



# VFW BERT FULLER POST 9578

## ALPINE CALIFORNIA

### January 2016

#### Post Officer Roster: 2015-2016

Commander: Bill Frazer  
Email: [frazerwv@cox.net](mailto:frazerwv@cox.net)  
Senior Vice: Bob Minton  
Junior Vice: Kevin K  
Quartermaster: Carl Silva  
Chaplain: Theo Bazdorf  
Adjutant: Kerry Parsons  
Judge Advocate: Rick Storms  
Service Officer: John Rizzo

#### TRUSTEES

1<sup>ST</sup> Year: Jack Gauthier  
2<sup>ND</sup> Year: Jerry White  
3<sup>rd</sup> Year: James Abercrombie

ALL CORRESPONDENCE FOR THE NEWSLETTER PLEASE MAIL OR EMAIL TO THE FOLLOWING ADDRESSES.

844 Tavern Road,  
Alpine CA, 91901  
Email to : [vfw9578alpine@vfw9578alpine.org](mailto:vfw9578alpine@vfw9578alpine.org)

#### Commander's Message

Happy New Year to everybody, 2016 is here. I hope all had a wonderful and safe Holiday Season! I'd like to say thanks to our Entertainment Committee for arranging all the events we've had, the parties, the karaoke, live bands and the great food from our kitchen. Thanks to JR Bailey and to all who were involved with our first Pearl Harbor Day event. The Kids' Christmas party was another success, thanks to Kimberley, Carol, Janice and Betty for helping, and who ever that fat guy was that played Santa. The Post Christmas party had a great turnout, great gifts were exchanged and everybody had fun. Thank you Mary and the volunteers that made Christmas Eve and Day enjoyable for all who attended, the food was great. I went to the District meeting on Dec. 15th, the Post is at 95% and the Auxiliary is at 100% on membership, great job! District says get out and recruit more members and welcome our younger Veterans, since they are our future. The Post House committee is at 1000 followed by the Post member meeting at 1100 on Jan. 9th, I would like to see more members attend. We did have a couple more people at our last meeting, thank you. We will need to discuss upcoming events, the future of the Post and new leadership elections are in 3 months. Like I said I will be stepping down (moving) in June. This past year we had a lot of events and a lot of fun, I'd like to say thank you to everybody who made 2015 a great year. To name a few, Bob M., Rick S., Chris P., Dave K., John R., Big Dan, Big John, Carl, Dennis, Benny, Kenny, Kerry, Ab, Theo, Jack, Jerry, Dave & Carol V., Mark M., Big Mark, John, Jim, Steve A., Steve & Bobbie, JR, Fernando, Debbie, Nancy, Linda P., Gloria & Clarence, Betty, Janice, Bonnie, Shelia, Kimberley, Mary, Sherri, Jules and to all of the volunteers. Let's make 2016 even better. Thank you for allowing me be the Commander of this great Post! Til next month. Bill Frazer

# Happy New Year

The new website at [www.vfw9578.com](http://www.vfw9578.com) is still open for suggestions.

**Men's Auxiliary Officers: 2015-2016**

**President:** David Verdugo  
**Vice President:** Kevin Casey  
**Jr VP:** Joel R. Murrillo  
**Chaplain:** John Snyder  
**Treasurer:** Steve Abercrombie  
**Guard:** Vince Roussel  
**TRUSTEES**  
**1st Year:** Jim Dymond  
**2nd Year:** Mark Merriman  
**3rd Year:** John Kehrli

