



# VFW BERT FULLER POST 9578

## ALPINE CALIFORNIA

### January 2015

#### Post Officer Roster: 2014-2015

Commander: Bill Frazer  
Email: [frazerwv@cox.net](mailto:frazerwv@cox.net)  
Senior Vice: Bob Minton  
Junior Vice: Greth Snyder  
Quartermaster: Carl Silva  
Chaplain: Theo Bazdorf  
Adjutant: Kerry Parsons  
Judge Advocate: Rick Storms  
Service Officer: Fred Erickson

#### TRUSTEES

1<sup>ST</sup> Year: Jackie Gauthier  
2<sup>ND</sup> Year: Jerry White  
3<sup>RD</sup> Year: James Abercrombie

ALL CORRESPONDENCE FOR THE NEWSLETTER PLEASE MAIL OR EMAIL TO THE FOLLOWING ADDRESSES.  
844 Tavern Road,  
Alpine CA, 91901  
Email to : [vfw9578alpine@vfw9578alpine.org](mailto:vfw9578alpine@vfw9578alpine.org)

#### Commanders Message

I hope everybody had a wonderful Christmas, spent quality time with family and friends. Plus, since everybody was good this year, except yours truly, Santa got you the gift you were hoping for. This month we had a special appearance by Santa for the kids' Christmas party, there were about 15 children who got to do arts and crafts, meet Santa and got a gift. A week later the Post had their annual Christmas and Bartenders Appreciation Party, dinner was served and there was a gift exchange. Christmas dinner was served at the Post, food was great, a big thanks to Kenny, Mary, and Alex for cooking this past month. Sorry for not being at the Post much this month, I've been very busy with my other job. I would like to be the first to wish everybody a Happy New Year, everybody please be careful and safe this Holiday. I would like to see everyone at the Post in the new year. We have a lot a events to start preparing for the in next few months. All Post inspections are over and went well, the State Commander Official Visit to our District is this month and he has requested to come visit our Post. We have to fill an open seat on the House Committee, and make plans for the Official Visit. I hope to see you at our next meeting! Some of our members could use prayers to get well, I know our Chaplin is doing a great job, please keep Charlie and Don in your hearts. Carl Silva has signed up fifteen new members, keep up the good work. This year I would like to see more involvement by other members volunteer their time to our wonderful Post. If it's giving a hand cleaning, cooking, or coming to the meetings. This is your Post, if you have an issue bring it to the meeting. Please remember if you bring a friend(s) to the Post, please sign them in and they are your responsibility, so please make sure they behave.

Til Next month your Commander Bill Frazer

#### SEASON'S GREETINGS FROM THE VFW

THE VFW WISHES YOU AND YOURS A SAFE AND HAPPY HOLIDAY SEASON

The VFW extends a heartfelt season's greetings to all of our nation's veterans, service members and their families, as well as to all who support them. As we gather with family and friends over this coming week to celebrate the holidays and ring in a new year, we are reminded that the sanctity of our traditions and our freedom to exercise them have been afforded to us only by those who have spent these same holidays in harm's way, far away from home.

### Men's Aux Message

#### **Men's Auxiliary Officers: 2014-2015**

**President:** David Verdugo  
**Vice President:** Kip Curry  
**Jr VP:** Joel R. Murrillo  
**Secretary:** Bob Bealo  
**Treasurer:** Steve Abercrombie  
**Judge-Advocate:** Vern Hinkley  
**Guard:** Vince Roussel

#### **TRUSTEES**

**1st Year:** Michael McCall  
**2<sup>nd</sup> Year:** Mark Merriman  
**3<sup>rd</sup> Year:** John Kehrli

Hope you all had a nice Christmas and here's to a prosperous New Year.

I want to thank Carolyn and Kimberley for putting together the Post Kids' Christmas party. There was a lot work planning and organizing for this to happen. They did one heck of a job! I could tell by all the smiles. Several of the kids mentioned to Carolyn that they had just put their decorations from last year on their trees. Very nice tradition started. Now while all this is going on KC brought in a bunch of toys for "Toys for Tots" and we had no collection

barrel. Carolyn put one together for our Post. She coordinated with the Chambers St. Post in El Cajon and "Wild Boy" Bobbie Carmichael picked them up and got them delivered for us. There were lots of toys in the collection barrel so thanks to all that donated. Bob B. again this year is working with "Fisher House" so please bring some non-perishable food to donate and thanks to those who have. Remember no expired food please. A personal thanks to Bob B. who has generously volunteered to serve as our acting Secretary until our elections this year. Thanks Bob! If you are interested in serving as our Secretary please let me know and I'm sure Bob would be happy to train you. It is not too early to start thinking of our next election cycle and getting some training from the Officers. There will be a number of changes.

