



VFW BERT FULLER POST 9578

ALPINE CALIFORNIA

September 2015

Post Officer Roster: 2015-2016

Commander: Bill Frazer
Email: frazerwv@cox.net
Senior Vice: Bob Minton
Junior Vice: Kevin K
Quartermaster: Carl Silva
Chaplain: Theo Bazdorf
Adjutant: Kerry Parsons
Judge Advocate: Rick Storms
Service Officer: Rick Storms

TRUSTEES

1ST Year: Jack Gauthier
2ND Year: Jerry White
3RD Year: James Abercrombie

ALL CORRESPONDENCE FOR THE NEWSLETTER PLEASE MAIL OR EMAIL TO THE FOLLOWING ADDRESSES.

844 Tavern Road,
Alpine CA, 91901
Email to : vfw9578alpine@vfw9578alpine.org

Commander's Message

I hope everyone is having a wonderful summer, got a chance to travel, visit with family and/or went on vacation. Kids are returning to school or already have, yea (mine did)!!! Thanks to Bob Minton for filling in at our last meeting, my wife's birthday was a priority. Unfortunately I will be out of town for our next meeting for work related schooling. At the first District Meeting of the new year, the new District Commander wants to bring back the Post Adopt Program, a Post adopts either a Ship, Unit or a Squadron. I think if there's a Post member who is currently on active duty, that would be the perfect adoption. If not then, if anybody has any ideas for adoption, please come to the next meeting. There's been some rumbling going on about some ideas that I have mentioned, these are only ideas! They came from a few articles I had seen in the Military Times and VFW magazines, about two Post's struggles to keep going. They weren't reaching or welcoming younger veterans, older members didn't want to change. Sorry, but if our Military is changing with the times, then the VFW should, too. For example, the Ladies Auxiliary did, now it's the VFW Auxiliary, all family members of a qualified Veteran can join. VFW is here to support all Veterans no matter what their age, sex, or War they served in. The VFW isn't just for the good old boy's club or bar any more, time to get with the program. We need to find ways to bring in all Veterans and make them feel comfortable. If that means making a few changes around the Post, doing events that bring them to the Post, then we should give it a try. I really don't want to see our Post end up like the ones in these articles, we need more volunteers to make this happen. Change can be good. Don't forget about our annual Deep Pit BBQ on Oct. 10th, we can use all the support from everybody such as donations for auction, music, desserts, and volunteers. Please come to the meeting on Sept 12th, this would be the perfect event to attract new members. Thank You for your support, till next time your Commander Bill Frazer

The new website at www.vfw9578.com is still open for suggestions.

Men's Aux. Message

Men's Auxiliary Officers: 2015-2016

President: David Verdugo
Vice President: Kevin Casey
Jr VP: Joel R. Murrillo
Chaplain: John Snyder
Treasurer: Steve Abercrombie
Guard: Vince Roussel

TRUSTEES

1st Year: Jim Dymond
2nd Year: Mark Merriman
3rd Year: John Kehrl

There have been a lot of questions asked regarding the Men's Aux. and what was voted on at the National convention. I would like to put the official word out for our Post. After getting direction from our Commander Bill, there will be no changes to our organization at this time. We will operate "Business as usual" with the exception that if a prospective male member should prefer to join the new group (Veterans of Foreign Wars Auxiliary) once it