**Men's Aux. Message**

An important notice that our meeting has been moved to 9 Jan. 2016 the second Saturday of the month and will be held at 12:00 due to the holidays. There will be no Burger Burn by the Men's Aux. on Sat. 2 Jan. and the Wild Boy's and Girl's breakfast will be on the 10<sup>th</sup>. What a year and what a month it has been for our Post, not to mention the milestones. We dedicated the new Men's Aux. plaque and honored our members who have passed following our last meeting and our Chaplin John did an outstanding job. I wanted to include the prayer as it touched me as well as others. Thank you Chaplin. O God of mercy, peace and love, we remember before You in this moment our comrades and friends. We recall with gratitude and respect all that they stood for in this life. Help us to live in the companionship of their spirit. May we be kind to the friends and family they loved; devoted to the community in which they lived; and loyal to the causes which they served. Thus, in our life, may they live on, to our great comfort, to the betterment of Your creation, and to the furthering of your most Holy Will. Amen. Happy Advent, Deacon John. Our new event on Sunday 6 Dec to commemorate Pearl Harbor Day with the WW II military vehicles, the Flag Ceremony and Bell Ceremony including our Color Guard was a great success. Scott Z. one of the Posts members shared some memories of his father who survived the attack. I've known Scott for twenty plus years and never heard of his tie to Pearl Harbor. Lots of folks with a lot going on and after the ceremony Taps being bugled was another somber moment to give pause and remember. Thanks to J.R. for putting this event together and hope we honor those we lost next Pearl Harbor Day. For Christmas the Men's Aux voted to fill the food barrel for the drive that either the USS Midway or USS Carl Vinson crew sponsored. Thanks to Roy M. for doing all the running around. We also voted to light the Flag at the community center and help with our Posts Annual Kid's Christmas event which Kimberly and Carolyn did a great job of. Lot's a kids, lots of fun and food. Commander Santa dropped in to hand out all the gifts for a special treat. Thank you Commander, thank you Carolyn and Kimberly. We have a lot of volunteers to thank for all their efforts over the past month. Jim D, and Steve A, for the burger burn the first Sat of the month and Fernando, J.R., with Joe doing the second Sat. Thanks also to Steve C, Bobbie C, Carolyn V, and myself for providing the Wild boy's and Girl's breakfast which sold out prior to 12:00 ! Thanks to Mark M. for taking care of the recycling on a regular basis. Ab, Jack, thanks for your support. The Men's Aux. will serve lunch on only Sat. 9 Jan. from 11:00AM to 2:00PM. The "Wild Boys and Girls" will serve our traditional breakfast on the second Sun. 10 Jan. from 9:00AM to 12:00PM. Our next monthly meeting will held the first Saturday of the month at 11:00AM. Don't forget to buy a burger or a dog after the meeting. Please keep our active service members that are in harm's way in your thoughts and prayers as well as our veterans that have sacrificed so much to protect our freedoms and the life we all enjoy. God Bless America! David Verdugo, Men's Auxiliary President

**Auxiliary Officers:  
2015 – 2016**

President:  
Sheila Snyder  
(619) 990-0536  
Senior Vice: Nancy Hauer  
Junior Vice: Betty Rabell  
Treasurer: Linda Pipkin  
Secretary: Janice Simmons  
Chaplain: Donna Lowell  
Guard: Elvira Storms  
Conductress: Vikki Hemmen

**TRUSTEES**

1st Year: Kimberley Rivera  
2nd Year: Katie Abercrombie  
3rd Year: Bea Conklin

**KITCHEN MANAGER  
Mary Sabol**

**POST HOURS**  
**MONDAY – THRU -**  
**FRIDAY**  
12:00 Noon to Closing  
**SATURDAYS AND SUN-**  
**DAYS**  
9:00AM Till Closing  
Post Phone Number:  
(619) 445-6040  
Fax Number: (619) 445-  
8740

**SCHEDULED MEETING**  
**DAYS**  
**VFW AUXILIARY**  
**1st SATURDAY OF THE**  
**MONTH**  
**0930**

**MEMBER'S MEETINGS**  
**2ND SATURDAY OF THE**  
**MONTH**  
**HOUSE COMMITTEE**  
**1000**  
**GENERAL MEETING**  
**1100**

**House Committee**

RICK STORMS  
DAN CHRISTENSEN  
HANS LUDWIG  
DENNIS FOREMAN  
BENNY COPE

**Aux. Message**

Happy New Year to all!