I would like to welcome three new members to our Posts' Men's Aux.- Michael Carson, Greg Fox, and Fritz Reber. Marshall, Jack, and Ab thanks for attending our meetings and showing your support. Thanks, Steve A, John K., and Jim D. for taking care of the BBQ on the first weekend of last month, and members Brian Correa and Fernando G. for taking care of the second weekend BBQ of the month. Just a thought at this time of year I want to pass along. Although things are not perfect by any means, we have much to be thankful for, especially living in the greatest Republic on the planet. The Men's Aux. will serve lunch on the Sat. 3 Jan. and Sat. 10 Jan. from 11:00AM to 2:00PM. The "Wild Boys" will cook the traditional breakfast on Sunday 4 Jan. from 09:00 to 12:00. Our monthly meetings are held the first Saturday of the month at 11:00AM. Don't forget to buy a burger or a dog after the meeting. Please keep our active service members that are in harm's way in your thoughts and prayers as well as our veterans that have sacrificed so much to protect our freedoms and the life we all enjoy. God Bless America!

David Verdugo, Men's Auxiliary President

**Ladies Auxiliary Officers:  
2014 – 2015**

**President:**  
Sheila Snyder  
(619) 990-0536  
**Senior Vice:** Vikki Hemmen  
**Junior Vice:** Nancy Hauer  
**Treasurer:** Linda Pipkin  
**Secretary:** Janice Simmons  
**Chaplain:** Paula Parker  
**Guard:** Elvira Storms  
**Conductress:** Vikki Hemmen

**TRUSTEES**

**1st Year:** Kimberley Rivera  
**2nd Year:** Katie Abercrombie  
**3rd Year:** Bea Conklin

**KITCHEN MANAGER**

**Kenny Mohler**

**POST HOURS**

**MONDAY – THRU -  
FRIDAY**

**12:00 Noon to Closing  
SATURDAYS AND SUN-  
DAYS**

**9:00AM Till Closing**

**Post Phone Number:**

**(619) 445-6040**

**Fax Number: (619) 445-  
8740**

**SCHEDULED MEETING  
DAYS**

**LADIE'S AUXILIARY  
1<sup>ST</sup> SATURDAY OF THE  
MONTH  
0930**

**MEN'S AUXILIARY  
1<sup>ST</sup> SATURDAY OF THE  
MONTH  
1100**

**MEMBER'S MEETINGS  
2<sup>ND</sup> SATURDAY OF THE  
MONTH**

**HOUSE COMMITTEE  
1000**

**GENERAL MEETING  
1100**

**House Committee**

DAVE KEBERT  
DAN CRISTENSEN  
KENNY MOHLER  
MARSHALL RALPH

**Ladies Aux Message**

Peace be with all Comrades, Sisters and Brothers:

The Ladies Auxiliary was busy this month, putting together a dinner for all on Sat. December 6, right after Commander did his alter ego position of Santa for the members' children and family members. Dinner was enjoyed by all, a quesadilla style menu with salsa (thanks to our new initiated sister, Gloria Guerrero!), guacamole (thanks to Men's Aux member Bob Bealo!), sour cream, Spanish rice and beans.

We want to also thank Mary (bartender) and Alex (assistant kitchen coordinator) for their help with the dinner too.. And a big thanks to Kenny M on the pollo asado and carne asada for the dinner! Delicious!

For our District Auxiliary information, we received the great news that we have retained our 100% and more ranking on membership goals! We get to keep the medallions (dog tags & chain) for another month! Thanks to the sisters for getting our new members approved! We need to get the rest of the folks initiated and ready to go for the New Year!

While I was not able to make the Holiday Party this year, congrats to all for making it a huge success! For those of you who attended our quesadilla dinner, we thank everyone who came and enjoyed the 1<sup>st</sup> meal we have been able to do in about 4 months. Should anyone have any concerns or issues regarding the preparation and creation of the dinner, please contact Kenny M. We welcome volunteers (please come pitch in and help!) and especially, your feedback and cooperation on having future meals as great as this was! The Ladies Aux, in conjunction with the Comrades and Men's Aux, participated in wrapping, tagging and coordinating gifts to go to needy families with the help of our Junior Vice President, Nancy Hauer. With list in hand, many of us shopped for gifts to be wrapped and distributed (along with food) to the families in our immediate area. May their Hanukkah and Christmas be enjoyed by all! Thank you everyone!

In closing.. I want to wish my Auxiliary Sisters and Brothers, along with our Post Comrades a new year filled with new journeys, new adventures.. a renewed spirit towards the good will and assistance to our veterans everywhere..and overall blessed comfort for a better world ... while our troops are still stationed overseas and abroad in various countries, we keep them in our prayers that one day they can return to the USA to reunite with their families. I also want to send speedy recovery wishes to Janice Simmons as she recovers from her illness.. and invite the new sisters to join us at our next meeting.. Sat. Jan. 3 @ 930am.

