

VFW Post Newsletter - October 2019

From: VFW Burt Fuller Post 9578 (vfw9578alpine@gmail.com)

To: spgoat@sbcglobal.net

Date: Sunday, September 29, 2019, 10:13 AM PDT

VFW Bert Fuller Post 9578

news & updates

October 2019 Alpine, CA



Commander's Message

Now Hear This!

Buy your tickets right away for our **Annual Deep Pit BBQ & Auction** held **Saturday, Oct. 12**. This event is the biggest fund raiser of the year for your Post. We do need volunteers to help stage the event, both on Friday, Oct. 11 and especially on Saturday, Oct. 12. Call the Post at (619) 445-6040 today to sign up.

September was a busy month for the Post with some special events and guests: **DC Kids 2020 BBQ and Poker tournament**; **Alpine Educational Foundation** meeting; and our own **Theo and Jan Bazdorf's** wedding reception.

Upcoming Post Events

See what's happening this month on our Facebook page! Please click this link:



Quartermaster's Report

October is now upon us, bringing forth our Post's wonderful event known as the "**Deep Pit BBQ**." Tickets for the Saturday, Oct. 12th event are selling quickly, so I recommend that you secure tickets as soon as possible...don't be left out!

The Post is conducting a full site plan review on our entire property for San Diego County and we hope to soon continue with adding new parking spaces for your convenience.

The Color Guard performed for the entire student body of **Joan MacQueen Middle School** on September 11th for the honor remembrance of all who died in the 9/11 tragedy. At the end of our performance, the entire student body assembled gave us high fives, hugs and hand shakes. It was a very emotional scene for all present at the ceremony.

When I became Quartermaster in 2010, our Post's image in the Alpine community needed a little polishing. Thanks to all of the VFW and VFW Auxiliary members' efforts to improve our standing in the local community over the recent years, we are now considered "The Heroes on the hill." This

The Post held the **DC Kids 2020 BBQ** on Sept. 19th, an event which raises money for the annual Washington DC trip for 8th graders from **Joan MacQueen Middle School**. After expenses, the total donation raised was **\$1,674**. Thanks to all for your donations and help with this event - especially **Jodi McBride, Clint Peterson** and **Ed Paul**.

The Post's parking lot project is still underway; we are waiting for the surveyor to finish up and for a new source of fill. During the work that has been completed so far, we discovered a leak and plugged line in the leech field. Repairs will be made.

I am very proud of Member **Allisen Earls** and have included a note that she sent to me.

Important Notice for all Post Members, Auxiliary and Visitors:

VFW Bert Fuller Post 9578 is a Drug-Free Zone. If drugs are used on our Post's property, it will put our ABC liquor license in jeopardy, as well as our Post charter with the National VFW.

Please report any violations of drug use on Post property immediately to a post officer. Law enforcement will be contacted and the offender will be subject to criminal and legal consequences. Offenders will lose their post privileges and not be allowed on Post property in the future.

Jack
Post Commander
Jack Gauthier

San Diego Honor Flight Update From Post Member Allisen Earls

I had first heard about the **San Diego Honor Flight to Washington D.C.** a few years ago from an advocate at a Veterans Day Memorial service that our Alpine VFW Color Guard was performing at. We were at the Alpine Community Center for the Veterans Day Wall of Honor Ceremony. I noticed his hat that said Honor Flight San Diego, and I mentioned that I would like more information about it. He handed me a card and said that they are always looking for volunteers. I was excited to sign up, thinking I would soon be going to Washington D.C in a few months to be a

Post has become a very special part of the Alpine, working together to help improve our community while also becoming one of the best VFW posts in California.

The officers, trustees, members and auxiliary are working closely together here at the post to provide great service and activities for your benefit. Please visit the post often and participate in the events and activities to keep our Post strong.

First Sargent **John Rizzo** works very hard to help all veterans in need of the Post's services. I am also available to assist our veterans - no matter what the issue in your life is!

We always welcome your comments and suggestions. Please remember to attend our **Annual BBQ and Auction** on October 12th.

Carl
Quartermaster
Carl Silva

Auxiliary President's Message

Hello, sisters, brothers and comrades! And just like that we're done with September, counting down the last three months of 2019!

