have to be "present" to win!

Kimberley

Canteen / Entertainment Manager Kimberley Rivera



Carolina.

I was next assigned as an Embedded Advisor with the Afghan National Army 215 Corps in Helmand and Nimroz Provinces, Afghanistan in support of Operation Enduring Freedom. Following this tour in Afghanistan I was assigned to the North Atlantic Treaty Organization (NATO) Special Operations Headquarters, Mons Belgium. In this assignment I worked in the J3 Operations Directorate supporting NATO Special Operations Forces in Afghanistan.

I next returned to Camp Pendleton, California and retired while assigned to 3rd Battalion, 5th Marines, First Marine Division."

Sean Lynch

SD County HSD Recommendations

We urge all to follow the basic steps recommended by the San Diego County Health Services Department:

How to protect yourself

Practice everyday preventive actions to help prevent the spread of respiratory viruses, including:

- · Wash your hands often with soap and water for at least 20 seconds.
- · If soap and water are not available, use an alcohol-based hand sanitizer. It should be at least 60% alcohol.
- · Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces often.
- · Avoid close contact with people who are sick.
- · If you are sick, stay home and keep your distance from others to protect them from getting sick too.
- · Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Practice other good health habits. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.





VFW Bert Fuller Post 9578

Mission Statement:

- · To foster camaraderie among United States veterans of overseas conflicts
- · To serve our veterans, the military and our

Important Notice for all Post Members, Auxiliary, invited guests and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as

communities

· To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- · Veterans are respected for their service
- Always receive their earned entitlements
- · Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- · Always put the interests of our members first
- · Treat donors as partners in our cause
- · Promote patriotism
- · Honor military service
- Ensure the care of veterans and their families
- · Serve our communities
- Promote a positive image of the VFW
- · Respect the diversity of veteran opinions

Post Officers & Trustees

Jack Gauthier, Commander
John Sullivan, Senior Vice Commander
Juan Finch, Junior Vice Commander
Carl Silva, Quartermaster
Theo Bazdorf, Chaplain
Sean Lynch, Adjutant
Jim Bilka, Judge Advocate
John Rizzo, Service Officer
Dave Snyder, Surgeon
Charlie Roders, 1st Year Trustee
James Abercrombie, 2nd Year Trustee
Dave Snyder, 3rd Year Trustee

Auxiliary Officers

Sheila Snyder, President
Linda Pipkin, Senior Vice
Jodi McBride, Junior Vice
Bob Bealo, Treasurer
Anna Churgai, Secretary
Jan Bazdorf, Chaplain
Sven Ricketts, Guard
Vikki Hemmen, Conductress
Vacant, 1st Year Trustee
Margaret Horde, 2nd Year Trustee
John Kehrli, 3rd Year Trustee

House Committee

Kerry Parsons, Chairperson John Sullivan, Member Bob Bradley, Member Dan Palen, Member Fred Rivera, Member John Rizzo, Member

Canteen / Entertainment

our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their post privileges and not allowed on Post property in the future.

Post Hours of Operation (Effective 5/26/20)

Monday - Friday: 11 a.m. to Closing (8 p.m.)

Lunch Service: 11 a.m. - 5 p.m.

Dinner Service: 5 p.m. - 8 p.m.

Saturday & Sunday: 9 a.m. to Closing (8 p.m.)

Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040 Fax: (619) 445-8740 eMail: csilvasr@aol.com

Newsletter Submissions

Items for consideration may be emailed to csilvasr@aol.com or mailed to the post at:

VFW Bert Fuller Post 9578 Attention: **Carl Silva**. 844 Tavern Road Alpine, CA 91901

Please note: newsletter submission deadline is

the 20th of the prior month.

Our VFW Newsletter Supporters

Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!

Post Membership Drive Ongoing

Please help build our Post's membership by referring those persons you know were veterans of foreign wars. Please provide the name, email address and telephone contact information to either Post Commander **Jack Gauthier** or Post Quartermaster **Carl Silva** by calling the Post at

Kimberley Rivera, Manager

Volunteer Bartenders

Yvonne Brierley Holly Campbell Dani Caton Sandy Curry Julie Kalogiannis Christi Kurtz Jessica McKittrick

Our Newsletter Supporters

Alpine Artistic Florist (619) 445-7974
Jamie Lewis
www.alpineartisticflorist.net

Alpine Dentistry (619) 445-8896 Jonar R. Bonifacio DDS Dr. "B" Alpine Dentistry

Alpine Computer & Tutor (619) 277-7858 Duncan Marks

Bisher's Quality Meats (760) 789-1488
Dan Bisher
https://weareramona.com/listing/bishers-quality-meats-ramona/

California Signs & Marketing (619) 258-2001 California Signs & Marketing

Copy Corral (619) 562-3660 Julie Walker www.lakesidecopy.com

East County Karate (619) 627-4850 Nathan Morton http://ecmartialart.com

Kamps Propane (619) 390-6304 Richard Edwords www.kampspropane.com

Keller Williams (619) 301-2301
Doris Fifer
On Line Bookkeeping & Tax Service
Roger Garay & Christy Kohl (619) 445-5523
www.olbts.com

Primary Residential Mortgage (619) 722-1303 Chris Wiley www.alpineprmi.com

Three T RV (619) 444-0047 Tim Tracey www.3trv.com (619) 445-6040. They will make contact and get the person started on membership enrollment.

Thank you for supporting our Post!