During December, there were 2 hospital related events, 1 by the Auxiliary members, the 2<sup>nd</sup> by my other veterans' group I belong to, all for the veterans at the VA Medical Center in La Jolla.

On 12/19, our VAVS rep, Yatsie G., along with other members of Dist. 1 Posts and Auxiliaries assisted with the backpack stuffing event. There were active military, therapy dogs, students and other organizations assisting with the packing. Dixie W. had donated 6 blankets and we had other items donated towards the backpacks. Everyone had fun, we stuffed 250 backpacks to be distributed to the wards in the VA Hospital. The VA crew graciously provided snacks and drinks for us. Posts/Aux represented were 2111, 1512, 9578, 11437, 3787 and Coronado. Great turn out, lots of items!

On 12/25, Christmas morning, Dixie W. (Chaplain at Aux 3788) and I went up to the VA Medical Center to help my other veterans' group, Jewish War Vets, distribute 300 gift bags to the veterans at the hospital. We covered 8 sections within the hospital for the distribution to include Spinal Cord Injury, Palliative Care, Acute Wards, Psych Ward and the ADT Physical Therapy. Had lots of fun, met some of the veterans who were happy to see the turnout from JWV (and both of us representing District 1 VFW Auxiliary). We even sang Happy Birthday to a Vet whose family could not make it to see him that day. Very rewarding experience.

For January, we will be busy with our meeting on the 2<sup>nd</sup>. We will be expecting our Department Auxiliary line officers during the weekend of January 15-17, including their visit to the VA Medical Center (I'm making arrangements to meet them once I get the specific date/time). There will be a Department dinner hosted by Post 2275 Sable in El Cajon on Sat. 1/16. The next District Auxiliary Meeting is scheduled for Sunday January 17, I will have the location soon. We will also need to discuss doing the 3<sup>rd</sup> Saturday of the month 'burgers and dogs' cooking. This was asked by the House Committee folks, since we have not contributed to this event and fund raiser in some time. We are due for many poker runs and this would be a great help to all! Looking forward to seeing more Aux members for the new year. Best wishes to all, whether here or overseas. Sheila Jo/President.

**VFW SURVEY OF WOMEN VETERANS**

**HELP HOLD THE VA ACCOUNTABLE**

The VFW is committed to ensuring veterans' health care and benefits are equitable among the brave men and women who have worn our nation's uniform. In an effort to identify barriers women veterans face when accessing their earned veterans' benefits and services, the VFW has commissioned a survey of women veterans that will guide the VFW's policy priority goals for women veterans. The VFW will analyze survey results and direct feedback from women veterans to make recommendations to VA and Congress on how to meet the needs of women veterans.

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ALPINE CALIFORNIA  
JANUARY 2016  
WWW.VFW9578.COM IT@VFW9578.COM  
445-6040

### Chaplain's Message

Historians say that the equivalent of "New Year's Resolutions" have been around for several thousand years, dating back to the ancient Babylonians – some with religious implications. More recently, the tradition apparently has been practiced in America for a couple of hundred years.

Let's be honest with ourselves – our annual year-end resolutions are not very often kept: lose weight, stop smoking, drink less, be kinder to friends and family, etc. In my view, we all should review and evaluate our resolutions (if real) every day to make sure that we're on the right path toward self-improvement. After all, the first step to accomplish any positive change in one's life is to recognize the need for change!