I want to graciously thank our Senior VP **Linda Pipkin** for covering the meeting on Sat. Sept. 7th as I had District duties to attend, representing our Auxiliary. She did a fantastic job! And I am sincerely appreciative of everyone in attendance who support the Auxiliary. As a recap for September, we had the following updates:

Thank you to **Gloria Rivera** for volunteering to create our **Buddy Poppy Wreath** for the contest in November. I will provide her with plenty of buddy poppies to add to the 'design' and for the delivery to our Nov. 2 meeting (pending entry at the next District Meeting on Sunday, Nov. 3rd.).

Thank you to **Maggie Horde** for her nomination and election as Trustee #2, to replace **Anna Churgai**, who graciously took over the position of Secretary. **Maggie** also has taken the lead as committee chair for Hospital and is in contact with our District lead for future events at the VA Medical Center in La Jolla. **Maggie's** installation as Trustee #2 will be held during our October meeting.

Guardian to a Veteran and to add more hours to my volunteer service for the Naval career.

I hadn't heard anything in almost 2 years and kind of forgot about it. I didn't think they were going to need me. Usually Veterans have a family member that go with them as their guardian. So, knowing that they at least have someone was in the back of my mind.

Then on a recent Saturday night, I received a call from a woman said, "I still have your application, and I hope you are available and still interested in doing this." I got excited and now had to make a decision!

I have spoken with my Veteran. She (**Mary**) was in the **Women's Army Corps (WAC)** as a Cryptographer from 1950 - 1952. She was stationed at the Army Headquarters in San Francisco. **Mary** and one other woman will be receiving their special honor at the national **Women's Memorial** in Washington D.C when we go.

I will be taking this trip in the beginning of October. If you would like to welcome our Veterans from the Honor Flight Home, we will be returning to San Diego Airport on October 6 at 4 p.m. in Terminal 2 Baggage Claim. I will update you on my trip in next month's newsletter!

Allisen Earls

William Shuttleworth Update

The pending proceeds for the upcoming Rummage sale will be revisited for October, as there were some questions relating to the needs. The identified non-profit is **Cammies & K9s**, which is part of Dist. 1 Auxiliary President **Grace Leyva's** special project.

We will have inspection during our Oct. 5th meeting (which starts promptly at 9 a.m.), which will include members of our District's line officers. Please be mindful as they will be attending our meeting to watch our proceedings for guidance and assistance as needed.

Initiation of two new members, **Sandy L.** and **Karen S.**, was handled and everyone welcomed them into the group. There were also two new member apps which were approved; I will be in contact with them to welcome and invite them to our next meeting for initiation. We have one other new member to be initiated, **Denise**, who will be at our October meeting.

We are at the 90% status for membership, and need about 20 more new persons to reach our goal of 100%.

Reports were submitted for both our ice cream social, and our August 30th group welcome of **William Shuttleworth**, the veteran who walked across America to address veterans' needs. The photos were posted in the **East County Community Times**, of which a copy was sent to everyone on our email list. Great turnout! I sent the copies of ECC Times and the Alpine Sun to **Mr. Shuttleworth** and he kindly posted them on his own Facebook page. I believe our Post/Aux was the only one in his travels to post his cause in a local newspaper. And he was very grateful for the coverage!

Flyers were sent to everyone for our upcoming rummage sale from 8 a.m. - Noon on Saturday, Oct. 19th. Remember to let your contacts know there will be no donations of large furniture or clothing accepted. All donations must be delivered to the Post on/after Sunday, Oct. 13th as the Post has the Deep Pit BBQ on Saturday, October 12th. **Jodi** and her volunteer group will sort, mark, tag and prep the donated items for the event.

Mr. Bradley briefly spoke about needing volunteers for the burger burns, of which

The Sun Spot Shopper
www.thealpinemsn.com
Sept. 5, 2019

FROM LEFT TO RIGHT: VFW Commander for VFW District 1 Paula Jansen, William Shuttleworth and Alpine VFW POST 9578 Commander Jack Gauthier. One of these three walked across the U.S.A. See story page 6.