JONAR R. BONIFACIO, DDS "DR.B"

PHÓNE: 619.445.8896 FAX: 619.445.7339 EMAIL: DRBDDS@ALPINEDENTISTRY.COM 1620 ALPINE BLVD., SUITE 121, ALPINE, CA 91901 ALPINEDENTISTRY.COM

East County Karate We Teach Attitudes First

Nathan Morton

9253 Adlai Road Lakeside, CA 92040

(619) 627-4850

NathanMorton619@gmail.com

Computer or Laptop Troubles?

...probably infected by malware!



Do NOT overpay for tech support – big box electronics & national office supply stores charge hundreds of dollars for services that Alpine Computer & Tutor can provide at a reasonable cost.



Don't wait around for hours!

We'll come to your home or business at a specific day and time that is convenient for you.

Serving East County For 25+ Years

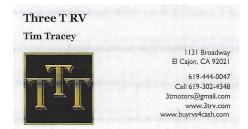


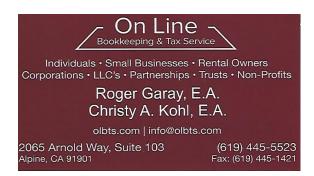
Issues with your computer, laptop, printer, network or software programs? Call Alpine Computer today! (619) 277-7858 • AlpineComputer@hotmail.com



BISHER'S QUALITY MEATS

The Very Best In Meats
Dan Bisher, Owner
2330 Main St #A Ramona 92065
Josh Lehman, Manager
(760) 789 1488





Your local "on call" mobile computer tech!

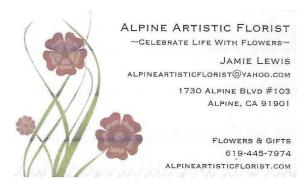
- Malware removal
- Computer repair
- · Wi-fi troubleshooting
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June 2020 Bert Fuller V.F.W. Post 9578 Events & Activities

** (NOTE: Created by Theo. June Event schedule is tentative due to County health department requirements) **

June 2020										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
	NO Texas Hold'em Pokeruntil further notice!	NO Bingo until further notice!	NO Bar Games until further notice!	NO Karaoke until further notice!	NO Karaoke until further notice!	6 D-DAY (1944) 10 a.m. Auxiliary Mtg NO Live Music until further notice!				
7 NASCAR & other sports on 7 TVs!	NO Texas Hold'em Pokeruntil further notice!	NO Bingo until further notice!	NO Bar Games until further notice!	NO Karaoke until further notice!	NO Karaoke until further notice!	13 10 a.m. House Committee Mtg 11 a.m. Gen Mtg NO Live Musicuntil further notice!				
14 FLAG DAY & U.S. ARMY BIRTHDAY (1775) NASCAR & other sports on 7 TVs!	NO Texas Hold'em Pokeruntil further notice!	NO Bingo until further notice!	NO Bar Gamesuntil further notice!	NO Karaoke until further notice!	NO Karaoke until further notice!	NO Live Musicuntil further notice!				
21 FATHER'S DAY NASCAR & other sports on 7 TVs!	NO Texas Hold'em Pokeruntil further notice!	NO Bingo until further notice!	NO Bar Gamesuntil further notice!	NO Karaoke until further notice!	NO Karaokeuntil further notice!	NO Live Musicuntil further notice!				
28 NASCAR & other sports on 7 TVs!	NO Texas Hold'em Pokeruntil further notice!	NO Bingo until further notice!	SAN DIEGO COUNTY HEALTH DEPT COVID-19 NOTICE: Stay home if sick Wear mask in public Practice "social distancing" (six feet) Wash hands/use sanitizer frequently							

June 2020 Bert Fuller V.F.W. Post 9578 Menu
** (NOTE: Created by Theo. June menu schedule is tentative due to County food & beverage service requirements) **

June 2020										
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
Lunch service: 11 a.m. – 5 p.m. Dinner Service: 5 – 8 p.m. M – Th 5 – 7:30 p.m. F & S * = Limited Menu	1 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	2 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	3 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	4 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	5 – 7:30 p.m. Fish Dinner	6 D-DAY (1944) 11 a.m. – 1:30 p.m. Grilled Burgers & Hot Dogs 5 – 7:30 p.m. Steak Dinner*				
7 9 a.m. – 12:30 p.m. Breakfast by ECTLC 2 p.m. \$5 Fried Chicken & Potato Salad	8 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	9 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	10 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	11 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	12 5 – 7:30 p.m. Fish Dinner*	13 11 a.m. – 1:30 p.m. Grilled Burgers & Hot Dogs 5 – 7:30 p.m. Steak Dinner*				
14 FLAG DAY & U.S. ARMY BIRTHDAY (1775) 9 a.m. – 12:30 p.m. Breakfast by ECTLC 2 p.m. \$5 Fried Chicken & Potato Salad	15 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	16 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	17 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	18 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	19 5 – 7:30 p.m. Fish Dinner*	20 tst DAY OF SUMMER 11 a.m. – 1:30 p.m. Grilled Burgers & Hot Dogs 5 – 7:30 p.m. Steak Dinner*				
21 FATHER'S DAY (Special meal TBA)	22 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	23 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	24 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	25 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	26 5 – 7:30 p.m. Fish Dinner*	27 11 a.m. – 1:30 p.m. Grilled Burgers & Hot Dogs 5 – 7:30 p.m. Steak Dinner*				
28 9 a.m. – 12:30 p.m. Breakfast by ECTLC 2 p.m. \$5 Fried Chicken & Potato Salad	29 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	30 11 a.m. \$5 Lunch 5 p.m. \$9 Dinner TBA	SAN DIEGO COUNTY HEALTH DEPT COVID-19 NOTICE: Stay home if sick Wear mask in public Practice "social distancing" (six feet) Wash hands/use sanitizer frequently							

VFW Bert Fuller Post 9578 (619) 445-6040