Let's start the New Year on the right foot towards making it the best one in our Mighty District #1.

Sheila Jo, President

VFW BERT FULLER POST 9578  
ALPINE CALIFORNIA  
January 2015  
vfw9578alpine@vfw9578alpine.org 445-6040

**Chaplains Message**

Let's let I.R.M.A. be the acronym for the year to come, standing for: Integrity, Respect, Manners and Attitude. We all should strive to better understand ourselves and our comrades, to the end that our relationships here on Planet Earth be smoother. In other words, let's try to remove pettiness and small-mindedness from our lives during 2015 and beyond.

Lord, may we be more tolerant and compassionate toward other human beings this new year. Help us to strive for peace and good will amongst our friends, families and fellow veterans, thus creating a more serene existence for all. AMEN.

Army Vietnam veteran and Post Life Member Charlie Howell was in a serious auto accident last week, and is recovering at Sharp Hospital.

Lord, Almighty God, we pray for your healing grace in behalf of Charles Howell. May he know the blessing of good health in this hour and throughout his life. Bless all who minister to Charles in body, mind and spirit, and grant him a quick recovery from his recent injuries. AMEN.

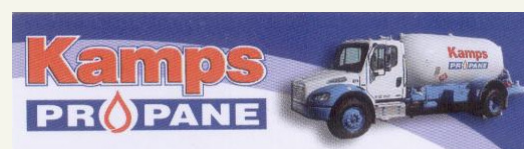
**Quartermasters Message**

Happy New Year to all Post 9578 members and wishes for a visit from Post members this year who never come to visit with us at the best VFW in California. Could be the best in the nation. The annual Post inspection of our business records was just completed by district. Your Post is in great financial condition with a great 2015 outlook. The Post building and grounds have received full attention this fall with a new Post sign at the start of the driveway. Kenny Mohler and his crew did a great job on Christmas dinner and we are looking forward to many fine meals at your Post. Annual member dues must be paid by December 31st to remain a member in good standing of the VFW. Your Quartermaster is available 24/7 to take care of Post business or just answer questions about specific problems. I want to take this time to thank all Post employees for their fine work this past year and look forward to moving our level of service higher in 2015. There is no I in team. The group team effort at Post 9578 will continue to grow in 2015. It is an honor to be your quartermaster and be a part of a VFW Post that is the best of what a Post should be.

Carl Silva



VFW BERT FULLER POST 9578  
 ALPINE CALIFORNIA  
 JANUARY 2015  
 VFW9578ALPINE@VFW9578ALPINE.ORG 445-6040  
 WWW.VFW9578ALPINE.ORG



**Kamps  
PROPANE**

Richard Edwards - Account Executive

(619) 390-6304  
 (800) 797-4GAS Toll Free  
 (619) 390-6344 Fax

16245 Alpine Blvd.  
 Alpine, CA 91901  
 www.kampspropane.com

Round up all your copying and printing needs and  
 mosey on down to

**Copy Corral**  
**(619) 562-3660**


- ★ Copy & Print
- ★ Wide Format Printing
- ★ Fax & Notary
- ★ Quick Turnaround
- ★ Design services available

11440 Riverside Dr, Lakeside, CA 92040

*Come on down  
 and see us now, y'hear?  
 - Julie & Nicole*



**Alpine Ace Hardware**  
 1347 Tavern Rd Ste C4-5  
 Alpine, CA 91901  
 619 445 8100



**Chris Wiley**  
 NMLS License #240137  
 Primary Residential Mortgage, Inc.  
 2124 Arnold Way  
 Alpine, CA 91901  
 619-722-1303 office  
 619-722-6139 fax

*Primary Residential Mortgage, Inc. is a full-service  
 Mortgage Banker and one of the top FHA originators  
 in the nation.*

**Café** 619-443-4100



Open for  
 Breakfast  
 & Lunch  
 6:00 a.m. to  
 3:00 p.m.