WALK OF FAME
From left to right, VFW Commander for VFW District 1 Paula Jansen, William Shuttleworth and Alpine VFW POST 9578 Commander Jack Gauthier. One of these three walked across the U.S.A. See story page 6.

A MONTHLY PUBLICATION OF
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editor@thealpinemsn.com

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William Shuttleworth concluded his walk across the nation to raise awareness of veteran's issues with a stop at the **VFW Bert Fuller Post 9578** in Alpine on Aug 30. At right is Post Commander **Jack Gauthier**. **Shuttleworth**, 72, is a Vietnam veteran who began a planned walk across America on May 15 in an effort to draw attention to veteran needs across the country. His travels brought him into the Alpine Veterans of Foreign Wars post on Aug. 30, where Post Commander **Jack Gauthier**, Quartermaster **Carl Silva** and Chaplain **Theo Bazdorf** welcomed **Shuttleworth** to San Diego County.



Lean and agile, **Shuttleworth** casually walked onto the patio at the post, still wearing his backpack, and addressed the crowd of about 60 guests in a calm tone that belied his impassioned words. In a list of five items, he cited better health care for veterans among his concerns. "My (third) goal is to have the same health care plan for veterans as members of Congress have...we're willing to sign on the dotted line to willingly give our life for every breath of fresh air this country has. Don't you think that's worth a better health care plan than

Aux would be responsible for on the second and fourth Saturdays of the month. If you are interested, please make sure obtain the food handler certificate online from the County's office of Public Health.

Looking forward to seeing everyone at the Saturday, Oct. 5th meeting! The agenda is getting full, and with District officers in attendance, let's make this a great turnout to show that Post 9578 has a fantastic Aux with supportive members!

This month I will be celebrating another rotation around the sun, hitting a milestone I never thought I would see. The joke is "speed limit" day. Here, there and everywhere, all over San Diego County - catch me if you can.. zoom!

Sheila Jo
Auxiliary President
District 1 Auxiliary Chaplain 2019 - 2020
Sheila Jo Toor-Snyder

A great way for members of the Alpine community to support their Bert Fuller VFW Post 9578 is to join the post auxiliary. Check the Auxiliary Facebook page for details; click on this link:
[VFW Post 9578 Auxiliary](#)

Service Officer's Report

Hope all is well with you and your families.

I have been performing the Post's service officer's duties for several years now and have accumulated knowledge on how the VA works, but it is continually changing.

I should have started this important section of the Post newsletter a long time ago, due to the increased influx of veterans' medical care needs. This introduction describes how you need to get started with your VA benefits.

If you are not registered with the VA, you need to get registered right away. I can help you with that. you need a copy of your DD-214 or Discharge Paperwork, it needs to be submitted to the VA. Then you need to get an Advocate, someone to handle your Va paperwork, there is a lot of it. If you are already registered with the VA the Mission Valley VA, VFW (619) 400-5322, or the Disabled American Veterans (DAV) at

what we have right now?" the Air Force veteran asked. Building upon the applause he gathered at his rhetorical question, **Shuttleworth** went on to state that he is also walking to draw attention to veterans are underrepresented in Congress. "When I went into the military in 1970, 75% of Congress were veterans. Today, it is 8%. Congress has become a country club of narcissistic cupcakes that are strangled by the beltway of Washington and have absolutely no clue what is going on in the United States. We need to make sure that young bucks, young guns, people that have a voice and have compassion for veterans run for Congress and get elected so that we don't lose that voice," **Shuttleworth** said.

Shuttleworth informed the gathering that he has been amassing **\$100,000** in donations on his walk across the country and that he is hoping to present that check to the **Disabled American Veterans**, then ask Congress how come he, a self-described "old man" had to walk across the country to raise awareness when they should be doing it.

Shuttleworth shared that although his walk ended with his arrival in San Diego county, he plans to build on the experience and start a non-profit foundation focusing on homeless veterans.

Many thanks to the **Alpine Sun** for its coverage of this very special veteran!

A Very Special Thank You Note!

Dear Jack - well, my visit to the VFW Post 1578 was so fun and meaningful. You are by far the best post I visited coast to coast. Thank you for the wonderful reception. All together, you folks raised \$256 and all of that goes into my vetsdontforgetvets campaign for DAV. God Bless.