#### A NEW YEAR'S PRAYER:

*Dear Lord, please give me: A few friends who understand me and remain my friends; A work to do which has real value, without which the world would be the poorer; A mind unafraid to travel, even though the trail be not blazed; An understanding heart; A sense of humor; Time for quiet, silent meditation; A feeling of the presence of God; The patience to wait for the coming of these things, with the wisdom to recognize them when they come. AMEN.*

Theodore Bazdorf, Chaplain

### Quartermaster's Message


It's hard to believe that another year has passed. We wish all of you a happy new year. Your 2016 Dues had to be paid by December 31 2015. Please come to the Post, mail, or simply call me at 619-433-2959 to make arrangements. Perhaps becoming a LIFE MEMBER with a one time or installment payments will make your dues payment a thing of the past. Members not in good standing after December 31 will have to be signed in by another member. The January 9th meeting I will present projections for 2016. It is important for all members to attend this meeting to hear where the Post is going and how Post money is being spent. Please come to the meeting to also hear a recap of our very successful 2015. See you January 9th. QM Carl

## VFW OFFERING ASSISTANCE TO THOSE IN WEATHER-STRICKEN STATES

### MATCHED FUNDS WILL PROVIDE VITAL ASSISTANCE

By direction of VFW Adjutant General John Hamilton, VFW national staff has reached out to the VFW state offices in states that have been impacted by recent catastrophic weather-related events apprising them again of the National Disaster Relief Fund matching fund process that is in place.





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*Come on down  
and see us now, y'hear?  
- Julie & Nicole*



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Pool Tournament every Wednesday!	Sign up for Pot luck with bartender for Friday	1 Happy New Year 2PM Pot luck and appetisers! 6PM to 10PM Karaoke NO DINNER	2 Rib Eye Steak, Au Gratin Potatoes and veggie, 5pm to 7pm-\$15
3 Breakfast omelettes, O Brian potatoes, bacon, sausage and toast, \$7.00,	4 Clam Chowder and crusty French bread \$5 5PM til gone!	5 Baked potato bar with all the fixin's \$5 5PM til gone	6 Lasagna & garlic bread \$5 4PM til gone!	7 Sloppy Joes & Chips, \$5 5PM til gone!	8 Fish Fry, 5pm -7pm. Karaoke with Ricky, 6pm to 10pm	9 Roast chicken, rice & veggies \$10 5PM til 7PM
10 Wild Boys 'n' Girls Breakfast, 9am to noon, \$7.00	11 Potato Leak Soup and crusty French bread \$5 5PM til gone!	12 Pot roast with mashed potatoes & roll \$5 5PM til gone!	13 Tostada with rice & beans \$5 4PM til Gone!	14 Sloppy Joes & Chips, \$5 5PM til gone!	15 Fish Fry, 5pm -7pm. Karaoke with Ricky, 6pm to 10pm	16 Rib Eye Steak, Au Gratin Potatoes and veggie 5pm to 7pm-\$15
17 Breakfast omelettes, O Brian potatoes, bacon, sausage and toast, \$7.00,	18 Chicken Pot Pie & Mashed Potatoes \$5 5PM til gone!	19 Beef Stroganoff with mashed potatoes \$5 5PM til gone!	20 Spaghetti and Garlic Sticks, \$5	21 Sloppy Joes & Chips, \$5 5PM til gone!	22 Fish Fry, 5pm -7pm. Karaoke with Ricky, 6pm to 10pm	23 Pork tenderloin, mashed potatoes, gravy & veggies \$10 5PM to 7PM
24 Breakfast omelettes, O Brian potatoes, bacon, sausage and toast, \$7.00,	25 Baked potato bar with all the fixin's \$5 5PM til gone!	26 chicken & rice \$5 5PM til gone!	27 Chile Relleno, rice & beans \$5 4PM til gone!	28 Sloppy Joes & Chips, \$5 5PM til gone!	29 Fish Fry, 5pm -7pm. Karaoke with Ricky, 6pm to 10pm	30 Rib Eye Steak, Au Gratin Potatoes and veggie 5pm to 7pm-\$15 Karaoke by Rick
31 Breakfast omelettes, O Brian potatoes, bacon, sausage and toast, \$7.00, add waffles \$3.00						