is established, versus the Men's Auxiliary, he will be able to do so without any issues. There are many logistical and operational issues with the "NEW" organization that have yet to be answered and worked out. I would like to thank Commander Bill for making the decision to keep the status quo regarding the Men's Aux. and Post 9578. If you have not noticed, we have added automatic irrigation to the rose garden in front to help during the hot summer months and to keep the plants looking good. We are in the process of doing the same on the garden hill for our established plants and trees. I'd like to thank Kevin C. and Mark M. for their assistance. More to come. On a somber note, we have lost several folks in the past few months that we should take note of. First was Vern Hinkley Sr. a very respected and well liked member of our Post, Veteran of WW II and the "Battle of the Bulge". We also lost Charlie Gouthier, wife of member Jack who is one of our big supporters. Our heartfelt condolences to both the Hinkley and Gouthier families, each will be missed greatly. Thanks, Steve A, John K., and Jim D. for taking care of the BBQ on the first Saturday of last month. Fernando and Joe for handling the second Saturday BBQ of the month. Thanks to Steve and Bobbie C. along with Carolyn V. and myself for the breakfast in July that saw about 70 breakfasts served. Had it not been for running out of a lot of food we would have served many more. Thanks to all for helping out at our Post. The Men's Aux. will serve lunch on the Sat. 5 Sept. and Sat. 12 Sept. from 11:00AM to 2:00PM. The "Wild Boys and Girls" will serve our traditional breakfast on Sun. 6 Sept. from 9:00AM to 12:00PM. Our monthly meetings are held the first Saturday of the month at 11:00AM. Don't forget to buy a burger or a dog after the meeting. Please keep our active service members that are in harm's way in your thoughts and prayers as well as our veterans that have sacrificed so much to protect our freedoms and the life we all enjoy. God Bless America! David Verdugo, Men's Auxiliary President

Aux. Message

Auxiliary Officers: 2015 – 2016

President:
Sheila Snyder
(619) 990-0536
Senior Vice: Nancy Hauer
Junior Vice: Betty Rabell
Treasurer: Linda Pipkin
Secretary: Janice Simmons
Chaplain: Donna Lowell
Guard: Elvira Storms
Conductress: Vikki Hemmen

TRUSTEES

1st Year: Kimberley Rivera
2nd Year: Katie Abercrombie
3rd Year: Bea Conklin

KITCHEN MANAGER Mary Sabol

POST HOURS
**MONDAY – THRU -
FRIDAY**
12:00 Noon to Closing
**SATURDAYS AND SUN-
DAYS**
9:00AM Till Closing
Post Phone Number:
(619) 445-6040
**Fax Number: (619) 445-
8740**

**SCHEDULED MEETING
DAYS**
VFW AUXILIARY
**1st SATURDAY OF THE
MONTH**
0930

MEMBER'S MEETINGS
**2ND SATURDAY OF THE
MONTH**
HOUSE COMMITTEE
1000
GENERAL MEETING
1100

House Committee

RICK STORMS
DAN CHRISTENSEN
HANS LUDWIG
DENNIS FOREMAN

Hello to everyone and happy mid-summer!

As many members know, we are now in the midst of changes which went into effect on 21 August. We are to be known as Veterans of Foreign Wars Auxiliary. The new website is www.vfwauxiliary.org for the updated information to include new member forms, new logo, new pins, new books and other important documentation. We will be implementing the updated changes soon. The new regulations will allow us to welcome family members (son, daughter, grandchildren, brother, sister) who have either active duty military or veterans who qualify for Post membership. I have provided our Treasurer, Linda, with the new membership apps and to remove the others as no longer valid. The emblem/logo itself has changed to read as listed above "Veterans of Foreign Wars Auxiliary" (with the removal of "Ladies"). August was on the quiet side for the Auxiliary. I recently attended the usual membership meeting and hope to bring us up to speed for the new calendar year. With the information prior to changes, any Auxiliary member who had not renewed or was listed as deceased were removed from the roster. Our percentage for those removed took a very hard hit, so we need to boost up again. I would like to invite those who are eligible to join us do so to make the group stronger. I will be meeting with the representative from the VAMC in La Jolla on Aug. 31 to find out what the Auxiliary members (yes that can include the men too) can do to assist as volunteers at the VA, events up and coming to attend to represent our group. I hope to have the information by the time our meeting comes around on Sat. Sept. 5. The liaison's bio was in a recent Sunday edition of the SDUT so will have him up at Post for dinner on a weekend to discuss what our group can do to assist. This man is a highly decorated Marine/pilot having flown Air Force 1 for another President. For those of you with some spare time, volunteering at any local hospital which has veterans as patients is a great option. Please consider doing so and I can provide you with a designated hospital pin and complete the volunteer documentation. Last but not least, our District Inspection is scheduled for Sat. Oct. 3 and I would like to invite all Auxiliary members to attend to meet your new District officers. I have been advised that other District Auxiliary members will be in attendance to meet our group. There are many from our Auxiliary who have not been in attendance for some time, so this would be a great opportunity to visit, stay for some light snacks, and catch up at our Auxiliary meeting. Please put aside any hurt feelings or negativity from before, the Auxiliary officers are a very strong and gracious group of ladies. Let's show District that we have what it takes to be able to take the reins and assist our veterans everywhere. Wishing everyone a happy early Labor Day weekend. Please send positive thoughts to all military everywhere for the fight to keep our freedoms every single minute/hour/day etc. Respectfully and with loyalty – Sheila Jo – Auxiliary President