William Shuttleworth

Mission Valley (619) 299-6916 to set up an appointment for benefits. Walk-ins are only available at DAV; it could be a long wait.

You will also need to get a Primary Care Doctor as well with the VA. If you don't have one already. Once you are in the system, you can schedule an appointment on the second floor at the Mission Valley Clinic. If you sustained injuries while you were in the military and have medical evidence, show it to your VA Advocate when you see them.

I am more than willing to help you get the ball rolling with this, and jump start it if it stalls. You need to be proactive with all of your doctor appointments and meeting with your advocate. Don't expect results right away as the VA is a slow-moving train. If you try to take a short cut, it may take even longer, so just be patient.

I can meet with you at the VFW any Wednesday unless something changes; just call me and set up a time. I will be more than willing to help you through the process and answer questions the best I can. you can reach me directly at (619) 306-0305; if it goes to voice mail make sure to leave your name and number with a brief message.

Thanks for your Service!

John
Post Service Officer
John Rizzo



Chaplain's Message

During my occasional trips through the Bible, I often come across some beautifully poetic entries. For example, the Beatitudes (Matthew 5:3-11), which may be familiar to some:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called sons of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven."

Please think about those words.

Post Life Member U.S. Navy veteran **Chris Pipkin** was involved in a serious motorcycle accident Sunday morning, September 22nd and passed away on September 25th. Our heartfelt condolences go out to his wife **Linda**, who serves our Post Auxiliary in the Senior Vice role.

O God of mercy, peace, and love, we remember before you in this moment our friend and fellow veteran Chris Pipkin. We recall with respect all that he stood for in this life. Help us to live in the companionship of his spirit. May we be kind to the friends and family he cared for; devoted to the community in which he lived; and loyal to the causes which he served. Thus, in our lives and hearts, may Chris live on, to our great comfort, to the betterment of your creation, and to the furthering of your most holy will. AMEN

Theo

Post 9578 Chaplain
Theodore Bazdorf

VFW Bert Fuller Post 9578

Mission Statement:

· To foster camaraderie among United States veterans of overseas conflicts

Auxiliary Chaplain's Message

Acceptance...Tolerance...

"When you accept yourself, you confirm that you are everything you are meant to be, shortcomings and all. You can live your life and make choices out of love rather than fear. Your soul is absolutely perfect....You aren't meant to be someone else, so don't compare yourself to someone else... Be true to yourself and you will be content with your life.

Sometimes this school called Earth can be a very daunting destination, and our lessons can be staggering. When you have tolerance, you are secure within your own sense of self. You are not swayed by the prejudices of someone else or a group or society." **James Van Praagh**

Too often we think we do not have enough; we are jealous of others and what they have. We are in this lifetime to perfect our self, our soul, our spirit, our surroundings, our friendships, our loves. We are here to perform good works and deeds. Do you uplift people when you are around them, or do you leave them wondering why they just wasted 10 minutes talking with you? Be a gift, be an up-lifter, be a smile, be a joy to know. Accept others for who they are. Be tolerant of their differences. We are all God's children!

I am grateful for all of you that are reading my messages. I sincerely thank you. We pray for good health and happiness for all our Members. Happy Fall!

Special Message:

Please keep in your prayers and hearts our Sister, **Linda Pipkin**, whose husband **Chris** passed away in September. We pray for peace, strength and the love of Family and Friends to help Linda during this difficult time. Amen

Thank you for allowing me to serve as your Auxiliary Chaplain. I am honored.

Jan

- To serve our veterans, the military and our communities
- To advocate on behalf of all veterans

VFW Bert Fuller Post 9578 Vision is to ensure that:

- Veterans are respected for their service
- Always receive their earned entitlements
- Are recognized for the sacrifices they and their loved ones have made on behalf of this great country

VFW Bert Fuller Post 9578 Core Values:

- Always put the interests of our members first
- Treat donors as partners in our cause
- Promote patriotism
- Honor military service
- Ensure the care of veterans and their families
- Serve our communities
- Promote a positive image of the VFW
- Respect the diversity of veteran opinions

