



VFW BERT FULLER POST 9578

ALPINE CALIFORNIA

February 2015

Post Officer Roster: 2014-2015

Commander: Bill Frazer
Email: frazerwv@cox.net
Senior Vice: Bob Minton
Quartermaster: Carl Silva
Chaplain: Theo Bazdorf
Adjutant: Kerry Parsons
Judge Advocate: Rick Storms
Service Officer: Fred Erickson

TRUSTEES

1ST Year: Jackie Gauthier
2ND Year: Jerry White
3RD Year: James Abercrombie

ALL CORRESPONDENCE FOR THE NEWSLETTER PLEASE MAIL OR EMAIL TO THE FOLLOWING ADDRESSES.

844 Tavern Road,
Alpine CA, 91901
Email to : vfw9578alpine@vfw9578alpine.org

Commanders Message

It's not the way you hope to start the New Year off, we lost a very dear friend, a mentor to me and a major contributor to our wonderful Post. Don Lumb you will be missed and your Hawaiian Chicken. Our thoughts and prayers are with Loretta, Don Lumb Jr and the rest of your family. I would like to say thanks to all who showed their respects and who will be involved with Don's Services and Celebration of Life. We also had an unofficial visit by our State Commander Howard Hagen, which wasn't his first visit here, he enjoys our Post and the views it offers. Thank you to all who were there with myself to greet him and his posse. Super Bowl time is here, hope your team wins or wins the poll. If not there's always next year, Go Chargers!! Baseball season starts really soon with teams reporting to Spring Training this month, Go Padres!! I need to change the date for the Post meeting to next Saturday February 7th at 12:00 pm after Men's Auxiliary meeting, The House Committee meets at 1100am before the Post meeting. The change is because we need to fill the open Jr Vice Commander position, Dave Snyder has resigned as of last week. Since I won't be here at our routine scheduled meeting, we can't go two months without a Jr Vice, so if you are interested in becoming an officer please come to the meeting. Elections are around the corner too, nominations will be accepted at both March and April meetings with the elections to take place at the April meeting. This month is also Valentine's Day, so don't forget that special person in your life and bring them to the Post for dinner, plus Ladies Auxiliary will have a bake sale. Looking ahead there will be a Post Family Day on March 14th, bring your kids or grand-kids. Come out and support our cooks, the Ladies cooking dinner once a month, Men's Wild Boys have breakfast and burgers. Our Chaplin Theo will be covering for me on Commander's burgers while I'm on vacation, he could use some volunteers.

Hope to see you at the Post, Til Next Month your Commander Bill Frazer

VFW STATEMENT ON MILITARY PAY COMMISSION REPORT

WASHINGTON — The Military Compensation and Retirement Modernization Commission released a 300-page report today that contained 15 specific recommendations regarding military pay and retirement compensation, health benefits and military quality of life programs. The following statement is from John W. Stroud, the national commander of the 1.9 million-member Veterans of Foreign Wars of the United States and its Auxiliaries:

Men's Aux Message

Men's Auxiliary Officers: 2014-2015

President: David Verdugo
Vice President: Kip Curry
Jr VP: Joel R. Murrillo
Secretary: Bob Bealo
Treasurer: Steve Abercrombie
Judge-Advocate: Vern Hinkley
Guard: Vince Roussel

TRUSTEES

1st Year: Michael MCall
2nd Year: Mark Merriman
3rd Year: John Kehrli

I would like to welcome new members Brian Scott, Adam Scott, and Bill Hicks. We have had a good number of new members join in the past few months and thank Steve Williams of the Lakeside Post for sending some of them our way. Looking forward to the ranks growing and getting more members involved as volunteers for our events. Speaking of events the "Wild Boys" breakfast served 60 meals last month with Steve and Bobbie C. along with Carolyn and I as your cooks, servers, and chief bottle washers. Hope to see you all back this month on the second Sunday of the month for breakfast on 8 Feb.

Congratulations to Bob B. being voted as our volunteer of the quarter. Thank you Clint P. and the group that meets for the weekly card game. Sounds like it's a pretty active group and they have a lot of fun. Join them if you get a chance on Monday nights.

Thanks, Steve A, John K., and Jim D. for taking care of the BBQ on the first Saturday of last month. Brian Correa handled the second Saturday BBQ of the month and had record sales. Great job Brian! And thanks again to Mark M. for taking our recycling in on a weekly basis.

The Men's Aux. will serve lunch on the Sat. 7 Feb. and Sat. 14 Feb.. from 11:00AM to 2:00PM. The "Wild Boys" will cook the traditional breakfast on Sunday 8 Feb. from 09:00 to 12:00.

Our monthly meetings are held the first Saturday of the month at 11:00AM. Don't forget to buy a burger or a dog after the meeting.