VFW BERT FULLER POST 9578
ALPINE CALIFORNIA
September 2015
vfw9578alpine@vfw9578alpine.org 445-6040

Chaplain's Message

I'm not much of a biblical scholar, but I find this Bible passage [Matthew 5:6-9] somewhat comforting: "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall obtain mercy. Blessed are the pure at heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God."

We all need to be "peacemakers", so to speak, in our jobs, families and here at the post. Recent news reports have illustrated how easily a situation of upset can get out of hand and escalate to the point of committing violent acts against our fellow beings. Most humans get less than 90 years here on earth, so it's important for each of us to try to create positive effects around us. Peaceful co-existence should be attainable!

World War II veteran R.T. Denny is back at home in Alpine recovering from an operation last month. Let us pray for his quick recovery and return to the post.

Lord, Almighty God, we pray for your healing grace in behalf of R.T. Denny. May he know the blessing of good health in this hour and throughout life. Bless all who minister to R.T. in body, mind, and spirit. Grant him patience and endurance, relief from pain and suffering, the blessing of a swift recovery, and finally, that he may dwell with you in life everlasting. AMEN.


Theodore Bazdorf, Chaplain

Quartermaster's Message

The best way to beat the heat is to visit your friendly Post 9578 in Alpine. We have very cold air and a great, fun atmosphere. The staff look forward to seeing you, and the service is the best. Please remember all annual dues are now being paid which supports the VFW and this Post. Please visit us soon and be a part of a growing organization. Our hearts go out to Jack Gauthier on the loss of his beloved "Charli". Our time on this earth is very short and "Charli" made the most of the time she had left. May God bless her and comfort Jack at this time. Please be advised folks that I am available 24/7 to perform my Quartermaster duties and process new members, take questions, renew old members, etc., etc. This includes the Men's Auxiliary as well. Lets pray for cooler weather and maybe some rain.

Have a great September. Carl

VFW BERT FULLER POST 9578
 ALPINE CALIFORNIA
 SEPTEMBER 2015
 VFW9578ALPINE@VFW9578ALPINE.ORG 445-6040
 WWW.VFW9578ALPINE.ORG



Kamps
PROPANE

Richard Edwards - Account Executive

(619) 390-6304
 (800) 797-4GAS Toll Free
 (619) 390-6344 Fax

16245 Alpine Blvd.
 Alpine, CA 91901
 www.kampspropane.com

Round up all your copying and printing needs and
 mosey on down to

Copy Corral
(619) 562-3660


- ★ Copy & Print
- ★ Wide Format Printing
- ★ Fax & Notary
- ★ Quick Turnaround
- ★ Design services available

11440 Riverside Dr, Lakeside, CA 92040

*Come on down
 and see us now, y'hear?
 - Julie & Nicole*



Alpine Ace Hardware
 1347 Tavern Rd Ste C4-5
 Alpine, CA 91901
 619 445 8100



Chris Wiley
 NMLS License #240137
 Primary Residential Mortgage, Inc.
 2124 Arnold Way
 Alpine, CA 91901
 619-722-1303 office
 619-722-6139 fax

*Primary Residential Mortgage, Inc. is a full-service
 Mortgage Banker and one of the top FHA originators
 in the nation.*



Cafe 67
 619-443-4100

Open for
 Breakfast
 & Lunch
 6:00 a.m. to
 3:00 p.m.