Post Officers & Trustees

Jack Gauthier, Commander
John Sullivan, Senior Vice
Robert Minton, Junior Vice
Carl Silva, Quartermaster
Theo Bazdorf, Chaplin
Charlie Long, Adjutant
Jim Bilka, Judge Advocate
John Rizzo, Service Officer
Dave Snyder, Surgeon
Dave Snyder, 1st Year Trustee
James Abercrombie, 2nd Year Trustee
Danny Focht, 3rd Year Trustee

2018 - 2019 Auxiliary Officers

Sheila Snyder, President
Linda Pipkin, Senior Vice
Jodi McBride, Junior Vice

Auxiliary Chaplain
 Jan Bazdorf

Canteen Manager's Message

Please welcome to our Post our newest bartenders **Sarah Sullivan** and **Justin Rodriguez**. We are happy to have them on board!

Important note: we are still in need of items for our Auction, Liquor Wagon and Raffle Baskets Call the post if you need more information on what to donate.

Halloween will be celebrated on Thursday, October 31 with **Karaoke** and a **Costume Party Contest**. Karaoke from 6 - 9 p.m. with a Costume Party Contest held at 8 p.m. Prizes: 1st place \$100; Second Place \$50 and 3rd Place \$25. Please bring a dish to share.

Important notes:

No outside food is allowed to be brought in during Post regular meal service. If you have any questions regarding this, please call the Post at (619) 445-6040.

For Post Raffle and 50/50 tickets: please put your name and contact number on all Post Raffle and 50/50 tickets that you purchase since you do not have to be "present" to win!

Kimberley

Canteen / Entertainment Manager
 Kimberley Rivera

Post Hours of Operation

Monday - Friday: 11 a.m. to Closing

Saturday & Sunday: 9 a.m. to Closing

Members Meetings - 2nd Saturday/Month

10 a.m. House Committee

11 a.m. General Meeting

Auxiliary Meetings - 1st Saturday/Month

10 a.m. Auxiliary

Contacting the Post

Phone: (619) 445-6040
 Fax: (619) 445-8740

Bob Bealo, Treasurer
Karen Kirkpatrick, Secretary
Jan Morse, Chaplain
Sven Ricketts, Guard
Vikki Hemmen, Conductress
Joel Murillo, 1st Year Trustee
Anna Churgai, 2nd Year Trustee
John Kehrl, 3rd Year Trustee

House Committee

Kerry Parsons, Chairperson
John Sullivan, Member
Bob Bradley, Member
Dan Palen, Member
Fred Rivera, Member

Canteen / Entertainment

Kimberley Rivera, Manager

Volunteer Bartenders

Yvonne Brierley
Dani Canton
Sandy Curry
Julie Kalogiannis
Christi Kurtz
Judi Mancini
Jessica McKrittick
Justin Rodriguez
Sarah Sullivan

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 Richard Edwards
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Newsletter Submissions

Items for consideration may be emailed to csilvasr@aol.com or mailed to the post at 844 Tavern Road, Alpine, CA 91901 Attention: **Carl Silva**. Deadline: 20th of the month

Our VFW Newsletter Supporters

Please contact our VFW newsletter supporters when you need expert, professional assistance for your personal, home or business needs. They stand ready to serve you!



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CHRISTIE'S MONDAY NIGHT DINNER SPECIALS!

(Meals will vary week-to-week.)



Served from 5:00 pm
until gone - \$9
(\$1 off for Veterans)

KARAOKE

By Fred Johnson

THURSDAYS

5-9 PM



Various Dinner from 5-7PM

Menu subject to change

Open to the Public

Alpine VFW 9578 844 Tavern Rd.



Alpine VFW Post 9578 Friday Night Fish Fry

By VFW Kitchen Crew and ECTLC

****Every Friday 5-8PM****

****OPEN TO THE PUBLIC + Karaoke
by Fred Johnson Every Friday****

- Dinners:** All Dinners come with fries and coleslaw
- Fish Only (2 pc).....\$12
 - Shrimp Dinner.....(7 pc).....\$12
 - Fish and Shrimp (1 pc fish, 5 shrimp)\$12
 - Half Order (choose 1pc fish or 5 shrimp ...\$8
 - Kids Meal: Chicken tenders, chips,
apple sauce, juice box.....\$6
- Additions:**
- Salad with choice of dressing.....\$3
- Dressings: Ranch, Bleu Cheese, 1000 Island, Italian
- Shrimp Cocktail.....Lg: \$8
 - Fries Only.....\$3
 - Dessert.....\$3

*Menu Subject to change

VFW Post 9578 ALPINE, CA

LIVE MUSIC



Saturday, October 5th

ONE OF SAN DIEGO'S HOTTEST
COVER BANDS, A GOOD TIME IS
ALWAYS GUARANTEED WITH
WILD RUMOUR!