Please keep our active service members that are in harm's way in your thoughts and prayers as well as our veterans that have sacrificed so much to protect our freedoms and the life we all enjoy. God Bless America! David Verdugo, Men's Auxiliary President

VFW TEAMS UP WITH CERNER TO HOST VIRTUAL CAREER FAIR

KANSAS CITY, Mo. – The Veterans of Foreign Wars (VFW) and Cerner Corp. (Nasdaq: CERN) have joined together to provide career-seeking veterans, service members and military spouses the opportunity to connect with current openings at Cerner at the Cerner - VFW Virtual Career Fair, February 18 from 11:00 a.m. to 4:00 p.m. (EST).

**Ladies Auxiliary Officers:
2014 – 2015**

President:
Sheila Snyder
(619) 990-0536
Senior Vice: Vikki Hemmen
Junior Vice: Nancy Hauer
Treasurer: Linda Pipkin
Secretary: Janice Simmons
Chaplain: Paula Parker
Guard: Elvira Storms
Conductress: Vikki Hemmen

TRUSTEES

1st Year: Kimberley Rivera
2nd Year: Katie Abercrombie
3rd Year: Bea Conklin

Ladies Aux Message

We have plans in motion for our annual Rummage Sale, which is being lead by our lovely sister, Jackie Theriot. Check out your closets and storage for any and all donations. The rummage sale is scheduled for Sat. April 18, time 8am-2pm. Volunteers will be requested by Jackie to assist. Ladies, please bring your ideas and suggestions to our meetings so we can be supportive of a group which provides many necessities to our veterans.

The Auxiliary sends its sincere condolences to Loretta Lumb, our past Auxiliary president on the loss of her beloved husband, Donald Lumb, who was a past Senior vice Commander for our Post. Don was a superb example of how a veteran should be in dignity, respect and camaraderie amongst the Post comrades.

For February – the Ladies Aux will be having their annual Valentine's Day Bake Sale, on Sat. February 14th, from 12noon onwards. This will be before the catered dinner for Valentine's Day on same day.

Ladies Aux dinners will now be on the last Saturday of each month, as designated by Debbie and Kimberley for a nominal donation. Please come and support your Auxiliary and the great dinners planned for the next few months! Thanks to Debbie, Kimberley and our new kitchen manager, Mary (who will be 1 of our newest members soon) and all the volunteers for getting the word out to the Post members to enjoy a great meal at the end of each month!

At the time of this article, our next District Membership meeting will have passed (Jan. 27) so will see where we are rankings wise.

Let's start our new year in the right direction to have more participation for our future events.

The new members can join in to see what our goals are about for helping veterans in many ways.

Please also note that in April we will have our nominations and elections for line officers for 2015-16. If you are interested in any of the positions, please be sure to make your choice known at our April meeting. We will also start discussion of our annual Luau in July to get plans started earlier to ensure a successful event.

And as always remember our troops, near and far, who continually fight to keep our country free in all manners. Should a veteran be in need of assistance, do your honorable and kind duty to provide help in any way possible. After all, that's what our Auxiliary is for.. Helping veterans.

Best wishes for a beautiful February and happy birthday to those sisters who will celebrate!

Sheila Jo/President

KITCHEN MANAGER

Kenny Mohler

POST HOURS

**MONDAY – THRU -
FRIDAY**

**12:00 Noon to Closing
SATURDAYS AND SUN-
DAYS**

9:00AM Till Closing

Post Phone Number:

(619) 445-6040

**Fax Number: (619) 445-
8740**

**SCHDULED MEETING
DAYS**

**LADIE'S AUXILIARY
1ST SATURDAY OF THE
MONTH
0930**

**MEN'S AUXILIARY
1ST SATURDAY OF THE
MONTH
1100**

**MEMBER'S MEETINGS
2ND SATURDAY OF THE
MONTH**

**HOUSE COMMITTEE
1000**

**GENERAL MEETING
1100**

House Committee

DAVE KEBERT
DAN CRISTENSEN
KENNY MOHLER
MARSHALL RALPH

VFW BERT FULLER POST 9578
ALPINE CALIFORNIA
January 2015
vfw9578alpine@vfw9578alpine.org 445-6040

Chaplains Message

I'm sure that deep within each human soul there is peace and serenity. The challenge is for each of us to mine that feeling to the surface of our everyday lives as we interact with others, especially our fellow members and guests here at the Post. Let's keep in mind the stated mission of the Veterans of Foreign Wars: "To foster camaraderie among United States veterans of overseas conflicts". Camaraderie is defined as "a spirit of familiarity and trust existing between friends", which we should always have uppermost in mind when dealing with others while at our Post.