Highway 67 at  
 12381 Mapleview St.  
 in Lakeside, CA 92040 10% off any lunch with this ad

[www.Cafe67usa.com](http://www.Cafe67usa.com)



**BISHER'S**  
 QUALITY MEATS

The Very Best In Meats  
 Dan Bisher, Owner  
 2330 Main St #A Ramona 92065  
 Josh Lehman, Manager  
 (760) 789 1488



**Natural Instincts**  
 learn - nourish - cleanse

Natural dog & cat foods,  
 treats and supplements

Self-serve dog spa and  
 full service grooming

Dog obedience and  
 agility classes

Doggie Daycare  
 and boarding

**\$2 OFF**  
**Doggy Day Care**  
 One per visit / Cannot combine offers

**619-445-1550**  
 2101 Alpine Blvd.  
 Alpine, Ca. 91901  
 www.feednaturalfood.com



GALAXIE DEFENSE MARKETING SERVICES

**VINCENT LAWRENCE**  
 President & CEO  
 vlawrence@galaxiemgmt.com

5330 Napa Street, San Diego, CA 92110  
 Phone: (619) 299-9950 | Fax: (619) 299-9955  
 Toll Free: (888) 711-3427  
 www.galaxiemgmt.com

**RJR BUILDERS**

General Contractor

vkrr@cox.net  
 Cell: 619-861-2938

Vince Roussel  
 Lic# 414281



**Woody & Bea  
 Conklin**  
 (619) 937-1310  
 Campo, California

**Custom Wood Signs**

VFW BERT FULLER POST 9578  
ALPINE CALIFORNIA  
JANUARY 2015  
VFW9578ALPINE@VFW9578ALPINE.ORG 445-6040  
WWW.VFW9578ALPINE.ORG

## **FROM OUR KITCHEN**

### **JANUARY 2015**

Your Post's dedicated chefs will have lots of good tasty food coming out of the kitchen this month. We've expanded menus to try to please everyone's taste. (NOTE: These items subject to change.)

#### **Monday Game Night**

Hot Dogs or Chili Dogs -- \$3.00                      Hamburger or Chili Burger -- \$6.00  
Smokey Links or Hot Links -- \$4.00 (All meals served with potato salad, macaroni salad, Cole slaw & chips.)

#### **Tuesday Nights are Ladies' Nights**

All meals are \$4.00 – 6 January: Potato Soup, Salad & Garlic Bread / 13 January: Grilled Lemon Chicken, Salad & Garlic Bread / 20 January: Beef Stew & Garlic Mashed Potatoes / 27 January: Baked Potato Bar & Salad

#### **Wednesday Nights (Pool Tournament)**

Kimberley's Dinners – 7 January: Tortellini & Salad \$4.00 / 14 January: Chili & Mexican Corn Bread \$4.00 / 21 January: Pulled Pork Sandwich & Potato Salad, \$4.00 / 28 January: Spaghetti & Garlic Bread \$6.00

#### **Thursday Nights**

Chicken Wings – 5 for \$3.50 or 10 for \$6.00 / Chicken Tenders – 5 for \$6.00 / Onion Rings – \$4.00 / Mozzarella Sticks – 5 for \$4.00 / Shrimp – 5 for \$6.00 / Sampler Plate – 3 Shrimp, 4 Wings, 2 Tenders, Mozzarella Sticks, Onion Ring – \$10.00 (Served with choice of the following sauces: Honey Mustard, Ranch, Bleu Cheese, Frank's Hot Sauce, BBQ or Marinara.)

**January 1 New Year's Day: Appetizers served from 2:00 pm until gone (Canteen open at 9:00 am)**

#### **Friday Nights**

Beer-battered Fried Cod and Shrimp - \$9.00    Breaded Shrimp Plate - \$9.00  
(All dinners served with French Fries, Coleslaw and Tarter or Cocktail Sauce.)  
Iceberg Salad Wedges - \$5.00; with Bay Shrimp - \$7.00 (topped with diced tomatoes, bacon, feta cheese and black olives) Also offering Shrimp Cocktails – Full \$10.00 or Half \$6.00

#### **Saturday Lunches**

Men's Auxiliary 3 January and 10 January; 17 January "Commander's Burgers"  
Grilled Hamburgers/Cheeseburgers \$6.00 and Hot Dogs \$3.00 (served from 11:00 am until 2:00 pm)

#### **Saturday Nights**

3 January – Roast Pork Tenderloin, Garlic Mashed Potatoes, Gravy & Vegetable \$8.00  
10 January – Rib-eye Steaks by Kenny, Au Gratin Potatoes & Vegetable \$12.00  
17 January – Salmon or Grilled Chicken Caesar Salad & Garlic Bread \$8.00  
24 January – Baby-back Ribs, Baked Potato & Vegetable \$10.00  
31 January -- Special chicken dinner presented by the Ladies Auxiliary

#### **Sunday Breakfasts**

4 January: "Wild Boys" Breakfast -- Omelets, eggs-to-order, bacon, sausage, potatoes & toast \$6.00  
January 11, 18 and 26: Breakfast Buffet – scrambled eggs, bacon, sausage, potatoes, biscuits & gravy \$6.00  
(Served from 9:00 am until noon)

#### **Sunday Afternoon Football (NFL Playoffs begin Saturday 3 January)**

Food and snacks beginning at 1:00 pm until gone.