STEAK DINNER 5-8 PM

ENTERTAINMENT 6-10 PM

OPEN TO THE PUBLIC



Annual Deep Pit BBQ at Alpine VFW Bert Fuller Post 9578 844 Tavern Road, Alpine CA.

OPEN TO THE PUBLIC

October 12th, 2019 Starts 1:00 PM

Deep Pit BBQ Beef, Pork, Turkey and sides!



Live Music by Rosetta Stone 2-6PM

Raffles, Auctions, Prizes and More!

\$15 Ticket sale before event, or \$20 at the door

(Tax Deductible) Please bring your favorite dessert!

Children 6 and Under Free

Tickets available at the Post - or Call 619-445-6040

Proceeds go to Veterans Organizations



VFW Post 9578 ALPINE, CA

LIVE MUSIC

Saturday, October 19th

The Whole Sha-Bang

Dance Band 60' 70's
& 80's Classic Rock
and Pop

Steak Dinner
DINNER 5-8 PM
ENTERTAINMENT
6-10 PM
OPEN TO THE PUBLIC



VFW Post 9578 ALPINE, CA

LIVE MUSIC

Kemosabe

Music for all to enjoy



Steak Dinner Menu
Saturday, October 26th
DINNER 5 TO 8
ENTERTAINMENT 6 TO 10
OPEN TO THE PUBLIC

Alpine VFW Post 9578

Homemade Mexican Food Dinner

\$9 By Gloria & Bonnie
WEDNESDAYS
5-7PM

Bar Poker 5:30
Open to the Public
844 Tavern Rd



Saturday Dinner Menu

Includes Sides

- Pork Chop.....\$ 13
- Rib Eye.....\$ 15
- Shrimp Skewer.....\$ 15
- Rib Eye & Shrimp.....\$ 20
- T-Bone Steak.....\$ 20
- T-Bone Steak & Shrimp\$ 25
- Side Shrimp Skewer.....\$ 5
- Dessert...\$ 3

Kids Meal:
Hot Dog, Chips & Juice Box \$ 4
844 Tavern Rd.
OPEN TO THE PUBLIC
Alpine VFW 9578



VFW 9578 ALPINE
HALLOWEEN PARTY
 Potluck and Costume Contest

October 31, 2019

Activities include: Dinner, Booz Walk,
 50/50 Raffle, Judging of Costume Contest
Karaoke by Fred Johnson
**Bring your favorite potluck dish or
 dessert for dinner!**

Costume Contest at 8pm, Prizes Are:
1st Prize: \$100, 2nd: \$50, 3rd: \$25

OPEN TO PUBLIC
844 TAVERN ROAD, ALPINE, CA

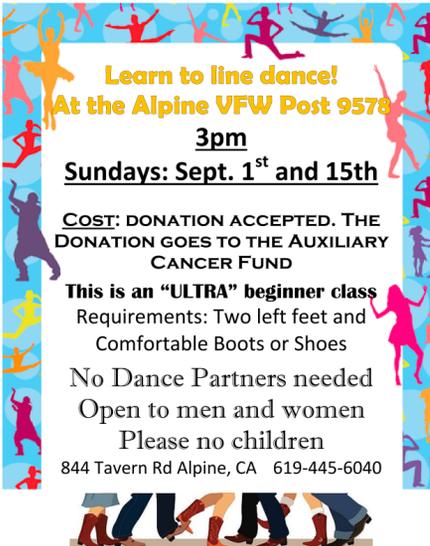


Learn to line dance!
At the Alpine VFW Post 9578
3pm
Sundays: Sept. 1st and 15th

**COST: DONATION ACCEPTED. THE
 DONATION GOES TO THE AUXILIARY
 CANCER FUND**

This is an "ULTRA" beginner class
 Requirements: Two left feet and
 Comfortable Boots or Shoes
 No Dance Partners needed
 Open to men and women
 Please no children

844 Tavern Rd Alpine, CA 619-445-6040



October 2019 Bert Fuller VFW Post 9578 Events & Entertainment
 (NOTE: Created by Theo. These items are subject to change!)