The following (popularly known as the Prayer of St. Francis) bears repeating:

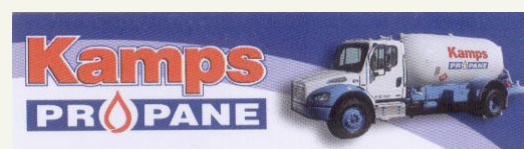
Lord, make me an instrument of your peace; where there is hatred, let me sow love;
Where there is injury, pardon; where there is discord, harmony;
Where there is error, truth; where there is doubt, faith;
Where there is despair, hope; where there is darkness, light;
And where there is sadness, joy.
O Divine Master, grant that I may not so much seek to be consoled as to console;
To be understood as to understand; to be loved as to love.
For it is in giving that we receive; it is in pardoning that we are pardoned;
And it is in dying that we are born to eternal life.
Theodore Bazdorf, Chaplain

Quartermasters Message

The good news from the Quartermaster is we are 100% of membership and growing. Those who have not paid annual dues can no longer be a part of the Post. Please contact me at 619-433-2959 and we will work out payment arrangements. Congratulations to Mary Sabol on her appointment as Kitchen Manager. She is very skilled with food and has a great attitude towards the Post. We all look forward to her Sunday breakfast, Ladies night special, new menu next month and more. Please say hi to Mary and offer her suggestions. The Post is considering doing a notary clinic once a month at the Post to all active duty Military for notarization and other legal papers of Post Members. We are also looking for an attorney who could donate 3/4 hours a month to help Post members with legal questions. Please address all comments on this to the Post Quartermaster. Remember our service officer is also available to assist you with VA problems. Please come to our February meeting to hear other proposals the Post has to discuss about our future operation.

Carl Silva

VFW BERT FULLER POST 9578
 ALPINE CALIFORNIA
 FEBRUARY 2015
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*Come on down
 and see us now, y'hear?
 - Julie & Nicole*



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FROM OUR KITCHEN

February 2015

Your Post's dedicated chefs have lots of good tasty food coming out of the kitchen this month. We've expanded menus to try to please everyone's taste. (NOTE: These items are subject to change.)

Monday Game Night

Hot Dogs or Chili Dogs -- \$3.00 / Hamburger or Cheese Burger -- \$6.00

Smokey Links or Hot Links -- \$4.00

(All meals served with potato salad, macaroni salad, Cole slaw & chips.)

Tuesday Nights are Ladies' Nights

All Mary's meals are \$4.00 – 3rd February: Grilled lemon chicken, salad and garlic bread/ 10th February: Shepard's Pie/ 17th February: Beef stew and mashed potatoes / 24th February: Baked Potato Bar

Wednesday Nights (Pool Tournament)

Kimberley's Dinners – 4 February: Tortellini & Salad \$4.00 / 11 February: Chilli & Mexican Corn Bread \$4.00 /

18 February: Pulled Pork Sandwich & Potato Salad, \$4.00 / 25 February: Spaghetti & Garlic Bread \$6.00

Thursday Nights

Chicken Wings – 5 for \$3.50 or 10 for \$6.00 Chicken Tenders – 5 for \$6.00 , Onion Rings – \$4.00, Calamari Rings – \$5.00, Mozzarella Sticks – 5 for \$4.00

Shrimp – 5 for \$6.00, Sampler Plate – 3 Shrimp, 4 Wings, 2 Tenders, Mozzarella Sticks, Onion Rings – \$10.00 Choice of the following sauces: Honey Mustard; Ranch; Bleu Cheese; Frank's Hot Sauce; BBQ or Cocktail

Friday Nights

Batter Fried Cod-\$9.00 Shrimp - \$9.00 Cod & Shrimp Plate - \$9.00

All dinners served with French Fries, Coleslaw on request.

Iceberg Salad Wedges - \$5.00, add Bay Shrimp - \$7.00. Topped with diced tomatoes, bacon, bleu cheese crumbles, green onions and black olives. Shrimp Cocktail – Full \$10.00 or Half \$5.00

Saturday Lunches

Men's Auxiliary 7th & 14th February, plus Commander's Burgers on 21st February:

Hamburgers/Cheeseburgers \$6.00 and Hot Dogs \$3.00 (served from 11:00 am until 2:00 pm)

Saturday Nights

7th February – Rib Eye Steaks, Baked Potato & Vegetable \$12.00

14th February – Special catered Valentine's Day Dinner/Dance at 6pm: \$15/person; \$30/couple

21st February – Guest Chef Night, Cara & Alan Hunter's Italian Night, Home Made Lasagne , Salad & garlic bread \$10.00

28th February – Dinner presented by the Ladies Auxiliary (To be announced)

Sunday Breakfasts

(Served from 9:00 am until noon)

1st February Breakfast Buffet-scrambled eggs, bacon, sausage, O'Brian Potatoes, toast, Biscuits & Gravy-\$7.00, Super Bowl Sunday Potluck-2pm, sign up at the bar, Game start's at 3:30pm

8th February: "Wild Boys" Breakfast-Omelets, eggs to order, bacon, sausage, potatoes & toast-\$6.00

15th & 22nd February: Breakfast Buffet-scrambled eggs, bacon, sausage, O' Brian Potatoes, toast, Biscuits & Gravy- \$7.00