Highway 67 at
 12381 Mapleview St.
 in Lakeside, CA 92040 10% off any lunch with this ad

www.Cafe67usa.com



BISHER'S
 QUALITY MEATS

The Very Best In Meats
 Dan Bisher, Owner
 2330 Main St #A Ramona 92065
 Josh Lehman, Manager
 (760) 789 1488



Natural Instincts
 learn - nourish - cleanse

Natural dog & cat foods,
 treats and supplements

Self-serve dog spa and
 full service grooming

Dog obedience and
 agility classes

Doggie Daycare
 and boarding

\$2 OFF
Doggy Day Care
 One per visit / Cannot combine offers

619-445-1550
 2101 Alpine Blvd.
 Alpine, Ca. 91901
 www.feednaturalfood.com



GDMS

VINCENT LAWRENCE
 President & CEO
 vlawrence@galaxiemgmt.com

5330 Napa Street, San Diego, CA 92110
 Phone: (619) 299-9950 | Fax: (619) 299-9955
 Toll Free: (888) 711-3427
 www.galaxiemgmt.com



RJR
BUILDERS

General Contractor

vkrr@cox.net
 Cell: 619-861-2938

Vince Roussel
 Lic# 414281



Woody & Bea
 Conklin
 (619) 937-1310
 Campo, California

Custom Wood Signs

FROM OUR KITCHEN

September 2015

We are open to suggestions from our guests, we aim to please! (NOTE: These items may be subject to change.)

Monday

Game Night TBA

Tuesday, 4pm to close.

Sept 1st -Lemon Chicken Salad with Garlic Bread

Sept 8th -Taco Salad

Sept 15th -Lemon Chicken Salad with Garlic Bread

Sept 22nd -Taco Salad

Sept 29th -Chicken and Taco Salad

Wednesday Nights (Pool Tournament)

Wednesday -4pm until gone!

Sept 2nd -Green Chili and Tortillas

Sept 9th -Tortellini and Garlic Bread

Sept 16th -Rib-eye Steak Baked Potato and Veggies

Sept 23rd -Meatball Sandwiches and Chips

Sept 30th -Spaghetti and Garlic Bread

Thursday Nights

4pm until gone! Sloppy Joes- \$5.00

Friday Night-5pm to 7pm

All dinners served with French Fries & Coleslaw

Cod \$10.00, Shrimp - \$10.00, Cod & Shrimp - \$10.00

Iceberg Salad Wedges - \$5.00; with Shrimp - \$7.00; topped with diced tomatoes, bacon, feta or bleu cheese, and black olives.

Shrimp Cocktail – Full \$10.00 or Half \$5.00

Saturday Night Dinners-5pm to 7pm

Sept 5th -Ribs Cowboy Beans and Corn \$12

Sept 12th -Rib-eye Steak Baked Potato and Corn \$15

Sept 19th -BBQ Chicken Potato Salad and Veggies \$12

Sept 26th -TBA

Sunday Buffet Breakfast

9:00 am til noon

Sept 6th -Wild Boys & Girls Breakfast , the usual great breakfast for \$6.00!

Sept 13th -Eggs to order Bacon Sausage O'Brian Potatoes \$7

Sept 20th -Omelets O'Brian Potatoes \$7

Sept 27th -Eggs to order Bacon Sausage O'Brian Potatoes \$7

All menu items are subject to change!