October 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Rosh Hashannah 5 pm Bingo!	2 5 pm Bar Games	3 5 - 9 pm Karaoke by Fred Johnson 5:30 NFL Football 6 pm Pool Play	4 5 - 10 pm Karaoke by Fred Johnson	5 10 am Auxiliary Mtg 6 - 10 pm "Wild Rumour" Band
6 9 am NFL & Sports on 7 TVs	7 5 pm Monday Night Football 6 pm Texas Hold'em Poker	8 Yom Kippur 5 pm Bingo!	9 5 pm Bar Games	10 5 - 9 pm Karaoke by Fred Johnson 5:30 pm NFL Football 6 pm Pool Play	11 5 - 10 pm Karaoke by Fred Johnson	12 10 am House Committee Mtg 11 am Member General Mtg 1 pm Deep-pit BBQ!
13 9 am NFL & Sports on 7 TVs	14 Columbus Day 5 pm Monday Night Football 6 pm Texas Hold'em Poker	15 5 pm Bingo!	16 5 pm Bar Games	17 5 - 9 pm Karaoke by Fred Johnson 5:30 pm NFL Football 6 pm Pool Play	18 5 - 10 pm Karaoke by Fred Johnson	19 6 - 10 pm "The Whole She-bang" Band
20 9 am NFL & Sports on 7 TVs	21 5 pm Monday Night Football 6 pm Texas Hold'em Poker	22 5 pm Bingo!	23 5 pm Bar Games	24 United Nations Day 5 - 9 pm Karaoke by Fred Johnson 5:30 pm NFL Football 6 pm Pool Play	25 5 - 10 pm Karaoke by Fred Johnson	26 6 - 10 pm "Kemo Sabe" Band
27 9 am NFL & Sports on 7 TVs	28 5 pm Monday Night Football 6 pm Texas Hold'em Poker	29 5 pm Bingo!	30 5 pm Bar Games	31 Halloween Party! 5 - 9 pm Karaoke by Fred Johnson 8 pm Costume Contest	Note for baseball fans : MLB play-offs begin October 1 and go through October 30 for the World Series!	

October 2019 Bert Fuller VFW Post 9578 Menu

(NOTE: Created by Theo. These items are subject to change!)

October 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11 am \$5 Lunch 5 pm \$3 Tacos by Betsy	2 11 am \$5 Lunch 5 pm \$9 Mexican Dinner by Gloria G.	3 11 am \$5 Lunch 5 pm \$9 Special Dinner by Sandy	4 5 – 8 pm Fish & Shrimp Dinners	5 11 am - 2 pm Grilled Burgers & Hot Dogs 5 – 8 pm Steak Dinners
6 9 am – 12:30 pm Breakfast by Nora	7 11 am \$5 Lunch 5 pm \$9 Special Dinner by Christie	8 11 am \$5 Lunch 5 pm \$3 Tacos by Betsy	9 11 am \$5 Lunch 5 pm \$9 Mexican Dinner by Gloria G.	10 11 am \$5 Lunch 5 pm \$9 Special Dinner by Sandy	11 5 – 8 pm Fish & Shrimp Dinners	12 1 pm Deep-pit BBQ Annual Event! \$15 - \$20
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27 9 am – 12:30 pm Breakfast by Nora	28 11 am \$5 Lunch 5 pm \$9 Special Dinner by Christie	29 11 am \$5 Lunch 5 pm \$3 Tacos by Betsy	30 11 am \$5 Lunch 5 pm \$9 Mexican Dinner by Gloria G.	31 11 am \$5 Lunch 6 pm Halloween Party (Potluck)!		

VFW Bert Fuller Post 9578
(619) 445-6040
www.vfw9578.com



Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"

VFW Burt Fuller Post 9578 | 844 Tavern Road, Alpine, CA 91901

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